

Daily

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| 05:00 | A | 10 & 11 @ 5107 (3023) Office Bldg 5107 Waring Rd Mo-Su | ALLIED GARDENS |
| 05:30 | A | SUNRISE PROMISES (2166) Club 950 Orange Ave -rear alley Mo-Su | CORONADO |
| 05:30 | A | GRAB YOUR SOCKS (2851) * CF Club 938 E Washington St Mo-Sa | EL CAJON |
| 06:00 | A | SUNRISE MEETING (2931) * C Service Ctr 485 Broadway St #E Mo-Sa | EL CENTRO |
| 06:00 | A | EASY RISERS (854) Club 6901 Central Ave Mo-Sa | LEMON GROVE |
| 06:30 | A | DAILY REFLECTION (3114) Church 8360 Lemon Ave -on 3rd by alley Mo-Fr | LA MESA |
| 06:30 | A | MIRA MESA EARLY RISERS (967) * C Club 6727 Flanders Dr #106 Mo-Su | MIRA MESA |
| 06:30 | a | FRESH START (3110) * Club 1710 Montecito Rd Mo-Fri | RAMONA |
| 06:30 | A | EYE OPENER GROUP (607) * Church 8964 N Magnolia Ave Mo-Fr | SANTEE |
| 06:45 | A | HARMONY GROUP (585) * Church - Hall 2083 Sunset Cliffs Blvd Mo-Sa | OCEAN BEACH |
| 06:45 | A | TIERRASANTA MORNING SERENITY (2811) * Church 11240 Clairemont Mesa Blvd Mo-Sa | TIERRASANTA |
| 07:00 | A | MORNING ATTITUDE ADJUSTMENT (768) * Church 6301 Birchwood St Mo-Fr | ALLIED GARDENS |
| 07:00 | A | RADICAL ACCEPTANCE MEETING (2961) Office Bldg 5107 Waring Rd Mo-Su | ALLIED GARDENS |
| 07:00 | A | RISE & SHINE (2170) Church 3990 Bonita Rd & Willow St Mo-Fr | BONITA |
| 07:00 | A | BORREGO OPEN AA (3187) Club 3064 Borrego Valley Rd Mo-Fr No Wed | BORREGO SPRINGS |
| 07:00 | A | R.B. EARLY BIRDS (2476) * Café 11630 Carmel Mtn Rd Mo-Su | CARMEL MTN |
| 07:00 | A | BREAKFAST OF CHAMPIONS (2818) * Restaurant 4280 Clairemont Mesa Blvd Mo-Fr | CLAIREMONT |
| 07:00 | A | EARLY RISERS (CORONADO) (1525) Club 950 Orange Ave -rear alley Mo-Su | CORONADO |
| 07:00 | A | I. B. UP (2565) Office Bldg 755 Emory St -park in rear Mo-Su -Big Book Study | IMPERIAL BEACH |
| 07:00 | A | LA JOLLA SUNRISE (2684) Church 7111 La Jolla Bl enter via courtyard Mo-Fr | LA JOLLA |
| 07:00 | A | ANOTHER NEW BEGINNING (144) Club 6901 Central Ave Mo-Sa | LEMON GROVE |
| 07:00 | A | LIVING FREE (477) C Church - 2nd Fl in rear 1050 Thomas Ave Mo-Sa | PACIFIC BEACH |
| 07:00 | A | DAWN PATROL (263) * Church - Garage 4800 block of Cass St Mo-Fr, Sa 7:15a | PACIFIC BEACH |
| 07:00 | A | SPIRITUAL AWAKENING (2275) * LGBT Coffee Shop 4590 Park Blvd Sa-Su 8am Thurs Only:+ | UNIVERSITY HEIGHTS |
| 07:30 | A | WAKE UP CALL (1932) * Apt Bldg - Community Rm 640 16th St Mo-Fr | DOWNTOWN |

Daily

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| 07:30 A | COFFEE CLUTCHERS (2332) * Church 115 Cajon View Dr Mo-Sa | EL CAJON |
| 08:00 A | EARLY BIRDS (2219) * C Service Ctr 485 Broadway St #E Su 8:30a | EL CENTRO |
| 08:30 A | EARLY MORNING RECOVERY (2688) * Store 4736 Clairemont Mesa Blvd Mo-Su, Sa 9:00a | CLAIREMONT |
| 09:15 A | JUMP START (2174) * Church - Hall 9573 Los Coches Rd Mo-Fr | LAKESIDE |
| 09:15 A | DIGNITY UNLIMITED (205) * Church 3725 30th St & Gunn St Mo-Fr, Thu-8a | NORTH PARK |
| 09:30 A | GOOD MORNING AA (1888) * Church 190 E Douglas Ave Mo-Fr | EL CAJON |
| 10:00 A | EL CAJON EARLY RISERS (2847) * Club 938 E Washington St Mo-Fr | EL CAJON |
| 11:45 A | SOBER NOONERS (196) * LGBT Club 1730 Monroe Ave Mo-Sa | UNIVERSITY HEIGHTS |
| 12:00 N | HOW @ NOON (2998) Office Bldg 5107 Waring Rd Mo-Fr, & Sun | ALLIED GARDENS |
| 12:00 N | CHULA VISTA NOON GROUP (1864) * Recv Hm 270 C St Mo-Su | CHULA VISTA |
| 12:00 N | CORONADO NOONERS (497) Club 950 Orange Ave -rear alley Mo-Su | CORONADO |
| 12:00 N | EL CAJON NOONER (2638) * C Church - Community Rm 1448 Peach Ave Mo-Fr | EL CAJON |
| 12:00 N | EL CAJON DAYTIME (52) * Church - School Bldg 660 S 3rd St & Washington Mo-Fr | EL CAJON |
| 12:00 N | BAG LUNCH (2220) * C Service Ctr 485 Broadway St #E Mo-Su | EL CENTRO |
| 12:00 N | SOUTHPARK SOBRIETY (1015) * Club 1944 30th St Mo-Su | GOLDEN HILL |
| 12:00 N | RAINBOW GROUP (451) Office Bldg 755 Emory St -park in rear Mo-Su | IMPERIAL BEACH |
| 12:00 N | LA JOLLA PATIO GROUP (613) * Church - patio 1216 Cave St Tu-Big Book Th-Steps | LA JOLLA |
| 12:00 N | NOON AT THE GROVE (628) Club 6901 Central Ave Sun 1:00p only | LEMON GROVE |
| 12:00 N | DRUNKS ONLY (1605) + C Park - Auditorium 7064 Levant St Mo-Su (+Wed only) | LINDA VISTA |
| 12:00 N | MISSION HILLS LUNCH BUNCH (2675) Restaurant 4023 Goldfinch St Mo-Fr | MISSION HILLS |
| 12:00 N | B.Y.O.B. (203) Church 3725 30th St & Gunn St Mo-Sa | NORTH PARK |
| 12:00 N | NOONTIME ON THE PATIO (2203) * Club 2229 Bacon St Mo-Su | OCEAN BEACH |
| 12:00 N | SANTEE SERENITY (3041) * C Store 8790 Cuyamaca St #D Mo,Tu,Th,Fr Only under18m ok | SANTEE |
| 12:00 N | LUNCHTIME FRIENDS (964) * Club 5065 Logan Ave #103 Mo-Fr | SOUTH SAN DIEGO |
| 12:30 N | BACK TO BASICS (1026) * Church 3990 Bonita Rd & Willow St Mo-Sa | BONITA |

Daily

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| 01:00 P | DAILY DELIGHT (3128) Club 938 E Washington St Mo-Fr | EL CAJON |
| 01:00 P | CEDAR ST DAILY (172) Recv Hm 2980 Cedar St Mo-Fr | GOLDEN HILL |
| 01:30 P | SOBRIETY AT ALL COST (3006) Church 3725 30th St & Gunn St Mo-Fr, Sa-Su 2:00p | NORTH PARK |
| 02:30 P | AFTERNOON DELIGHT (2163) Club - downstairs 4861 Cass St Mo-Fr | PACIFIC BEACH |
| 03:00 P | DAILY DRINKERS (2953) * CF Club 938 E Washington St Mo-Fr | EL CAJON |
| 03:00 P | 3 O'CLOCKER (2201) * Club 9940 River St Mo-Fr | LAKESIDE |
| 05:30 P | EL CAJON HAPPY HOUR GROUP (61) * Club 938 E Washington St Mo-Su | EL CAJON |
| 05:30 P | EVENING SERENITY (2305) * Club 2229 Bacon St Mo-Su | OCEAN BEACH |
| 05:30 P | SANTEE SAINTS (3039) * Store 8790 Cuyamaca St #D Mo-Fr -No Pets/ No Children | SANTEE |
| 05:30 P | CHEERS (724) * Club 5065 Logan Ave #103 Mo-Fr | SOUTH SAN DIEGO |
| 06:30 P | RAINBOW GROUP (570) Office Bldg 755 Emory St -park in rear Mo-Sa, Su-Speaker | IMPERIAL BEACH |
| 07:00 P | 151 CLUB (2443) * Club 151 N 6th St Mo-Sa, Su 6:00p | BRAWLEY |
| 08:00 P | THE FREEDOM MEETING (408) Recv Hm 1777 Buckman Springs Rd Mo-Fr | CAMPO |
| 09:30 P | 9:30 EVERYNIGHTERS (2997) CF Office Bldg 5107 Waring Rd Mo-Su | ALLIED GARDENS |
| 11:59 P | MIDNIGHT HOWLERS (1025) * C Coffee Shop - West Rm 3343 Adams Ave Mo-Su | NORMAL HEIGHTS |

Monday

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| 06:45 A | 11TH STEP MEETING (2322) * Club 2229 Bacon St | OCEAN BEACH |
| 08:00 A | NEXT STEP MENS GROUP (3015) * M Church - Rm 2 4271 Clairemont Mesa Blvd | CLAIREMONT |
| 08:30 A | PEP IN YOUR STEP (3150) W CF BS Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 08:30 A | LA JOLLA BEGINNERS WOMENS (83) C W Church - 2nd Fl #7 7715 Draper Ave -enter from Eads Ave | LA JOLLA |
| 10:00 A | BONITA WOMENS BIG BOOK STUDY (3112) W CF Church 3990 Bonita Rd & Willow St | BONITA |
| 10:00 A | WOMENS MEETING (2903) W CF Club 950 Orange Ave -rear alley | CORONADO |
| 10:00 A | LA JOLLA MONDAY WOMENS (87) C W Church 7715 Draper Ave -enter from Eads Ave | LA JOLLA |
| 10:00 A | OVER 50 (840) C Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 10:00 A | BYOB BOOK STUDY (3094) * Club 1710 Montecito Rd | RAMONA |
| 10:00 A | GRUPO GRINGO (ENGLISH) (850) 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 10:30 A | LAKE MURRAY WOMENS (572) * C W Church 8350 Lake Murray Blvd Does Not Sign Slips | SAN CARLOS |
| 11:00 a | KEEP IT SIMPLE (3163) * Comm Ctr 7217 Great Southern Overland | SHELTER VALLEY |
| 11:45 A | POINT LOMA NOONERS (1606) * Church 3598 Talbot St | POINT LOMA |
| 12:00 N | MONDAY MEDITATION GROUP (2334) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 12:00 N | DOWNTOWN NOON DISCUSSION (1607) * C Church 1420 3rd Ave | DOWNTOWN |
| 12:00 N | EAST VILLAGE AA (3149) * Apt Bldg - Cafeteria 550 14th St | DOWNTOWN |
| 12:00 N | EL CENTRO NOONERS (2999) * Club 564 Broadway St | EL CENTRO |
| 12:00 N | LUNCH WITH BILL W BUNCH (774) Restaurant 8885 Balboa Ave | KEARNY MESA |
| 12:00 N | AS BILL SEES IT (542) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 N | FRIENDS OF BILL W (3075) * Retirement Hm 2700 E 4th St | NATIONAL CITY |
| 12:00 N | WEEKEND SURVIVORS (295) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 N | LOST & FOUND (2907) * Club 1710 Montecito Rd | RAMONA |
| 01:15 P | WHAT NOW? (325) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 05:00 P | BAREFOOT (139) * Church - upstairs-Rm 9 494 E St | CHULA VISTA |
| 05:00 P | MON NIGHT NEW BEGINNINGS (2274) * C Club 1944 30th St | GOLDEN HILL |

Monday

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| 05:00 P | THE CAMPUS MEETING (2911) UCSD - Price Ctr W, The Zone 9500 Gilman Dr | LA JOLLA |
| 05:30 P | ACCEPTANCE IS THE ANSWER (2974) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 05:30 P | MONDAY MEETING MAKERS (3177) Church 8360 Lemon Avenue | LA MESA |
| 05:30 P | LAKESIDE HAPPY HOUR (2285) * Club 9940 River St | LAKESIDE |
| 05:30 P | PT LOMA WOMENS DISCUSSION (1608) * C W Church 3598 Talbot St | POINT LOMA |
| 05:45 p | 5:45 MEDITATION (3085) Church 2083 Sunset Cliffs Blvd NO COURT SLIPS | OCEAN BEACH |
| 06:00 P | WATER WALKERS TOO (1946) * C M Church 6301 Birchwood St | ALLIED GARDENS |
| 06:00 P | BAYSIDE BIG BOOK STUDY (1610) * Church 580 Hilltop Dr | CHULA VISTA |
| 06:00 P | MIRACLES ON MONDAY (565) C W BS Church 6745 Amherst St | COLLEGE |
| 06:00 P | CORONADO WOMENS STEP STUDY (2995) C W Church 917 C Ave | CORONADO |
| 06:00 P | MONDAY NIGHT FELLOWSHIP (2935) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | MON EVE SMOKELESS DINNER (1723) Restaurant 2691 Navajo Rd & Fletcher Pkwy | FLETCHER HILLS |
| 06:00 P | ARTISTS IN SOBRIETY (2459) Church - upstairs-Rm 205 3900 Cleveland Ave | HILLCREST |
| 06:00 P | SMOKEFREE LA MESA WOMENS (635) C W Church 5940 Kelton Ave | LA MESA |
| 06:00 P | HOW IT IS (960) Club 6901 Central Ave | LEMON GROVE |
| 06:00 P | SANITY AND SOBRIETY (3136) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 06:00 P | YOUNG PEOPLES HAPPY HOUR (297) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | WOMANS LET GO AND LET GOD (446) * C W Church 8350 Lake Murray Blvd | SAN CARLOS |
| 06:00 p | SANTEE SIMPLE STEP STUDY (2707) * Church 9225 Carlton Oaks Dr | SANTEE |
| 06:00 P | FREETHINKERS/WE AGNOSTICS (3159) * CF Church - Library 1036 Solana Dr | SOLANA BEACH |
| 06:30 P | LETTING GO WOMENS (3189) W * 11720 El Camino Real | CARMEL VALLEY |
| 06:30 P | THE WE GROUP (2739) Church 4335 Van Dyke Ave | CITY HEIGHTS |
| 06:30 P | CORONADO MENS MEETING (405) M Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | MONDAY AT A TIME (2875) C W Church 1430 Melody Lane | EL CAJON |
| 06:30 P | A STREET SPEAKERS (178) Recv Hm 2516 A St | GOLDEN HILL |

Monday

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| 06:30 P | THE 1ST 164 (2760) CF Church 866 Imperial Beach Blvd & 9th St | IMPERIAL BEACH |
| 06:30 P | BEACH 'N' LADIES STEPS (3134) C W Pre-School 608 10th St | IMPERIAL BEACH |
| 06:30 p | IT'S IN THE BOOK (3084) * Church - behind Sanctuary 5150 Wilson St | LA MESA |
| 06:30 p | GRAB YOUR SOCKS (3060) Recv Hm 3317 Hancock St | LOMA PORTAL |
| 06:30 P | MIRAMAR MONDAY NITE (2738) * Counseling Ctr MCAS Miramar Valid ID, Reg, Ins Required | MIRA MESA |
| 06:30 P | MISSION HILLS BEGINNERS (1612) + Church 4044 Lark St | MISSION HILLS |
| 06:40 P | MONDAY MENS GUT LEVEL GROUP (677) M Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 06:45 P | CLAIREMONT WOMENS STEP STUDY (341) C W Church 3502 Clairemont Dr | CLAIREMONT |
| 07:00 p | STEPS TO SERENITY (3171) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 07:00 P | MONDAY CLOSED (2723) C Club 3064 S Borrego Valley Rd Structured Step Study | BORREGO SPRINGS |
| 07:00 P | SOBER ROSES WOMENS STEPS (2946) C W Church - upstairs Rm 9 494 E St | CHULA VISTA |
| 07:00 P | EASTLAKE NEW BEGINNINGS S/S (2673) * Church 1227 Eastlake Pkwy | EASTLAKE |
| 07:00 P | EL CAJON BEGINNERS (2876) * Club 938 E Washington St | EL CAJON |
| 07:00 P | THERE IS A SOLUTION (2680) * CF Senior Ctr 44681 Old Hwy 80 | JACUMBA |
| 07:00 P | BACK COUNTRY (3131) * Office Bldg 3407 Hwy 79 | JULIAN |
| 07:00 P | LA JOLLA BEGINNERS GROUP (82) Church - Hall 7725 Girard Ave | LA JOLLA |
| 07:00 P | EAST SIDE GROUP (101) Church 5651 Water St | LA MESA |
| 07:00 p | ROOM 65 (3052) Church 4690 Palm Ave (enter on Lemon Ave) | LA MESA |
| 07:00 P | AA DISCUSSION GROUP (1991) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:00 P | SERENE-TEA (2700) Church - Room 205 4650 Mansfield St | NORMAL HEIGHTS |
| 07:00 P | OPEN MINDED MENS (626) C M Church 33rd & Meade Ave | NORTH PARK |
| 07:00 P | EVENING IN HARMONY (2864) * Church - Library 2083 Sunset Cliffs Blvd | OCEAN BEACH |
| 07:00 P | PRACTICING THE PRINCIPLES (3147) BS Church 1561 Thomas Ave | PACIFIC BEACH |
| 07:00 P | DIAMOND ST MENS STEP STUDY (569) * C M Church 2088 Beryl St | PACIFIC BEACH |
| 07:00 P | RAMONA MONDAY NIGHT (1618) * C Club 1710 Montecito Rd | RAMONA |

Monday

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| 07:00 P | SCRIPPS RANCH MENS TWO (2776) C M Rec Ctr 11454 Blue Cypress Dr | SCRIPPS RANCH |
| 07:00 P | FIRST MIRA MESA MENS (300) * M Church 3131 Governor Dr | UNIVERSITY CITY |
| 07:15 P | ALPINE GROUP (6) * Church 1460 Midway Dr | ALPINE |
| 07:30 P | WE'VE COME A LONG WAY (1616) * C W Church 545 E Naples St | CHULA VISTA |
| 07:30 P | MONDAY NITE LIVE (643) * BS Church 6745 Amherst St | COLLEGE |
| 07:30 P | IMPERIAL MEETING (2224) * C Club 564 Broadway St | EL CENTRO |
| 07:30 P | FLETCHER HILLS SMOKELESS (59) Church 455 Church Way | FLETCHER HILLS |
| 07:30 P | SAN DIEGO DOCTORS STEP STUDY (194) C Church 625 Pennsylvania Ave -rear alley | HILLCREST |
| 07:30 P | ENCANTO GROUP BIG BOOK STUDY (115) Club 6901 Central Ave | LEMON GROVE |
| 07:30 P | MONDAY NIGHT BIG BOOK STUDY (2345) * C Church 2660 Hardy Dr Stamp only-Court Slips | LEMON GROVE |
| 07:30 P | HOW IT IS NOW SPEAKERS (390) Hospital - rear Ed Bldg 7850 Vista Hill Ave | LINDA VISTA |
| 07:30 P | MEDICINE WHEEL (1852) * Church 3725 30th St & Gunn St Native American | NORTH PARK |
| 07:30 P | BACON ST USUAL SUSPECTS (2663) * Club 2229 Bacon St | OCEAN BEACH |
| 07:30 P | MISSION POSSIBLE (131) CF Church 9310 Dalehurst Rd | SANTEE |
| 08:00 P | PIONEER MENS (30) * C M Recv Hm 270 C St | CHULA VISTA |
| 08:00 P | MONDAY STEP STUDY (316) * Church - Youth Rm 7250 Eckstrom Ave | CLAIREMONT |
| 08:00 P | UP THE STREET BIG BOOK (2338) * Club 1944 30th St | GOLDEN HILL |
| 08:00 P | PRACTICAL SOLUTIONS (2398) LGBT Church - upstairs-Rm 205 3900 Cleveland Ave | HILLCREST |
| 08:00 P | MEN AND WOMENS MONDAY NIGHT (95) * Hospital - Cafeteria 10666 N Torrey Pines Rd | LA JOLLA |
| 08:00 P | MON NIGHT YOUNG PEOPLES STEPS (2618) Church 4650 Mansfield St | NORMAL HEIGHTS |
| 08:00 P | RULE 62 GROUP (927) Church 1370 Euclid Ave | OAK PARK |
| 08:00 P | KEEP YOUR SEATS (2593) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 P | TIERRASANTA STEP IT UP (3137) * Church 11240 Clairemont Mesa Blvd | TIERRASANTA |
| 08:15 P | NORTH CLAIREMONT (1102) * Church - Hall 4271 Clairemont Mesa Blvd | CLAIREMONT |
| 09:00 P | MISSION HILLS LATE NIGHT MONDAY (2773) Church 4044 Lark St | MISSION HILLS |

Tuesday

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| 06:45 | A | WOMEN IN HARMONY (1807) * W Church - Library 2083 Sunset Cliffs Blvd | OCEAN BEACH |
| 07:00 | A | TUESDAY MORNING (3089) Church 5847 El Cajon Blvd | COLLEGE |
| 08:15 | A | TUES MORNING BREAKFAST SPECIAL (2761) * Restaurant 3444 College Ave | COLLEGE |
| 09:00 | A | BIG BOOK BABES (3166) * W Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 10:00 | A | TUESDAY MORNING ALPINE (440) C W Church 1460 Midway Dr | ALPINE |
| 10:00 | A | LA MESA 12 X 12 (2588) C Church 455 Church Way | FLETCHER HILLS |
| 10:30 | A | 12 X 12 AND BIG BOOK (2939) * Church 3725 30th St & Gunn St | NORTH PARK |
| 11:00 | A | AA WOMENS (3185) W Club 3064 Borrego Valley Rd | BORREGO SPRINGS |
| 12:00 | N | AT ONE WITH EACH OTHER (789) * C W Restaurant 5150 Waring Rd Luncheon No Children | ALLIED GARDENS |
| 12:00 | N | SIX MINUTES TO SANITY MEDITATION (2647) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 12:00 | N | LUSHES LUNCH TUESDAY (2641) * Restaurant 4280 Clairemont Mesa Blvd | CLAIREMONT |
| 12:00 | N | TUESDAY CAMPUS NOON GROUP (2544) * SDSU - Calpulli Ctr Rm 4106 5700 Hardy Ave | COLLEGE |
| 12:00 | n | DEL MAR TUESDAY LUNCH BUNCH (3169) Restaurant 12955 El Camino Real | DEL MAR HEIGHTS |
| 12:00 | N | AIN'T LIFE GRAND (2963) Church - basement 1535 3rd Ave -enter on Beech St | DOWNTOWN |
| 12:00 | N | GILMAN GROUP-TUES (1987) C Church 9595 La Jolla Shores Dr | LA JOLLA |
| 12:00 | N | DAILY REFLECTIONS (2097) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 | N | TUES NOON 11TH STEP MEETING (265) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 | N | TUESDAY VISION 4 U (2775) * Club 1710 Montecito Rd | RAMONA |
| 12:00 | N | UNIVERSITY CITY WOMENS (369) * C W BS Church 5055 Governor Dr | UNIVERSITY CITY |
| 01:15 | P | TUESDAY AA STEP STUDY (937) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 01:30 | P | AFTERNOON DELIGHT (2704) Coffee Shop 4590 Park Blvd Bring No Food/Drink | UNIVERSITY HEIGHTS |
| 02:00 | P | SERENITY SEEKERS (209) * Club 1944 30th St | GOLDEN HILL |
| 05:00 | P | NO BARRIORS (2839) * + Club 1944 30th St | GOLDEN HILL |
| 05:00 | P | LAKESIDE STEP STUDY (2273) * Club 9940 River St | LAKESIDE |
| 05:30 | P | THERE IS A SOLUTION (2975) Office Bldg 5107 Waring Rd | ALLIED GARDENS |

Tuesday

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|---------|---|------------------------|
| 05:30 P | WOMEN'S 151 GROUP (3120) W Club 151 N 6th St | BRAWLEY |
| 05:30 P | SISTERS IN RECOVERY (3138) W Church - downstairs 2814 B St | JULIAN |
| 05:30 P | LAKESIDE DRUNKS (BIG BOOK) (2463) * C Comm Ctr 9841 Vine St Does Not Sign Slips | LAKESIDE |
| 06:00 P | AA MEETING (2625) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | TUESDAY NIGHT PRIMARY PURPOSE (130) Club 6901 Central Ave | LEMON GROVE |
| 06:00 P | TUESDAY NIGHT SOBRIETY (708) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 06:00 P | NO B.S. MENS (1972) * C M Vet Rehab Ctr 4141 Pacific Hwy | OLD TOWN |
| 06:00 P | MEETIN' IN THE LADIES ROOM (2614) W Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | NORTH SHORES BEGINNERS (317) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | GRUPO GRINGO (ENGLISH) (2069) 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 06:00 P | 6 O'CLOCK BIG BOOK STUDY (507) * Church 8350 Lake Murray Blvd | SAN CARLOS |
| 06:15 P | VALLEY GIRLS (2617) BS Church - upstairs-Rm 208 3900 Cleveland Ave | HILLCREST |
| 06:15 P | CITIZENS AGAIN (2658) Church 4044 Lark St | MISSION HILLS |
| 06:15 P | SAN CARLOS SINGLE PURPOSE (583) * C W Church 6556 Park Ridge Blvd & Wandermere Dr | SAN CARLOS |
| 06:30 P | ORIGINAL TUES NIGHT STEP STUDY (2124) * Church 5106 Zion Ave | ALLIED GARDENS |
| 06:30 P | HIGH BOTTOM DRUNKS (3102) Church 2147 Live Oak Springs Road | BOULEVARD |
| 06:30 P | AA COMES OF AGE BOOK STUDY (2800) * C Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 06:30 P | IT WORKS...SLOWLY (1645) * C Church 7250 Eckstrom Ave | CLAIREMONT |
| 06:30 P | CORONADO STEP STUDY (1523) C Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | THE LANGUAGE OF THE HEART DISCUSSION (3066) * C Church 25153 Viejas Blvd | DESCANSO |
| 06:30 P | FISHERMAN IN RECOVERY (2863) * M Club 9940 River St | LAKESIDE |
| 06:30 P | SERENITY RIDERS (3175) Coffee Shop 3604 30th St. | NORTH PARK |
| 06:30 P | 12 STEPS 12 TRADITIONS WORKSHOP (805) * Church 3725 30th St & Gunn St | NORTH PARK |
| 07:00 p | AA MENS (3183) M Club 3064 Borrego Valley Rd | BORREGO SPRINGS |
| 07:00 P | TUES NIGHT MENS (2123) C M Church 940 Hilltop Dr | CHULA VISTA |

Tuesday

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|---------|---|---------------------------|
| 07:00 p | FAIRMONT PARK DISCUSSION (2832) * Church 3850 Westgate Pl | CITY HEIGHTS |
| 07:00 P | TUES NIGHT MENS STEP STUDY (1813) C M Church 4540 El Cerrito Dr | COLLEGE |
| 07:00 P | FREE AT LAST (2888) * Church - Youth Rm 1227 Eastlake Pkwy | EASTLAKE |
| 07:00 P | ANOTHER SOBER TUESDAY (1952) Church 490 Farragut Circle | EL CAJON |
| 07:00 P | MEN'S STAG (2228) * M Club 564 Broadway St | EL CENTRO |
| 07:00 P | PRIMARY PURPOSE GROUP (3151) Church 4005 Normal St | HILLCREST |
| 07:00 P | I. B. STEPS & TRADITIONS (3003) CF Church 866 Imperial Beach Blvd & 9th St | IMPERIAL BEACH |
| 07:00 P | JULIAN MENS MEETING (3132) * M Office Bldg 3407 Hwy 79 | JULIAN |
| 07:00 p | T.G.I.T THANK GOD ITS TUESDAY (3082) C W Church - 2nd Fl 7715 Draper Ave -enter from Eads Ave | LA JOLLA |
| 07:00 P | PROGRESS RATHER THAN PERFECTION (2682) * Church 7929 La Mesa Blvd | LA MESA |
| 07:00 P | LA MESA STEP STUDY WORKSHOP (1621) * C Brown Church 4816 Glen St | LA MESA |
| 07:00 P | ADAMS AVENUE BIG BOOK STUDY (1892) Church 4650 Mansfield St | NORMAL HEIGHTS |
| 07:00 P | PENASQUITOS 12X12 (2759) Church 14484 Penasquitos Dr | RANCHO PENASQUITOS |
| 07:00 p | STEP SISTERS (3043) * C W Store 8790 Cuyamaca St #D | SANTEE |
| 07:00 P | SANTEE BIG BOOK STUDY (1812) * Church 8964 N Magnolia Ave | SANTEE |
| 07:00 P | INNER CITY STEP STUDY (2649) * Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 07:00 P | TRUDGERS MENS STEP STUDY (3008) C M Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 07:15 P | ALPINE MIXED STEP STUDY (2621) * C Church 1460 Midway Dr | ALPINE |
| 07:15 P | CLAIREMONT MIXED DISCUSSION (338) C Church 3502 Clairemont Dr | CLAIREMONT |
| 07:15 P | LA JOLLA COVE BEGINNERS (1265) Club 1160 Coast Blvd | LA JOLLA |
| 07:30 P | ALPINE WOMENS CANDLELIGHT (1684) * W Church 2225 W Victoria Dr | ALPINE |
| 07:30 P | TOP OF THE HILL (41) Church 276 F ST | CHULA VISTA |
| 07:30 P | HAND & HAND CLOSED STEP STUDY (2854) C Church - upstairs-Rm 9 494 E St | CHULA VISTA |
| 07:30 P | JAMUL OPEN (63) * Church 14107 Lyons Valley Rd & Jamul Dr | JAMUL |
| 07:30 P | SPRING VALLEY STEP STUDY (125) C Church 3205 Washington St | LEMON GROVE |

Tuesday

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| 07:30 | p | SCRIPPS RANCH MENS (3168) * C M Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:30 | P | FELLOWSHIP OF THE SPIRIT BIG BOOK (2295) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:30 | P | TUESDAY NIGHT PARTICIPATION (905) * Church 521 E 8th St | NATIONAL CITY |
| 07:30 | P | S.D. SPEAKERS MEETING (152) * Church 3090 Polk Ave | NORTH PARK |
| 07:30 | P | OCEAN BEACH MEDICINE WHEEL MTG (2644) * Club 2229 Bacon St Native American | OCEAN BEACH |
| 07:30 | P | THE FLIMSY READ BIG BOOK STUDY (3029) * Vet Rehab Ctr 4141 Pacific Hwy | OLD TOWN |
| 08:00 | P | ALLIED GARDENS STEP STUDY (1629) * C Church 5106 Zion Ave | ALLIED GARDENS |
| 08:00 | P | BAY PARK STEP STUDY GROUP (299) * Church 5050 Milton St | BAY PARK |
| 08:00 | P | ROOT OF OUR PROBLEMS (3148) * Apt Bldg - Cafeteria 550 14th St | DOWNTOWN |
| 08:00 | P | ORIG. ANONYMOUS ANONYMOUS (154) C M Lodge 3858 Front St | HILLCREST |
| 08:00 | P | AT HOME MENS (215) C M LGBT Church - upstairs Rm 205 3900 Cleveland Ave | HILLCREST |
| 08:00 | P | TORREY PINES OPEN DISC (94) * Hospital - Cafeteria 10666 N Torrey Pines Rd | LA JOLLA |
| 08:00 | P | LA MESA OPEN DISCUSSION (107) * Church 5940 Kelton Ave | LA MESA |
| 08:00 | P | HOW IT IS GROUP (118) Club 6901 Central Ave | LEMON GROVE |
| 08:00 | P | 575 BIG BOOK (3139) Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 | P | GOOD NEWS GUT LEVEL (294) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 | P | BEACH AREA BEGINNERS (272) * Church 2088 Beryl St | PACIFIC BEACH |
| 08:00 | P | RAMONA BAREFOOT (138) * C Club 1710 Montecito Rd | RAMONA |
| 08:15 | P | SOUTH BAY GUYS & GALS DISC (35) * Recv Hm 270 C St | CHULA VISTA |
| 08:15 | P | CEDAR STREET SPEAKERS (1630) Recv Hm 2980 Cedar St | GOLDEN HILL |
| 08:15 | P | OCEAN BEACH TUESDAY (246) * Church - Hall 2083 Sunset Cliffs Blvd | OCEAN BEACH |
| 09:01 | P | A VISION FOR YOU (2812) Church 4044 Lark St | MISSION HILLS |

Wednesday

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| 06:00 | A | 151 GROUP (3121) Club 151 N 6th St | BRAWLEY |
| 07:00 | A | NEWCOMERS RISE & SHINE (2702) Church - Garden Rm 3900 Cleveland Ave | HILLCREST |
| 07:00 | A | OB WOMENS STEP STUDY (2730) * W Club 2229 Bacon St | OCEAN BEACH |
| 09:30 | A | OLD TIMERS GROUP (2037) Club 6901 Central Ave | LEMON GROVE |
| 10:00 | A | LA MESA MID MORNING (2777) Church - Bingo Hall 7710 El Cajon Blvd | LA MESA |
| 10:00 | A | WE CARE (2699) W 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 11:00 | A | SOBRIETY IN SOCIETY (3057) * Recv Ctr 3340 Kemper St | LOMA PORTAL |
| 12:00 | N | SMOKELESS DRUNKS LUNCHEON (1008) * C Restaurant 5150 Waring Rd | ALLIED GARDENS |
| 12:00 | N | WEDNESDAY SORRENTO NOONER (3140) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 12:00 | N | RIGHT TURN GROUP (1900) * Church - Youth Rm 7250 Eckstrom Ave | CLAIREMONT |
| 12:00 | n | WE DO RECOVER (3170) * Community Ctr 6244 El Cajon Blvd #22 | COLLEGE |
| 12:00 | N | WEDNESDAY BIG BOOK DISCUSSION (3047) * C Church - basement 1535 3rd Ave -enter on Beech St | DOWNTOWN |
| 12:00 | N | NOONERS ANONYMOUS (1164) Restaurant 2691 Navajo Rd & Fletcher Pkwy | FLETCHER HILLS |
| 12:00 | N | GILMAN GROUP BIG BOOK STUDY (3125) Church 9595 La Jolla Shores Dr | LA JOLLA |
| 12:00 | N | AS BILL SEES IT NOONER (2431) Church 1669 Columbia St | LITTLE ITALY |
| 12:00 | N | HI-NOONERS (673) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 | N | BEACH LUNCHEON GROUP (259) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 | N | WEDS RULE 62 LUNCH GROUP (687) * Restaurant 4865 N Harbor Dr | POINT LOMA |
| 12:00 | N | TRI-SERENITY (836) * Club 1710 Montecito Rd | RAMONA |
| 12:00 | N | LAKE MURRAY LUNCH BUNCH (2701) * C W Lake Murray - grass area 5540 Kiowa Dr | SAN CARLOS |
| 12:00 | N | SANTEE SERENITY (3040) * Store 8790 Cuyamaca St #D | SANTEE |
| 12:00 | N | DEL MAR WEDNESDAY LUNCH BUNCH (1710) Restaurant 621 Valley Ave | SOLANA BEACH |
| 12:00 | N | SKY HI WOMENS (1633) C W Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 01:15 | P | WEDS 1:15 AA MEETING (313) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 05:00 | P | WET BEHIND THE EARS (214) Church 3725 30th St & Gunn St | NORTH PARK |

Wednesday

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| 05:15 P | WEDNESDAY NIGHT PROMISES (2167) W Club 950 Orange Ave -rear alley | CORONADO |
| 05:30 P | SERENITY @ 5107 (2976) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 05:30 P | WEDNESDAY EVENING BIG BOOK (519) C Recv Hm 73 N 2nd Ave Does Not Sign Slips | CHULA VISTA |
| 05:30 p | KEEP COMING BACK (2837) * Club 9940 River St | LAKESIDE |
| 05:30 P | LAKESIDE DRUNKS (STEPS/TRAD) (2448) * C Comm Ctr 9841 Vine St Does Not Sign Slips | LAKESIDE |
| 05:45 P | FREE TO BE (935) * LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 06:00 P | SOBER SERENITY SEEKERS (887) * C Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 06:00 P | CARING & SHARING (2230) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | KELTON AVE BIG BOOK STUDY (2410) Church 5940 Kelton Ave | LA MESA |
| 06:00 P | 6PM OPEN DISCUSSION (2605) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | PB MISFITS MENS BIG BOOK STUDY (3022) C M Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | GRUPO GRINGO (ENGLISH) (1305) 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 06:30 P | CLASS ACTS (1845) * C W Church 5050 Milton St | BAY PARK |
| 06:30 P | LA JOLLA DISCUSSION GROUP (85) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 06:30 P | CARRYING THE MESSAGE (2458) * Veterans Hm Bldg F 700 E Naples Ct | CHULA VISTA |
| 06:30 P | CORONADO SUNDOWNERS (1634) Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | DESCANSO STEP STUDY (3010) * C Church 25153 Viejas Blvd | DESCANSO |
| 06:30 P | LA MESA BIG BOOK (1689) Church 8742 Lemon Ave | LA MESA |
| 06:30 P | A SENSE OF BELONGING WOMENS (1205) W Church - upstairs Rm 5 2128 Chatsworth Blvd | POINT LOMA |
| 06:30 P | WOMENS ATTITUDE - GRATITUDE (2751) C W Church 8778 Cottonwood Ave | SANTEE |
| 06:45 P | CUPS (2938) * C Rec Ctr 615 Prospect St | LA JOLLA |
| 07:00 P | KNUCKLEHEADS (3182) M * Rec Center 4425 Bannock Ave. | |
| 07:00 P | WEDS NITE STEP STUDY (3014) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 07:00 P | CASA DE ORO WEDS NITE (2049) * Church - Daniel Rm 9800 San Juan St | CASA DE ORO |
| 07:00 P | ALL IN (3027) Senior Ctr - Conference Rm 183 3rd Ave | CHULA VISTA |

Wednesday

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| 07:00 P | SO BAY NEW WOMENS (2325) * W Recv Hm 270 C St | CHULA VISTA |
| 07:00 P | HIS MAJESTY THE BABY (2427) * C M Park - Rec Ctr Moraga Ct -off Moraga Ave | CLAIREMONT |
| 07:00 P | WEDNESDAY NIGHT RECOVERY (2844) * Club 938 E Washington St | EL CAJON |
| 07:00 P | CHAPTER 5 (2960) Church 115 Cajon View Dr | EL CAJON |
| 07:00 P | FREE THINKERS STEP STUDY (2945) * Rec Ctr 2600 Golf Course Dr | GOLDEN HILL |
| 07:00 P | FOURTH DIMENSION GROUP (2415) + Ed Ctr Auditorium 4100 Normal St | HILLCREST |
| 07:00 P | DEERHORN GROUP (2063) * Church 14107 Lyons Valley Rd & Jamul Dr | JAMUL |
| 07:00 P | TOP OF THE HILL (3133) * Office Bldg 3407 Hwy 79 | JULIAN |
| 07:00 P | THE GIFT (2954) * C M Church 8360 Lemon Ave -on 3rd by alley | LA MESA |
| 07:00 P | WELCOME HOME (2318) * C W Comm Ctr 9841 Vine St | LAKESIDE |
| 07:00 P | L.G.B.B. STUDY (2301) Church 8086 Broadway | LEMON GROVE |
| 07:00 P | WOMEN IN SOBRIETY (697) * W Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:00 P | CONSCIOUS CONTACT STUDY (2282) * C M Church - Sanctuary 2111 Camino Del Rio S | MISSION VALLEY |
| 07:00 P | PASS IT ON BIG BOOK STUDY (2860) C Church - Choir Rm Basement 2111 Camino Del Rio S | MISSION VALLEY |
| 07:00 P | ONE STEP AHEAD (715) Church 4650 Mansfield St | NORMAL HEIGHTS |
| 07:00 P | POINT LOMA AA DISCUSSION (242) * Club 2229 Bacon St | OCEAN BEACH |
| 07:00 P | RAMONA WEDNESDAY STEP STUDY (141) * Church 1010 San Vicente Rd | RAMONA |
| 07:00 P | SANTEE SERENITY GROUP (1943) Cajon Park - Annex Rm 38 10250 Magnolia Ave | SANTEE |
| 07:00 P | RECOVERY WITH THE OLDTIMERS (2996) * Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 07:00 P | 3RD EYE WOMEN/MEDITATE (2948) * C W LGBT Club 1730 Monroe Ave | UNIV HEIGHTS |
| 07:15 P | WARM AND FRIENDLY (42) Church 545 E Naples St | CHULA VISTA |
| 07:15 P | MID-WEEK MENS (560) * C M Church 4690 Palm Ave | LA MESA |
| 07:30 P | WEDNESDAY OPEN (2728) Senior Ctr 580 Circle J Dr | BORREGO SPRINGS |
| 07:30 P | WAY UP AND OUT (415) Church - Field House 2766 Navajo Rd | FLETCHER HILLS |
| 07:30 P | WEDNESDAYS WINNERS CIRCLE (496) Church - upstairs Rm 205 8320 La Jolla Scenic Dr N | LA JOLLA |

Wednesday

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| 07:30 p | RESENTMENT AND A COFFEE POT (2561) Hospital - rear Ed Bldg 7850 Vista Hill Ave | LINDA VISTA |
| 07:30 P | BIG BON-FIRE MEETING (1894) 1st Fire Ring Crown Point Dr @ Corona | PACIFIC BEACH |
| 07:30 P | EL CAJON WOMENS SERENITY (77) * C W Church 10842 Fury Ln | RANCHO SAN DIEGO |
| 07:30 P | SANTEE MENS GROUP (2972) * M City Hall 10601 Magnolia Ave | SANTEE |
| 08:00 P | WEDNESDAY SPEAKERS MEETING (12) Recv Hm 1777 Buckman Springs Rd | CAMPO |
| 08:00 P | LANGUAGE OF THE HEART (3122) C Club 564 Broadway St | EL CENTRO |
| 08:00 P | LA JOLLA BOOK STUDY (89) Church 7111 La Jolla Bl enter via courtyard | LA JOLLA |
| 08:00 P | FIRESIDE SPEAKERS GROUP (116) Club 6901 Central Ave | LEMON GROVE |
| 08:00 P | RAMONA MENS NEW VISION (1949) * M Club 1710 Montecito Rd | RAMONA |
| 08:15 P | CONSCIOUS CONTACT BIG BOOK (2762) Recv Hm 3767 Central Ave | CITY HEIGHTS |
| 08:15 P | CLAIREMONT WEDNESDAY GROUP (303) * Church 2550 Fairfield St | CLAIREMONT |
| 08:15 P | WEDNESDAY NIGHT CLOSED TOPIC (165) * C Club 1944 30th St | GOLDEN HILL |
| 09:00 P | MISSION HILLS LATE NIGHT WEDNESDAY (2792) Church 4044 Lark St | MISSION HILLS |

Thursday

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| 06:45 A | 11TH STEP MEETING (2563) * Club 2229 Bacon St | OCEAN BEACH |
| 10:00 A | 4TH EDITION BIG BOOK (2569) C Church 455 Church Way | FLETCHER HILLS |
| 10:00 A | GRUPO GRINGO (ENGLISH) (2426) 2 Blcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 11:00 A | WOMENS THIRD TRADITION (3184) W Club 3064 Borrego Valley Rd | BORREGO SPRINGS |
| 12:00 N | SORRENTO VALLEY NOONER (544) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 12:00 N | EASTLAKE LUNCH BUNCH (3143) Restaurant 2110 Birch Rd #102 | CHULA VISTA |
| 12:00 N | LUSHES LUNCH THURSDAY (2807) * Restaurant 4280 Clairemont Mesa Blvd | CLAIREMONT |
| 12:00 N | THURSDAY CAMPUS NOON GROUP (2387) * SDSU - Calpulli Ctr Rm 4106 5700 Hardy Ave | COLLEGE |
| 12:00 N | DEL MAR THURSDAY LUNCH BUNCH (2309) Restaurant 12955 El Camino Real | DEL MAR HEIGHTS |
| 12:00 N | RULE 62 (2947) C Church - basement 1535 3rd Ave -enter on Beech St | DOWNTOWN |
| 12:00 N | IT'S IN THE BOOK (2030) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 N | OPEN DISCUSSION (292) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 N | RAMONA HIGH NOON (2778) * Club 1710 Montecito Rd | RAMONA |
| 01:15 P | CLAIREMONT THURS BROWN BAG (315) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 01:30 P | AFTERNOON DELIGHT (2756) Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 04:30 P | 449 MENS OPEN DISCUSSION (400) M Club 6901 Central Ave | LEMON GROVE |
| 05:00 P | SOLUTION AND LIGHT (3157) Church - upstairs-Rm 9 494 E St | CHULA VISTA |
| 05:00 p | THANKFUL THURSDAYS (2542) Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 05:30 P | SPIRITUAL WAY OF LIFE (2977) C Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 05:30 P | PORTER HALL STRUCTURED S/S (97) * C Church 8360 Lemon Ave -on 3rd by alley | LA MESA |
| 05:30 P | LAKESIDE DRUNKS (DISCUSSION) (2423) * C Comm Ctr 9841 Vine St Does Not Sign Slips | LAKESIDE |
| 05:45 P | THURSDAY NITE BIG BOOK STUDY (2845) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 05:45 P | WOMENS THURSDAY NITE (514) * C W Rec Ctr Rm 2 4421 Bannock Ave | CLAIREMONT |
| 06:00 p | RIDING SOBER (3054) * Store 4645 Morena Blvd | CLAIREMONT |
| 06:00 P | THURS WOMENS BIG BOOK (2986) C W BS Church 7250 Eckstrom Ave | CLAIREMONT |

Thursday

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| 06:00 P | SAINTS IN TRAINING (2611) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | THURSDAY PROMISES PROMISES (749) Church - upstairs-Rm 205 3900 Cleveland Ave | HILLCREST |
| 06:00 P | ON THE CORNER (2384) * Church 4690 Palm Ave | LA MESA |
| 06:00 P | BACK TO BASICS STEP STUDY (1938) C W Church 8742 Lemon Ave | LA MESA |
| 06:00 P | 12 X 12 HAPPY HOUR STEP STUDY (111) C Club 6901 Central Ave | LEMON GROVE |
| 06:00 P | JAYWALKERS (3100) * C M Club 6727 Flanders Dr #106 | MIRA MESA |
| 06:00 P | OPEN DISCUSSION (2595) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | WATER WALKERS (5) C M Church 2300 Bancroft Dr | SPRING VALLEY |
| 06:15 P | BIG BOOK & 12 X 12 STUDY (100) * C Church 6745 Amherst St | COLLEGE |
| 06:15 P | THURSDAY STEPS (646) Church - downstairs 4044 Lark St | MISSION HILLS |
| 06:30 P | CORONADO BIG BOOK STUDY (1644) Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | NOT ALONE SPEAKERS GROUP (1652) * Apt Bldg - Community Rm 640 16th St | DOWNTOWN |
| 06:30 P | THURS NIGHT WOMENS SPEAKERS (183) W Recv Hm 1315 25th St | GOLDEN HILL |
| 06:30 P | FOURTH & BROOKES WOMENS (187) C W Recv Hm 3594 4th Ave | HILLCREST |
| 06:30 P | LA MESA BEGINNERS (2894) * + Brown Church 4816 Glen St | LA MESA |
| 06:30 P | MIRA MESA BEGINNERS (1827) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 06:30 p | THE PROMISES (3058) * Church 4650 Mansfield St | NORMAL HEIGHTS |
| 06:30 p | GOOD NEWS BAD NEWS (2833) C Church - upstairs 3030 Thorn St | NORTH PARK |
| 06:30 P | MOUNTAIN STEPS (2822) * CF Library 28804 Old Hwy 80 | PINE VALLEY |
| 06:30 P | MENS STRUCTURED STEP STUDY (1469) C M Church 2128 Chatsworth Blvd | POINT LOMA |
| 06:30 p | SISTERS OF SOBRIETY (3092) * W Club 1710 Montecito Rd | RAMONA |
| 06:30 P | PENASQUITOS BIG BOOK DISCUSS (871) Church 14484 Penasquitos Dr | RANCHO PENASQUITOS |
| 06:45 p | DIVAS BOOK STUDY (2838) W Church 430 S Waterman Ave | EL CENTRO |
| 07:00 p | THURSDAY EL CAJON MENS (3086) * Club 938 E Washington St | EL CAJON |
| 07:00 P | A STREET PARTICIPATION (179) Recv Hm 2516 A St | GOLDEN HILL |

Thursday

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| 07:00 P | EMOTIONAL SOBRIETY (2536) * C M Church - Garden Rm 3900 Cleveland Ave | HILLCREST |
| 07:00 P | BYOB (JULIAN) (3158) Church - downstairs 2814 B St | JULIAN |
| 07:00 p | JULIAN PROSPECTORS (3046) * Office Bldg 3407 Hwy 79 | JULIAN |
| 07:00 P | THURS NITE MENS BIG BOOK-S/S (1748) C M Club 1160 Coast Blvd | LA JOLLA |
| 07:00 P | LA JOLLA THURSDAY NIGHT (90) * Church 6063 La Jolla Blvd | LA JOLLA |
| 07:00 P | DOCTORS & LAWYERS & PROFESSIONALS (391) * C Church - Hall #3 4331 Eastgate Mall | LA JOLLA |
| 07:00 P | FOUNTAIN OF YOUTH (CLOSED SUMMERS) (2232) Spa Ftn of Youth Spa -Coachella Canal | NILAND |
| 07:00 P | 11TH STEP AA MEETING (3178) * Church John Paul II room 4735 Cass St | PACIFIC BEACH |
| 07:00 P | GARNET GROUP (1129) Church 1675 Garnet Ave | PACIFIC BEACH |
| 07:00 P | JUDGES BIG BOOK (2736) * Church 1010 San Vicente Rd | RAMONA |
| 07:00 P | THURS NIGHT BB STUDY (2843) * Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 07:00 P | BIG BOOK ABC'S (3016) * Rec Ctr 3491 Adams Ave | UNIVERSITY HEIGHTS |
| 07:15 P | CLAIREMONT WOMENS STEP STUDY (340) C W Church 3502 Clairemont Dr | CLAIREMONT |
| 07:15 P | SOBRIETY ON STATE AND DATE (2697) Church 1669 Columbia St | LITTLE ITALY |
| 07:15 P | PARADISE HILLS (392) * VFW Post 2312 Reo Dr | PARADISE HILLS |
| 07:30 P | CLAIREMONT MENS (301) * C M Church 5050 Milton St | BAY PARK |
| 07:30 P | BONITA BOOZERS (2179) Church 1200 East H St | CHULA VISTA |
| 07:30 p | THE WE GROUP SPEAKERS (2835) Church 4335 Van Dyke Ave | CITY HEIGHTS |
| 07:30 P | WHOLESALE MIRACLES (THUR) (2474) LGBT Church - upstairs-Rm 205 3900 Cleveland Ave | HILLCREST |
| 07:30 P | LA JOLLA NONSMOKERS DISC (88) Church - 2nd Fl 7715 Draper Ave -enter from Eads Ave | LA JOLLA |
| 07:30 P | A NEW WAY TO LIVE (846) Church 5940 Kelton Ave | LA MESA |
| 07:30 P | PORTER HALL GROUP (109) * Church 4690 Palm Ave | LA MESA |
| 07:30 P | FREE THINKERS (2824) Recv Ctr -2nd Fl Rm 1 3340 Kemper St #208 | LOMA PORTAL |
| 07:30 P | SWEET GRASS (1789) * Church 3725 30th St & Gunn St Native American | NORTH PARK |
| 07:30 P | SANTEE THURSDAY CLOSED MIXED (145) * C Church 8964 N Magnolia Ave Does Not Sign Slips | SANTEE |

Thursday

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| 07:45 P | POINT LOMA MENS (245) * C M Church 1145 Evergreen St | POINT LOMA |
| 08:00 P | 13TH ST MENS (2971) C M Office Bldg 755 Emory St -park in rear | IMPERIAL BEACH |
| 08:00 P | TORREY PINES THURS NITE DISC (365) * Hospital - North Wing-Rm 2011 3350 La Jolla Village Dr | LA JOLLA |
| 08:00 P | GREAT FACT GROUP (895) C Church 5651 Water St Does Not Sign Slips | LA MESA |
| 08:00 P | THURSDAYS OPEN DISCUSSION (2038) Club 6901 Central Ave | LEMON GROVE |
| 08:00 P | LINDA VISTA THURSDAY NIGHT (319) * Church 2130 Ulric St | LINDA VISTA |
| 08:00 P | MIRA MESA 12 STEP STUDY (377) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 08:00 P | OCEAN BEACH STEP STUDY (247) * Club 2229 Bacon St | OCEAN BEACH |
| 08:00 P | WE ARE NOT A GLUM LOT BIG BOOK (2841) * Church 1074 Loring St | PACIFIC BEACH |
| 08:00 p | THURSDAY NIGHT DISC (3077) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 p | OVER THE BRIDGE (2689) * C Church 8350 Lake Murray Blvd | SAN CARLOS |
| 08:00 P | HAPPY JOYOUS & FREE (363) * C Church 6556 Park Ridge Blvd & Wandermere Dr | SAN CARLOS |
| 08:00 P | BUTTS OUT (1764) * LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 08:15 P | INTERNATIONAL GROUP (23) * Recv Hm 270 C St | CHULA VISTA |
| 08:15 P | GOLDEN HILL YOUNG PEOPLES (2753) * Club 1944 30th St | GOLDEN HILL |
| 08:30 P | YOUNG PEOPLES MEETING (2984) * Club 564 Broadway St | EL CENTRO |
| 09:01 P | A VISION FOR YOU (2813) Church 4044 Lark St | MISSION HILLS |

Friday

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| 07:30 | A | COME GET RECOVERY (2630) * Vet Rehab Ctr 4141 Pacific Hwy | OLD TOWN |
| 10:00 | A | VICTORY GROUP (2108) * C W Church 2225 W Victoria Dr | ALPINE |
| 10:30 | a | FRIDAY OPEN DISCUSSION (3096) Retirement Hm- 4th Fl Solarium 2404 Loring St | PACIFIC BEACH |
| 10:30 | A | FRIDAY MORNING WOMENS (104) * C W Church 8350 Lake Murray Blvd Does Not Sign Slips | SAN CARLOS |
| 10:30 | A | MOM'S STEP STUDY (2571) C W CF Church 424 Via De La Valle | SOLANA BEACH |
| 12:00 | N | ALLIED GARDENS FRIDAY LUNCH (766) * Restaurant 5150 Waring Rd | ALLIED GARDENS |
| 12:00 | N | NEW VISION (2758) Center 8 Crestwood Rd | BOULEVARD |
| 12:00 | N | FRIDAY SORRENTO NOONER (3141) * Recv Ctr 11720 EL Camino Real #200 | CARMEL VALLEY |
| 12:00 | n | 2ND TRADITION WOMEN (2745) * C W Church 1420 3rd Ave | DOWNTOWN |
| 12:00 | N | GILMAN GROUP-FRI (1988) C Church 9595 La Jolla Shores Dr | LA JOLLA |
| 12:00 | N | DOWNTOWN SOBER MENS (2653) M Church 1669 Columbia St | LITTLE ITALY |
| 12:00 | N | WEEKENDING STEP STUDY (698) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 | N | FUN IN SOBRIETY (2451) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 | N | GOOD FORTUNE HUI GROUP (491) * Restaurant 4865 N Harbor Dr | POINT LOMA |
| 12:00 | N | FRI NOON LIVING SOBER (2767) * Club 1710 Montecito Rd | RAMONA |
| 12:00 | N | DEL MAR FRIDAY LUNCH BUNCH (2951) Restaurant 621 Valley Ave | SOLANA BEACH |
| 12:00 | N | FRIDAY SPRING VALLEY LUNCH (2732) * Restaurant 8910 Troy St | SPRING VALLEY |
| 12:30 | N | CLAIREMONT DAYTIME STEP STUDY (427) * Church 5050 Milton St | BAY PARK |
| 12:30 | N | WOMENS STEP STUDY (296) C W Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 01:15 | P | FRIDAY AFTERNOONERS (318) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 05:00 | P | PT LOMA FRI AFTERNOON STEPS (244) * C Church 3598 Talbot St Signs Slips | POINT LOMA |
| 05:00 | p | FRIDAY SOBRIETY PARTY (3078) Church 1735 Main St | RAMONA |
| 05:15 | P | SAFE SANE AND SOBER (1350) C Church - Linder Lounge 2111 Camino Del Rio S | MISSION VALLEY |
| 05:30 | P | GROW OR GO BIG BOOK STUDY (2978) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 05:30 | p | SOBER WARRIORS (2603) * Club 9940 River St | LAKESIDE |

Friday

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| 05:30 P | FRIDAY NIGHT GRATITUDE (2829) Church 4044 Lark St | MISSION HILLS |
| 05:45 P | FRESH AIR FRIDAY (266) * Rec Ctr 1088 Santa Clara Pl | MISSION BEACH |
| 05:45 P | FREE TO BE (3179) LGBT, * Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 06:00 P | MENS STEP STUDY (965) * C M Recv Hm 73 N 2nd Ave Does Not Sign Slips | CHULA VISTA |
| 06:00 P | CORONADO SENIOR AND SOBER DISC (1711) * Church - Hall 1114 9th & C St | CORONADO |
| 06:00 P | FREE ON FRIDAY (760) Church 5940 Kelton Ave | LA MESA |
| 06:00 P | FRIDAY NIGHT FREAK SHOW (3105) Office Bldg 1613 Hoover Ave | NATIONAL CITY |
| 06:00 P | THE GRAPEVINE (2794) Church - upstairs rear 2717 University Ave | NORTH PARK |
| 06:00 P | THE GONG SHOW (2941) + Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | GRUPO GRINGO (ENGLISH) (1759) 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 06:00 P | LA MESA MIXED (2136) * Church 8350 Lake Murray Blvd | SAN CARLOS |
| 06:00 P | A WOMANS MEETING (1717) * C W BS Church 2877 Governor Dr | UNIVERSITY CITY |
| 06:15 P | EACH DAY A NEW BEGINNING (509) C W LGBT Church 3900 Cleveland Ave | HILLCREST |
| 06:30 P | CHULA VISTA 4 MIN SPEAKER (1568) C Church - Lower Level 580 Hilltop Dr | CHULA VISTA |
| 06:30 P | CLAIREMONT MESA STEP STUDY (1997) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 06:30 P | CORONADO WOMENS MEETING (1656) W Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | BACK COUNTRY MEETING (1038) * Church 25153 Viejas Blvd | DESCANSO |
| 06:30 P | T.G.I.F. (1658) * Church 1465 E Madison Ave | EL CAJON |
| 06:30 P | FRIDAY NIGHT IRREGULARS (2889) Church 115 Cajon View Dr. | EL CAJON |
| 06:30 P | FRIDAY NITE FREAKS (2795) Church - upstairs 3967 Park Blvd - rear alley | HILLCREST |
| 06:30 P | SOLE PURPOSE GROUP (1657) * C Church 2130 Ulric St | LINDA VISTA |
| 06:30 P | MIDWAY BRIDGE (2171) Clinic 3420 Kenyon St Bldg B | LOMA PORTAL |
| 06:30 P | PACIFIC BEACH WEEKEND WARMUP (725) * Church 2088 Beryl St | PACIFIC BEACH |
| 06:30 P | STEP UP TO THE PLATE STEP STUDY (3116) * Club 1710 Montecito Rd | RAMONA |
| 07:00 P | LAKE MORENA SINK OR SWIM (2830) * Church 1347 Dewey Pl | CAMPO |

Friday

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| 07:00 P | STREAMVIEW MIXED (232) Recv Hm 5855 Streamview Dr | COLLEGE |
| 07:00 P | EASTLAKE GREENS 10 ON 10 (2950) * Church 1227 Eastlake Pkwy | EASTLAKE |
| 07:00 P | NORTH PARK MENS (465) C M Lodge 3858 Front St | HILLCREST |
| 07:00 P | DESIGNS FOR LIVING (488) LGBT Church - Guild Rm 2728 6th Ave | HILLCREST |
| 07:00 P | FRIDAY NIGHT SURVIVORS (3031) * CF Office Bldg 3407 Hwy 79 | JULIAN |
| 07:00 P | THE HAPPY HOUR (3106) Church - old gift shop 743 Prospect St | LA JOLLA |
| 07:00 P | CONSCIOUS CONTACT MEDITATION (2834) Church - upstairs-Rm 65 4690 Palm Ave | LA MESA |
| 07:00 P | MIRA MESA FRIDAY NIGHT (379) * BS Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:00 P | GIFTS OF GRACE WOMEN (2564) C W BS Church - Choir Rm Basement 2111 Camino Del Rio S | MISSION VALLEY |
| 07:00 P | 11TH STEP JOURNEY (2622) * Church 1370 Euclid Ave | OAK PARK |
| 07:00 P | LANDING ZONE (1722) * Vet Rehab Ctr 4141 Pacific Hwy | OLD TOWN |
| 07:15 P | FRIDAY NIGHT BIG BOOK STUDY (102) CF Church - Field House 2766 Navajo Rd | FLETCHER HILLS |
| 07:30 P | MOTHER EARTH VIEJAS REZ (2019) * Church 20047 Viejas Blvd Native American | ALPINE |
| 07:30 P | EAST COUNTY MENS (1905) * M Church 9800 San Juan St | CASA DE ORO |
| 07:30 P | FRIDAY HAPPY HOUR (2821) CF Club House 183 3rd Ave | CHULA VISTA |
| 07:30 P | CHULA VISTA FRIDAY NIGHT (837) * Veterans Hm Bldg F 700 E Naples Ct | CHULA VISTA |
| 07:30 P | IRON HORSE RECOVERY (2848) * C Club 938 E Washington St | EL CAJON |
| 07:30 P | IMPERIAL BEACH GROUP (79) * School 1237 Elder Ave | IMPERIAL BEACH |
| 07:30 P | EASY DOES IT SPEAKERS (114) * Church 6970 San Miguel Ave | LEMON GROVE |
| 07:30 P | THREE LEGACIES GROUP (2194) LGBT Church 4044 Lark St | MISSION HILLS |
| 07:30 P | THE COMMON SOLUTION (3007) * Church 33rd & Meade Ave | NORTH PARK |
| 07:30 P | PACIFIC BEACH YOUNG PEOPLES (286) Church - Hall 1050 Thomas Ave | PACIFIC BEACH |
| 07:30 P | FRIDAY NIGHT SANTEE (1754) * Church 9225 Carlton Oaks Dr | SANTEE |
| 07:30 P | TIERRASANTA FRIDAY NIGHT (2645) * Church 11240 Clairemont Mesa Blvd | TIERRASANTA |
| 08:00 P | FRIDAY STEPS TO PROMISES (2724) Club 3064 S Borrego Valley Rd | BORREGO SPRINGS |

Friday

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| 08:00 P | CLAIREMONT FRI NIGHT (375) Church - Youth Rm 7250 Eckstrom Ave | CLAIREMONT |
| 08:00 P | BURNING DESIRE BY THE FIRE (3103) Glorietta Bay Park N 1975 Strand Way Fire Pit Mtg | CORONADO |
| 08:00 P | PRIMARY PURPOSE GROUP (2083) * C Club 564 Broadway St | EL CENTRO |
| 08:00 P | FRIDAY NIGHT WOMENS (189) W Church 625 Pennsylvania Ave -rear alley | HILLCREST |
| 08:00 P | LA JOLLA MENS (692) C M Club 1160 Coast Blvd | LA JOLLA |
| 08:00 P | FRIDAY NITE WEEKS END (1856) * Hospital - Cafeteria 10666 N Torrey Pines Rd | LA JOLLA |
| 08:00 P | LA MESA MENS (106) * C M Brown Church 4816 Glen St | LA MESA |
| 08:00 P | LINDA VISTA MENS (320) * C M Church 2130 Ulric St | LINDA VISTA |
| 08:00 p | ROOT OF OUR TROUBLE (3155) * W Tea Room 1731 University Ave | NORTH PARK |
| 08:00 P | OB FRIDAY NIGHT BB STUDY/SPEAKER (1316) * Club 2229 Bacon St | OCEAN BEACH |
| 08:00 P | SOBRIETY CIRCLE (2061) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 P | RAMONA PARTICIPATION (140) * Church 404 8th St & D St | RAMONA |
| 08:00 P | IMPERIAL GROUP (1013) * C Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 08:00 P | SOBER MINDED LEATHER FOLK (1882) * LGBT Club 1730 Monroe Ave S&M | UNIVERSITY HEIGHTS |
| 08:15 P | SOUTH CLAIREMONT (305) * Church 5050 Milton St | BAY PARK |
| 08:15 P | FRI NITE CEDAR ST (1662) Recv Hm 2980 Cedar St | GOLDEN HILL |
| 08:15 P | FRIDAY NIGHT MENS (188) C M Church 625 Pennsylvania Ave -rear alley | HILLCREST |
| 08:30 P | UNDER THE HILL YOUNG PEOPLE (3135) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 09:00 P | MISSION HILLS LATE NIGHT FRIDAY (2769) Church 4044 Lark St | MISSION HILLS |
| 09:00 P | FRIDAY NIGHT FIX (3004) Club - downstairs 4861 Cass St | PACIFIC BEACH |

Saturday

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| 07:00 | A | SATURDAY STEPS TO PROMISES (2726) Club 3064 S Borrego Valley Rd | BORREGO SPRINGS |
| 07:00 | A | EASTLAKE GREENS ATTITUDE ADJUST (2691) * Church 1227 Eastlake Pkwy | EASTLAKE |
| 07:30 | A | SATURDAY EYE OPENER GROUP (1889) * Church 8964 N Magnolia Ave | SANTEE |
| 07:30 | A | SAT MENS EARLY AWAKENING (2209) * C M Restaurant 8910 Troy St | SPRING VALLEY |
| 07:45 | A | GRAPE STREET SUNRISE (1293) * Club 1944 30th St | GOLDEN HILL |
| 08:00 | A | NEW BEGINNINGS (2912) Apt Bldg - Cafeteria 550 14th St | DOWNTOWN |
| 08:00 | A | SISTERS IN SOBRIETY (3127) * W Church 7111 La Jolla Bl enter via courtyard | LA JOLLA |
| 08:15 | A | HAUL YOUR HINEY OUT OF BED (704) * BS Club 6727 Flanders Dr #106 | MIRA MESA |
| 08:45 | A | PRIMARY PURPOSE GROUP (287) Church - 2nd Fl in rear 1050 Thomas Ave | PACIFIC BEACH |
| 09:00 | A | ROCKET RIDERS (1730) * C M Restaurant 5150 Waring Rd | ALLIED GARDENS |
| 09:00 | A | WOMEN TO WOMEN (3173) C,W,* Church 1227 East Lake Pkwy | EASTLAKE |
| 09:00 | A | SIRENS OF SOBRIETY (3181) W * CF Office Bldg 755 Emory St | IMPERIAL BEACH |
| 09:00 | A | MT SOLEDAD MENS (717) * C M Church 6551 Soledad Mtn Rd | LA JOLLA |
| 09:00 | A | SONS OF GOD (2789) M Church 7715 Draper Ave -enter from Eads Ave | LA JOLLA |
| 09:00 | A | WOMEN'S JOY OF LIVING (2636) + W Church 8360 Lemon Ave | LA MESA |
| 09:00 | A | SATURDAY A.M. LIVE (782) C W Church 5940 Kelton Ave | LA MESA |
| 09:00 | A | JUST US GIRLS (929) * W CF Church - Hall 9573 Los Coches Rd | LAKESIDE |
| 09:00 | A | MISSION HILLS BRUNCH BUNCH (3124) Restaurant 4023 Goldfinch St | MISSION HILLS |
| 09:15 | A | SATURDAY MORNING SANITY (1989) C W Church - alley-Fireside Rm 4690 Palm Ave | LA MESA |
| 09:30 | A | ONE STEP AT A TIME AT MISSION BAY (1664) Table So/Info Booth Mission Bay Pk @ Clairemont Dr | CLAIREMONT |
| 09:30 | A | LA MESA WOMENS SAT MORNING (416) * C W Senior Ctr 8450 La Mesa Blvd Child under 12-OK | LA MESA |
| 09:30 | A | SPIRITUAL AWAKENING (2607) LGBT Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 10:00 | A | CORONADO BEGINNERS AA (344) Club 950 Orange Ave -rear alley | CORONADO |
| 10:00 | A | WHITE FLAG OUTDOORS (2788) N Embarcadero Park 540 Kettner Blvd End of Kettner | DOWNTOWN |
| 10:00 | A | LATE RISERS (473) * Club 938 E Washington St | EL CAJON |

Saturday

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| 10:00 A | GOD SQUAD TOO (2809) C W Church 3900 Cleveland Ave | HILLCREST |
| 10:00 A | WHISTLING IN THE DARK MENS (2943) C M Church - upstairs 3030 Thorn St | NORTH PARK |
| 10:00 A | NORTH SHORES BREAKFAST DISC (276) Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 10:00 A | POINT LOMA SATURDAY MORNING (1240) * Church - outside 3598 Talbot St | POINT LOMA |
| 10:00 A | RAMONA WAY OF LIFE (2772) * Church 1010 San Vicente Rd | RAMONA |
| 10:30 A | MENS JELLY DONUT (3118) M Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 10:30 A | SOBER ON SAT BOOK STUDY (2193) * Club 2229 Bacon St | OCEAN BEACH |
| 11:00 A | STEPS TO RECOVERY GROUP (1169) * C Church - School Music Rm 293 H St | CHULA VISTA |
| 12:00 N | NORTH CLAIREMONT SAT NOONERS (2572) * Rec Ctr Rm 2 4421 Bannock Ave | CLAIREMONT |
| 12:00 N | STREAMVIEW DAYTIME (1791) Recv Hm 5855 Streamview Dr | COLLEGE |
| 12:00 N | REBELS WITH A CAUSE (2850) * C Church - Conference Rm 1430 Melody Lane Does Not Sign Slips | EL CAJON |
| 12:00 N | GRUPO X (ENGLISH) (2606) 480 Itrubide btwn 4th & 5th St | ENSENADA |
| 12:00 N | AND THE REST OF THE STORIES (3165) * CF Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 N | HIGH NOON CROSSTALK (505) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 12:00 n | SOBER SATURDAY (3051) * CF Store 8790 Cuyamaca St #D | SANTEE |
| 12:00 N | SATURDAY NOONERS (2260) * Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 01:00 P | LAKESIDE DRUNKS (DISCUSSION) (2449) * C Church - Hall 9573 Los Coches Rd Does Not Sign Slips | LAKESIDE |
| 01:30 p | BEGINNERS BIG BOOK STUDY (1680) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 02:00 P | IMPROVING CONSCIOUS CONTACT (3108) Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 02:00 P | WE ARE NOT SAINTS (2816) Recv Hm 2980 Cedar St | GOLDEN HILL |
| 02:00 P | WOMEN SURVIVING TOGETHER (2189) W Club 6901 Central Ave | LEMON GROVE |
| 02:00 P | THE CAPACITY TO BE HONEST (2321) Hospital - rear Ed Bldg 7850 Vista Hill Ave | LINDA VISTA |
| 02:30 P | SATURDAY AFTERNOON DISCUSSION (288) Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 03:00 p | SAT OPEN DISCUSSION (322) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 03:00 P | STRENGTH IN WOMEN (2955) * W Church 1430 Melody Lane | EL CAJON |

Saturday

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| 03:00 P | GRUPO GRINGO (ENGLISH) (2) 2 Blcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 04:00 P | SATURDAY AFTERNOON Q AND A (10) Recv Hm 1777 Buckman Springs Rd | CAMPO |
| 05:00 P | SOLUTIONS NOT EXCUSES (2857) * C Church 7929 La Mesa Blvd Does Not Sign Slips | LA MESA |
| 05:00 P | GOLDMINE SPEAKERS MEETING (2613) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 05:00 p | RAMONA FREE THINKERS (3164) * Club 1710 Montecito Rd | RAMONA |
| 05:00 P | WOMENS TLC (2814) * W Church 11240 Clairemont Mesa Blvd | TIERRASANTA |
| 05:30 P | DO OR DIE GROUP (1947) Club 6901 Central Ave | LEMON GROVE |
| 05:30 p | SATURDAY NIGHT CLOSED (3081) * C Store 8790 Cuyamaca St #D | SANTEE |
| 06:00 P | SAT NIGHT EARLY DISCUSSION (336) Church 4540 El Cerrito Dr | COLLEGE |
| 06:00 P | SUNDOWNERS (2242) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | HOW IT IS TODAY (483) Church 5940 Kelton Ave | LA MESA |
| 06:00 P | PB PRIMARY PURPOSE (2596) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | HWY 80 AA (2722) * Library 28804 Old Hwy 80 | PINE VALLEY |
| 06:00 P | SOBEARITY (3129) LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 06:30 P | DOWNTOWN DISCUSSION (1665) * Fellowship Hall 825 7th Ave | DOWNTOWN |
| 06:30 P | EARLY BIRDS (1666) Recv Hm 2980 Cedar St | GOLDEN HILL |
| 06:30 P | HOUSE ON THE HILL (2554) Recv Hm 2410 E St | GOLDEN HILL |
| 06:30 P | FAITH & HOPE PARTICIPATION (326) Recv Hm 4104 Delta St | SOUTH SAN DIEGO |
| 06:30 P | THE HOLE IN THE DONUT (2737) C Church - St Josephs Rm 3131 Governor Dr | UNIVERSITY CITY |
| 07:00 P | ALPINE SATURDAY NITE SPECIAL (891) * Church 2225 W Victoria Dr | ALPINE |
| 07:00 P | BORREGO OPEN (3188) Club 3064 Borrego Valley Rd 1st Sat: Speaker | BORREGO SPRINGS |
| 07:00 P | SAT NIGHT SUNSET (2173) * CF Church - blue house 882 Mollison Ave | EL CAJON |
| 07:00 P | YOUNG & SOBER (762) Church 7111 La Jolla Bl enter via courtyard | LA JOLLA |
| 07:00 P | SAT PM AA CANDLELIGHT MTG (2323) * CF Club 9940 River St Candlelight | LAKESIDE |
| 07:00 p | LEMON GROVE SPEAKERS (2574) Club 6901 Central Ave | LEMON GROVE |

Saturday

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| 07:00 P | MENS RECOVERY GROUP (830) M Hospital - rear Ed Bldg 7850 Vista Hill Ave | LINDA VISTA |
| 07:00 P | SATURDAY NIGHT FERVOR (208) Church - Main bldg 2717 University Ave | NORTH PARK |
| 07:00 P | AA BY THE BAY (629) Fire Rings on Shelter Island 2300 block Shelter Island Dr | SHELTER ISLAND |
| 07:25 P | LA JOLLA SPEAKERS (578) Church 7250 Eckstrom Ave | CLAIREMONT |
| 07:30 P | SOUTHERN CAL SPEAKERS (2779) * + Church 6301 Birchwood St | ALLIED GARDENS |
| 07:30 P | BAYSIDE BONFIRE GROUP (1139) Bayside Park 999 Bayside Pkwy | CHULA VISTA |
| 07:30 P | LIVEN IT UP (3130) * Club 950 Orange Ave -rear alley | CORONADO |
| 07:30 p | FEAR TO FAITH (3162) * Church 1227 Eastlake Pkwy | EASTLAKE |
| 07:30 P | NORTH SHORES SPEAKERS (281) Club - upstairs 4861 Cass St Stamps Slips | PACIFIC BEACH |
| 07:30 P | SATURDAY NITE LIVE (2192) Library 1275 Main St | RAMONA |
| 07:30 p | SANTEE SATURDAY NIGHT SPEAKERS (2656) Church 9310 Dalehurst Rd | SANTEE |
| 07:45 P | SOUTH BAY SPEAKERS OPEN MIXED (1877) * Recv Hm 270 C St | CHULA VISTA |
| 08:00 P | CLAIREMONT DISCUSSION (314) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 08:00 P | OB YOUNG PEOPLES (2705) * Club 2229 Bacon St | OCEAN BEACH |
| 08:00 P | PELICAN GROUP (1798) Mission 23013 Hwy 79 | SANTA YSABEL |
| 08:00 P | TWO-BIT SPEAKERS (201) * LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 08:15 P | CANDLELIGHT MEETING (2937) * Club 564 Broadway St | EL CENTRO |
| 09:00 P | CHULA VISTA YOUNG PEOPLES MEETING (3107) Store 5080 Bonita Rd. Bilingual | CHULA VISTA |
| 09:00 P | SAT NIGHT BEDTIME STORIES (3005) Club - downstairs 4861 Cass St | PACIFIC BEACH |
| 09:01 P | A VISION FOR YOU (2815) Church 4044 Lark St | MISSION HILLS |

Sunday

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| 06:00 | A | SPIRITUAL SUNRISE (2861) * CF Church - blue house 882 Mollison Ave | EL CAJON |
| 06:59 | a | SANTEE SUNDAY MORNING MENS (3076) C M Store 8790 Cuyamaca St #D | SANTEE |
| 07:00 | A | PRAYER AND MEDITATION (3186) Club 3064 Borrego Valley Rd | BORREGO SPRINGS |
| 07:00 | A | HAND IN HAND TOGETHER (3160) Church - upstairs-Rm 9 494 E St | CHULA VISTA |
| 07:00 | A | EASTLAKE GREENS ATTITUDE ADJUST (2712) * Church 1227 Eastlake Pkwy | EASTLAKE |
| 07:00 | A | EASY DOES IT RIDERS (21) Club 6901 Central Ave | LEMON GROVE |
| 07:00 | A | OB PEER GROUP (2130) * Club 2229 Bacon St | OCEAN BEACH |
| 07:00 | A | SUNDAY KIND OF LOVE (429) Church - Hall 1050 Thomas Ave | PACIFIC BEACH |
| 07:30 | A | SUNDAY SPIRITUAL AWAKENING STEP STUDY (3174) C Church 760 1st Ave | CHULA VISTA |
| 07:30 | A | D.D.G.T.M. (767) * Senior Ctr 8450 La Mesa Blvd | LA MESA |
| 08:00 | a | FRIENDS IN LOW PLACES (3091) * Senior Ctr 183 3rd Ave | CHULA VISTA |
| 08:00 | A | TWO A'S OVER EASY (2106) * Club 9940 River St | LAKESIDE |
| 08:30 | A | SERENITY ON THE SAND (3030) Life Guard Tower Beach @ Isabella & Ocean Blvd | CORONADO |
| 09:00 | A | SUNDAY MORNING ELEVENTH STEP (1206) * Church - Youth Rm 7250 Eckstrom Ave | CLAIREMONT |
| 09:00 | A | CEDAR STREET MENS (1698) C M Recv Hm 2980 Cedar St | GOLDEN HILL |
| 09:00 | A | LA JOLLA PUMP HOUSE GROUP (696) Wind & Sea Beach Foot Of Gravilla St | LA JOLLA |
| 09:00 | A | BATTERY CHARGERS (98) Admin Bldg 6845 University Ave | LA MESA |
| 09:00 | A | THE OTHER MEETING (857) * Hospital 7050 Parkway Dr | LA MESA |
| 09:00 | A | SUNDAY MORNING AT THE GROVE (117) Club 6901 Central Ave | LEMON GROVE |
| 09:00 | A | MIRA MESA SUNDAY MORNING MENS (693) * M Club 6727 Flanders Dr #106 | MIRA MESA |
| 09:00 | a | EASY LIKE SUN MORN SPEAKERS (3097) Vet Rehab Ctr 4141 Pacific Hwy | OLD TOWN |
| 09:00 | A | EARLY RISERS (PB) (264) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 09:00 | A | SUNDAY BEACH SUN-DAY (568) CF Beach End of Diamond St | PACIFIC BEACH |
| 09:00 | A | TWIN LAKES AA (3033) Bldg 249 25275 Potrero Valley Rd | POTRERO |
| 09:00 | A | WOMENS SOBER SUNDAY (731) * W LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |

Sunday

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|---------|---|---------------------------|
| 09:30 A | SUNDAY MORNING SUNSHINE (407) * Recv Hm 270 C St | CHULA VISTA |
| 09:30 A | KICK START YOUR HEART (2430) Park 6th and E St | RAMONA |
| 09:30 A | FRESH START BEGINNERS (2609) LGBT Coffee Shop 4590 Park Blvd | UNIVERSITY HEIGHTS |
| 10:00 A | SUNDAY MORNING SPIRITUAL MEETING (1700) Club 950 Orange Ave -rear alley | CORONADO |
| 10:00 A | TRADITIONS WEST (2713) * Club 938 E Washington St | EL CAJON |
| 10:00 A | WOMANS GUT LEVEL (1701) C W BS Club 1944 30th St | GOLDEN HILL |
| 10:00 A | MISSION BAY SPEAKERS (1692) USD Serra Hall Rm 215 340 Morris Dr | LINDA VISTA |
| 10:00 A | GRUPO GRINGO (ENGLISH) (1758) 2 Bcks E of Las Brisas Hotel Avenida Mar Mediterraneo #36 B | ROSARITO BEACH |
| 10:00 A | IMPERIAL MENS GROUP (869) * C M Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 10:30 A | JOY OF LIVING (2787) * C Club 2229 Bacon St | OCEAN BEACH |
| 11:00 A | SUNDAY OPEN (2727) Senior Ctr 580 Circle J Dr | BORREGO SPRINGS |
| 11:00 A | NORTH SHORES BREAKFAST (275) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 11:00 A | STRAIGHT SHOOTERS (198) * LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 11:15 A | BACK TO BASICS FOR WOMEN (1675) * W BS Club 6727 Flanders Dr #106 | MIRA MESA |
| 12:00 N | SUNDAY AFTERNOON MEETING (3172) Viejas Tribal Center 1 Viejas Grade Rd. | ALPINE |
| 12:00 N | CORONADO SUNDAY NOON (1830) Club 950 Orange Ave -rear alley | CORONADO |
| 12:00 n | TRUST & BELIEVE (3049) * Store 8790 Cuyamaca St #D | SANTEE |
| 12:30 N | SUNDAY SOBER SISTERS (2923) * W CF Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 12:30 N | SUNDAY MIDDAY (161) Bridge Club 3111 6th Ave | HILLCREST |
| 12:30 n | GATHERING OF THE GODDESSES (2890) W Restaurant 4023 Goldfinch St Through kitchen in back rm | MISSION HILLS |
| 02:00 P | SEARCHING AND FEARLESS (308) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 02:00 p | SERENITY WOMENS (3042) * W Store 8790 Cuyamaca St #D | SANTEE |
| 02:15 P | SHOW AND TELL (228) LGBT Recv Hm 3767 Central Ave | CITY HEIGHTS |
| 02:30 P | 5107 SUNDAY WOMENS GROUP (2980) W Office Bldg 5107 Waring Rd | ALLIED GARDENS |
| 02:30 P | CARE & SHARE MIXED (1831) Club - downstairs 4861 Cass St | PACIFIC BEACH |

Sunday

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| 03:00 P | FISHERMANS GROUP (9) Recv Hm 1777 Buckman Springs Rd | CAMPO |
| 03:00 P | SUNDAY SISTERS (3156) * W Club 938 E Washington St | EL CAJON |
| 03:00 P | SEARCH FOR SERENITY (974) * W CF Club 5065 Logan Ave #103 | SOUTH SAN DIEGO |
| 04:00 P | WOMENS WAY TO RECOVERY (838) * W CF Church 1430 Melody Lane | EL CAJON |
| 04:30 P | WE AGNOSTICS (2096) * Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 05:00 P | WAR FEVER (880) * Church - Hall 9573 Los Coches Rd | LAKESIDE |
| 05:30 P | GOD SQUAD TOO PRAY & MEDITATE (2892) C Recv Hm 4102 Monroe Ave | KENSINGTON |
| 05:30 P | SWEET SURRENDER SPEAKERS (2254) * Club 1710 Montecito Rd | RAMONA |
| 06:00 P | BEGINNERS STEPS TO SOBRIETY (1007) * Store 4736 Clairemont Mesa Blvd | CLAIREMONT |
| 06:00 P | SOBER CAMEL SPEAKERS MEETING (2296) * Church 115 Cajon View Dr | EL CAJON |
| 06:00 P | DISCUSSION MEETING (2248) * C Service Ctr 485 Broadway St #E | EL CENTRO |
| 06:00 P | CANYON VIEW A.A MEETING (3098) Recv Hm 5149 Naranja St | ENCANTO |
| 06:00 P | 4077 MASH STEP 11:READ-MEDITATE-SHARE (2027) Church - upstairs 3900 Cleveland Ave | HILLCREST |
| 06:00 P | SUNDAY SERENITY (47) Church 5940 Kelton Ave | LA MESA |
| 06:00 P | SUNDAY DISCUSSION GROUP (127) Club 6901 Central Ave | LEMON GROVE |
| 06:00 P | THERE IS A SOLUTION (268) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 06:00 P | TWELVE TO GROW ON (541) * Church 8350 Lake Murray Blvd | SAN CARLOS |
| 06:00 P | BEAUTIFUL BEGINNINGS (552) * LGBT Club 1730 Monroe Ave | UNIVERSITY HEIGHTS |
| 06:15 P | TRADITION ONE SUNDAY (1990) Recv Hm 4104 Delta St | SOUTH SAN DIEGO |
| 06:30 P | SOUTH BAY STEP STUDY (2312) * Recv Hm 270 C St | CHULA VISTA |
| 06:30 P | CHAPTER 9 - FAMILY AFTER (3088) Club 950 Orange Ave -rear alley | CORONADO |
| 06:30 P | DOWNTOWN DISCUSSION STEP STUDY (2604) * Fellowship Hall 825 7th Ave | DOWNTOWN |
| 06:30 P | BIG BOOK STUDY (2924) * Club 564 Broadway St | EL CENTRO |
| 06:30 P | GOLDEN HILL WOMEN (2883) C W Recv Hm 1315 25th St | GOLDEN HILL |
| 06:30 P | FOURTH & BROOKES MIXED SPEAKERS (2750) Recv Hm 3594 4th Ave | HILLCREST |

Sunday

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| 06:30 P | LAKESIDE SPEAKERS MEETING (2107) * Club 9940 River St | LAKESIDE |
| 07:00 P | LADIES 12 & 12 (3176) W Office Bldg 5107 Waring Rd. | ALLIED GARDENS |
| 07:00 p | SUNDAY NITE ALPINE SPEAKERS (3050) * Church 2065 Arnold Way #101 | ALPINE |
| 07:00 P | CAKE AND EAT IT GROUP (2249) * Hospital - Conference Rm 207 W Legion Rd | BRAWLEY |
| 07:00 P | LITTLE APPLE GROUP (1438) LGBT Church - Guild Rm 2728 6th Ave | HILLCREST |
| 07:00 P | IB SOBER (3161) * Church - Center 945 18th St | IMPERIAL BEACH |
| 07:00 P | 92037 GROUP (861) Church - old gift shop 743 Prospect St | LA JOLLA |
| 07:00 P | OLD TOWN SPEAKERS (321) * Church 6551 Soledad Mtn Rd | LA JOLLA |
| 07:00 P | SUNDAY NIGHT DISCUSSION (212) Church - upstairs rear 2717 University Ave | NORTH PARK |
| 07:00 P | UNIVERSITY CITY DISCUSSION (368) * Church 3131 Governor Dr | UNIVERSITY CITY |
| 07:15 P | CASA DE ORO TRADITION FIVE (503) * Church 4031 Avocado Blvd | RANCHO SAN DIEGO |
| 07:30 P | STREAMVIEW DISCUSSION (231) Recv Hm 5855 Streamview Dr | COLLEGE |
| 07:30 P | GOLDEN HILL SUN DISCUSSION (1706) Recv Hm 2980 Cedar St | GOLDEN HILL |
| 07:30 P | MIRA MESA SUNDAY (376) * Club 6727 Flanders Dr #106 | MIRA MESA |
| 07:30 P | NATIONAL CITY MAINTENANCE PLUS (136) Church 8th & D St | NATIONAL CITY |
| 07:30 P | POINSETTIA GROUP (2210) * Church - Parish Hall 1475 Catalina Blvd | POINT LOMA |
| 07:30 P | SANTEE SUNDAY NITE SMOKELESS (1705) * Church 8964 N Magnolia Ave | SANTEE |
| 08:00 P | EAST COUNTY YOUNG PEOPLES RULE 62 (2797) Church 5940 Kelton Ave | LA MESA |
| 08:00 P | OB SUNDAY CANDLELITE (2168) * Club 2229 Bacon St | OCEAN BEACH |
| 08:00 P | THERE IS A SOLUTION (282) Club - upstairs 4861 Cass St | PACIFIC BEACH |
| 08:00 P | RAMONA YOUNG PEOPLES (2764) * CF Church 404 8th St & D St | RAMONA |
| 08:15 P | SOUTH BAY MIXED DISC (36) Recv Hm 270 C St | CHULA VISTA |
| 09:00 P | MISSION HILLS LATE NIGHT (2922) Church 4044 Lark St | MISSION HILLS |