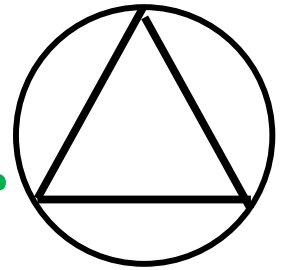


The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

“...through knowledge and experience, the new member is aware that service is our most important product after sobriety.”

Reprinted with permission from A.A.W.S. P15. Questions and Answers on Sponsorship, page 27

DECEMBER 2011

VOL. XI NO. 12

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“Carry the AA Message”

Join the fun and
submit an article!

Monthly Themes

JANUARY

Contempt Prior to Investigation

(due 11/24)

FEBRUARY

Problems Other Than Alcohol

(due 12/22)

MARCH

Boy Meets Girl on AA Campus

(due 1/28)

Submit 500 to 750 word story

Newsletter Chair at:

sdaa.newsletter@gmail.com

For more information, see page 2

Service: Why Bother?

by Lisa O.

Service comes in many forms. We can be of service all day long. Opportunities for service present themselves frequently. *“Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs.”* (Big Book, page 20) At meetings, we can greet the newcomer with a welcome smile and a listening ear. We can offer our phone number or a ride. We can make coffee or accept a service commitment. Help clean up after the meeting. We can become a Intergroup Coordinator or GSR.

As the Big Book says on page 97: *“Helping others is the foundation stone of your recovery. A kindly act once in a while isn't enough. You have to act the Good Samaritan every day, if need be.”*

Service may begin at home. *“Since the home has suffered more than anything else, it is well that a man exert himself there. He is not likely to get far in any direction if he fails to show unselfishness and love under his own roof.”* (Big Book, page 127) But there is a fine line between being of service and being codependent. If I carry my children's backpacks and constantly remind them to remember their homework and their lunch bags, am I fostering self-reliance or dependence upon others? Or instilling in them a warped sense of entitlement? Part of growing in recovery is striving for balance.

One of the tenets of AA is “Attraction, not Promotion.” Very few of us like being told what to do. But when you demonstrate service to me and I see the integrity it brings to you, it makes me want to behave similarly. Sometimes I meet my sponsor for lunch. As she takes her garbage to the wastebasket, I notice her picking up other trash along the way. At first it startled me: *that's not her trash, why should she pick it up?* In a meeting I heard someone say: *“After you load your groceries into the car, why not wheel the cart back to the cart-bin in front of the store?”* I thought: *but that would put the lot guys out of a job!* Back when I was in the Navy, the Executive Officer was giving a talk and mentioned that after we wash our hands, we can use our hand towel to wipe off the basin, thus performing a service for the next user. I thought: *why would I do that? No one else does.* A wise person explained it to me: *If we all behaved like my sponsor and the XO do, the world would be a better place. Changing the world is an inside job.*

(Continued to Page 3)

**ALCOHOLICS ANONYMOUS
SAN DIEGO CENTRAL OFFICE**

24 HOUR PHONE (619) 265-8762
 OUR WEB PAGE www.aasandiego.org
 E-MAIL: sdaaco@aol.com
 FAX: (619) 265-2954
 OFFICE & BOOKSTORE
 Mon-Sat 9am-5pm
 Central Office Manager: Connie J.
 Administrative Assistant: Kathy M.

The San Diego “AA Coordinator” is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsements by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted.

Contributions from A.A. members are welcome and will be printed as space allows and as they are relevant to the upcoming topic(s) (see page 1, bottom left).

Submissions may be emailed to the newsletter chair at SDAA.newsletter.com. They may also be typed or neatly handwritten and mailed to Central Office or delivered in person to the committee on the fourth Thursday of the month at 6PM, Central Office. Submissions must include contact information and a name (your name and last initials only). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous. An effort will be made to contact the author regarding content changes.

Phone Volunteers, 12th Step Calls, meeting information, group and individual contributions, book and literature sales, Coordinating Council and Intergroup Information can be obtained at the Central Office. For Committee specific information contact the following Committee Chairs:

Coordinating Council Officers:

Council Chair Nancy N.
 Council Assistant Rick W.
 After Hours Phones Ruben S.
 Business Committee Ray R.
 New Coordinators Carrie
 Outreach Committee Paul H.
 Program Committee Nicki F.
 Public Info Committee Terry L.
 Newsletter/Coordinator Thomas K.

Area Officers:

Delegate Joel C.
 Alternate Delegate Tom M.
 Area Chair Dean B.
 Archives Carrie E.
 H & I Director Chris S.
 Young People’s Committee Morgan

Contributors: Thomas K., Lisa O., Joe C.
Dec. Theme: Service
Fold & Label: Wednesday, Nov. 16, 2011
 5:30 pm, at Central Office
Committee Meeting: Friday, Nov. 25, 2011
 6:00 pm, at Central Office

View from the Chair 

This issue ends my service as Newsletter Chair. My commitment has been both educational and enlightening. I have learned a lot about service and more than I dared asked for in so far as principles vs. personalities.

Thomas K. is the new Chair of the Coordinator Newsletter. This is Thomas’s 3rd time, within his 34 years of sobriety, of chairing this committee. Welcome, again, Thomas!

For those of you who would like a head start on 2012’s topics, they are as follows: **JAN:** Contempt Prior to Investigation, **FEB:** Problems Other Than Alcohol, **MAR:** Boy Meets Girl on AA Campus, **APR:** Sponsorship, **MAY:** Two-Stepping, **JUN:** Rule 62, **JUL:** Is AA for You?, **AUG:** AA Member-Medication and Other Drugs, **SEP:** We Absolutely Insist on Enjoying Life, **OCT:** Do You Think You’re Different?, **NOV:** AA in Treatment, **Dec:** The Four Horseman. All these topics can be found in either the Big Book, 12 and 12 or the pamphlets.

You can email your work to us at sdaa.newsletter@gmail.com, drop it by the office or mail to: San Diego Central Office, 7075 Mission Gorge Road, San Diego, CA 92120.

Gratefully, Linda F.

**Thanks to Our October 14th
Fold and Label Volunteers!**

Groups Represented	Volunteers
We Group	Wes T. & Don D.
Newsletter Members	Linda F. & Thomas K.
A.A. Member	Sober Tom
Battery Chargers Alcathon Committee	Marie B., Committee Chair, Kathi M., Corey M., Howard, John B., and Paul

(Continued from page 1)

There is a deep sense of well-being that emerges when one avails themselves to be of service. Self-esteem blossoms and a connection to humanity is established. If we practice service with genuine humility, as AA's Service Manual suggests, then *"...our great blessings may never spoil us, and we shall forever live in thankful contemplation of Him who presides over us all."* (AA Service Manual, page S14)

Public Information is More Than One May Think

by Linda F.

A.A.'s Public Information Committee presents information at *non-AA functions*, such as military bases, high schools and health/informational fairs throughout San Diego County.

Currently, the committee is promoting brochure racks to be adopted by meetings, for the reasonable cost of \$20.00. This fee includes refilling the rack as well. They are also placing Big Books in high school libraries throughout the county. These are only two examples of the *many* projects the Public Information Committee performs.

I attended the Speaker Workshop on October 29th and was sincerely surprised at the amount of help this committee needs. We are reaching out now, more than ever! The growth of our fellowship has been stagnant for the past 10 years or so. The public has many misconceptions as to what A.A. is and isn't. Some people still think we're a cult! Public Information helps dispel those myths.

Not only are speaking volunteers needed, we need pick-up and delivery help, set-up assistance and many other non-speaking opportunities to be of service.

Please call **Central Office at 619-265-8762** to be of much needed service!



CRITICAL and URGENT NEED!
Emergency back-up volunteers to answer daytime and after-hour phones! New groups needed for after-hours phones waiting list!

Call **AA Central** at **619-265-8762** call forwarding is available

A.A. Birthdays!

Many A.A. members celebrate their birthday by sending a donation of one or two dollars for each year of sobriety to Central Office. If you would like to carry on this tradition, please fill out the form below.

Happy Birthday to All!

Terri G. 13 years Lisa D. 15 years

Janet S.
19 years

Connie J.
19 years

Jeanne S.
31 years

Birthday Gratitude

Name _____

City/Home Group _____

Sobriety Date _____

Amt. Enclosed _____

Please mail to:
San Diego Central Office
7075-B Mission Gorge Rd
San Diego, CA 92120-2454

All birthdays submitted will be published the month following submission. Please contact the newsletter chair if a birthday has not been published for two months following submission.

Group and Meeting Changes

NEW MEETINGS

Radical Acceptance Morning Mtg Code: *
 Café 6171 Mission Gorge Rd
 Mon-Fri @ 7 am Grantville

See You Next Tues Young Womens Code: W
 Church – upstairs 4144 Campus Ave
 Tue @ 6 pm Hillcrest

11th Step Meditation Meeting
 NRRC 323 Hunter St
 Sun @ 7:30 am Ramona

DAY CHANGE

Mira Mesa Womens Codes: CW
 Church 9028 E Westmore Rd
 Thu @ 7 pm Mira Mesa
 (was Monday)

CORRECTION

11th Step Meditate & Share Code: *
 Med Office (1st Fl Rm1A)
 10990 San Diego Mission Rd
 Fri @ 7 pm Grantville
 (was 2nd Fl Rm 2A)

CANCELED

Dream Catcher
 Sycuan College 5475 Sycuan Rd
 Mon @ 7:30 pm El Cajon

Here And Now Progressive
 Church 1111 5th & Orange Ave
 Sat @ 8:15 pm Coronado

A NEW STATE OF CONSCIOUSNESS

He has been granted a gift, which amounts to a new state of consciousness and being.

Reprinted with permission from A.A.W.S.,
 Twelve Steps and Twelve Traditions, p. 107

Many of us in A.A. puzzle over what is a spiritual awakening. I tended to look for a miracle, something dramatic and earth-shattering. But what usually happens is that a sense of well-being, a feeling of peace, transforms us into a new level of awareness. That's what happened to me. My insanity and inner turmoil disappeared and I entered into a new dimension of hope, love and peace. I think the degree to which I continue to experience this new dimension is in direct proportion to the sincerity, depth and devotion with which I practice the Twelve Steps of A.A.

Reprinted with permission from A.A.W.S.,
 Daily Reflections, December 5

Coordinating Council Attendance

**The following 49 groups attended November Coordinating Council
 There are 760 registered groups in San Diego
 WAS YOUR GROUP THERE?**

NEXT COUNCIL MEETING IS: THURSDAY, December 8, 2011

THANK YOU FOR YOUR SERVICE TO ALCOHOLICS ANONYMOUS OF SAN DIEGO

11th Step Journey
 AA By The Bay
 Allied Gardens Step Study
 Big Book & 12 X 12 Study
 Casa De Oro Tradition Five
 Cedar Street Mens
 Clairemont Mens
 Clairemont Womens
 Daily Reflections
 Downtown Discussion
 Drunks Only
 Early Morning Recovery
 East Side Group
 El Cajon Womens Serenity
 Fourth Dimension Group
 Fresh Start Beginners
 Friday Night Irregulars
 God Squad Too
 Great Fact Group
 Harmony Group
 Kelton Ave Big Book Study
 La Mesa Mens
 La Mesa Mixed
 La Mesa Open Discussion
 La Mesa Step Study Workshop

Mira Mesa Friday Night
 Mission Bay Speakers
 Mission Hills Beginners
 Monday Night Young Peoples Steps
 Noon At The Grove
 Old Town Speakers
 Over The Bridge
 Point Loma Mens
 Porter Hall Structured S/S
 Progress Rather Than Perfection
 San Carlos Single Purpose
 San Diego Speakers Meeting
 Santee Saturday Night Speakers
 Santee Thursday Closed Mixed
 Saturday A.M. Live
 Scripps Ranch Mens Two
 Sky Hi Womens
 Smokefree La Mesa Womens
 Straight Shooters
 The Joy Of Living Group
 The Other Meeting
 The We Group
 Water Walkers Too
 Womans Let Go And Let Go

RECOVERY, UNITY, SERVICE

Our Twelfth Step-carrying the message-is the basic service that AA's Fellowship gives; this is our principal aim and the main reason for our existence.

Reprinted with permission from A.A. W.S., The Language of the Heart, p. 160

I thank God for those who came before me, those who told me not to forget the Three Legacies: Recovery, Unity and Service. In my home group, the Three Legacies were described on a sign, which said: "You take a three-legged stool, try to balance it on only one leg, or two. Our Three Legacies must be kept intact. In Recovery, we get sober together; in Unity, we work together for the good of our Steps and Traditions; and through Service-we give away freely what has been given to us." One of the chief gifts of my life has been to know that I will have no message to give, unless I recover in unity with A.A. principles.

Reprinted with permission from A.A.W.S., Daily Reflections, December 23

**Thank you daytime phone volunteers
 For carrying the message.**

Minutes of the Coordinating Council
Thursday, November 10, 2011

Nancy N. – Council Chair called the 797th meeting to order at 7:30 pm. Diana read the 12 Traditions. Council Definition and Purpose read by John. There were 3 new Coordinators, 0 visitors and 6 birthdays. 7th Tradition was \$74.00. Roll Call: Rick W., Assistant Council Chair reported 49 groups were represented out of 76 registered Coordinators. There was a quorum (35) It was m/s/c to approve the minutes of October 2011 Council Minutes.

Area Assembly No Report Given.

For information on all Area Events, please visit the area08aa.org website or contact Central Office at 619-265-8762.

H & I Representative: Debbie, Co-Director shared the purpose of H & I (to establish and maintain AA meetings in facilities where people are confined and to bring AA General Service Conference approved literature into those institutions). We have more requests to bring a meeting in than we have volunteers, so we are always looking for new members. Individuals or groups may adopt a meeting. We have two Orientation Meetings each month: 3rd Sunday @ 12:15 pm Hall 5150 Kearney Mesa Rd 92111 and 3rd Thursday @ 7 pm Central Office 7075-B Mission Gorge Rd 92120. Contact on Release's purpose is to introduce alcoholics being released from confined facilities to AA in San Diego. When notified of a release in San Diego County, volunteers contact the individual and take them to their first few meetings. Go to area8aa.org and click on the H & I tab for more info.

AFTER HOURS PHONES: Mona reported:

- 1) All nights are currently filled.
- 2) Thank you to the current groups for your after-hours phone service.
- 3) Need groups to sign up to create a waiting list. Also, need of volunteers to be on "emergency fill-in list". Call Ruben 619-888-2091.

BUSINESS COMMITTEE: Ray R. Chair reported committee met on Tuesday 11/8/11 at 6:00 pm. Present: Ray R., Jerry C., Gary C., Steve E., Nancy N., Council Chair, Rick W., Asst Council Chair and Connie J., Central Office Manager. Absent: Leonard R. There was a quorum.

- 1) It was m/s/c to approve October 2011 Minutes.
- 2) It was m/s/c to approve October 2011 Financials.

October 2011 Financial Statements' Summary:

- a) Our October 2011 Net Revenue is (\$2,562.43). Our 2011 YTD Net Revenue is (\$8,646.31). Group and Individual Contributions were \$7,962.95. Literature Sales Revenue and bank interest was \$1,470.40 while total office and committee expenses were \$11,995.78. Thank you for supporting your Central Office in carrying the message to the suffering alcoholic.

Manager's Report

- 1) November's Book of the Month: *As Bill Sees It* on sale for \$7.00.
- 2) December's Book of the Month: Any *Grapevine* book for \$1.00 off regular price.
- 3) New Grapevine books: *Step by Step & Emotional Sobriety II*.
- 4) Central Office offers Gift Certificates for \$10-\$25 increments for holiday shopping.
- 5) New meeting schedules are here – price increase to 60 cents due to paper costs.
- 6) Daytime phone volunteer shifts available: always need fill-ins. *NEED volunteers for Thanksgiving Day 1pm-5pm.*
- 7) aasandiego.org website: on "electronic forms page" – in pdf format: example: *literature price list, contributions pie chart, secretary meeting log and handbook, big book readings ...* Have added AFTER HOURS PHONES GROUP SIGN-UP SHEET & built google maps in Calendar Events.
- 8) Coordinator Newsletter: sign-up for a FREE subscription electronically by email. Send an email to sdaaco@aol.com or call 619-265-8762. Hard copies will continue to be available at Central Office. Currently emailing 1,300 newsletters.
- 9) Sending group contributions receipts, with current event flyers by email.

Continued on page 6.

Continued from page 5.

Committee Member reports:

- 1) Ray R. – Kept abreast of Central Office Activities during the month and attended Public Information Workshop.
- 2) Gary C. – Reviewed October bank deposits.
- 3) Jerry C. – signed checks, reviewed bank reconciliations and financial statements, and attended Public Information Workshop.
- 4) Rick W. – Coordinator call reminder lists.
- 5) Nancy N. – Website working properly.
- 6) Steve E. – Meeting schedules available.

Old Business: There was none.

New Business:

- 1) It was m/s/c to have a potluck in December.
- 2) Discussed low group contributions, Jerry C., Treasurer will draft a letter to distribute to groups.

COORDINATOR NEWSLETTER Linda F., Chair reported committee met on Thursday, 10/27/11. Present: Linda F., Thomas K., and Lisa Absent excused: Maureen B.

January's Theme: "Contempt Prior To Investigation". Submissions of 500-1000 words welcome. (Submissions due by November 24th) Send to sdaa.newsletter@gmail.com or mail to Central Office at 7075-B Mission Gorge Rd San Diego, CA 92120. Come join in the fun. NEED groups to adopt a month to collate the newsletter.

COORDINATOR OUTREACH John L. committee member shared Help NEEDED from all current Coordinators in participation and outreach to invite groups to have an Intergroup Coordinator. We have a responsibility to the future of Alcoholics Anonymous with our group's voice and activity in service and unity.

ORIENTATION & GUIDELINES No committee meeting tonight. One new Coordinator was orientated.

PROGRAM COMMITTEE: Nicki F., Chair

- 1) The 71st Anniversary Breakfast was held Saturday, November 5th and there were 100 in attendance.
- 2) New Years Eve Event will be at Scottish Rite Center in Mission Valley on Saturday, December 31st. Tickets are \$22.00. Tickets MAY be available at door if not sold out. Room capacity: 500.

PUBLIC INFORMATION COMMITTEE:

Terry L., Chair reported that the committee met on Monday, 11/7/11 at 6 pm. There were 13 people in attendance. 26 AA members attended public Information Workshop 10/26/11. Much interest was generated in supporting the efforts of carrying AA's message to the community. The importance of us as a Fellowship communicating to the public "What Alcoholics Anonymous Is and What It Is Not." As outlined in the GSO Public Information Workbook and Guidelines there are lots of possibilities for that, distributing PSA's to TV and Radio, Big Books to libraries, delivering pamphlet racks to public places, arranging for speaker presentations at schools and volunteers at health fairs.

- 1) Approved Beth C., Jim M., Darrell S., Terry L., Andrew C., and Danny D. to serve on committee. To be approved at Council.

OLD BUSINESS:

- 1) San Diego Intergroup 2012 Budget was approved 37 y 1 no.
- 2) Motion to amend Council Guidelines Section V paragraph D2, Coordinator Newsletter Committee, to add "*and to ensure that any topic or monthly theme for the newsletter be limited to those subjects addressed in AA Conference approved literature.*" Coordinators presented their groups discussion on this motion. Will discuss again next month. Vote on motion will occur at January 12, 2012 Council Meeting.

NEW BUSINESS:

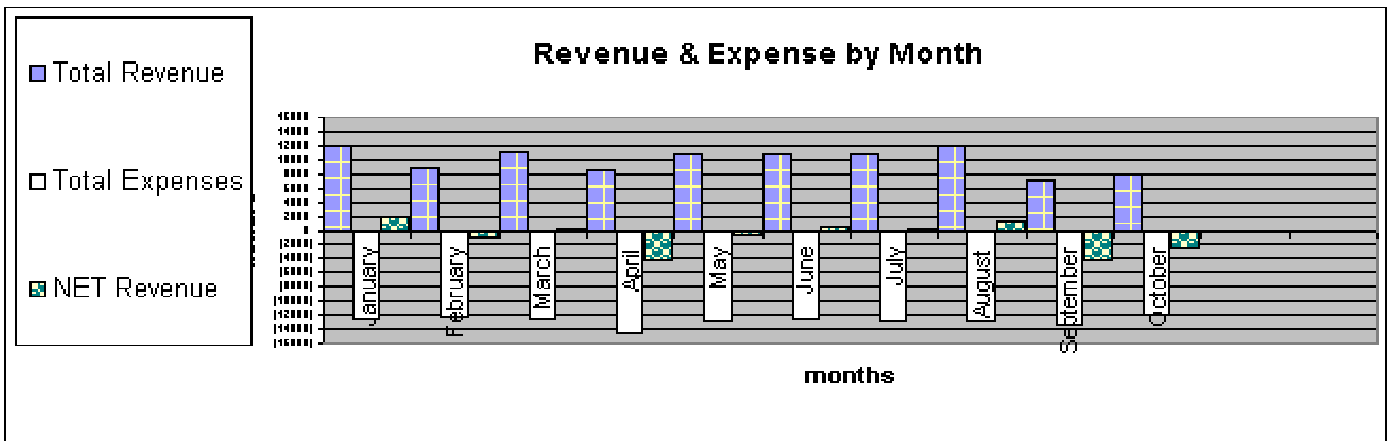
- 1) Beth C., 3/12/09, Jim M., 7/17/92, Darrell S., 5/9/07, Terry L., 12/12/10, Andrew C., 2/16/83 and Danny D., 4/20/91 were unanimously approved to serve on Public Information Committee.
- 2) Carolyn F., Coordinator for Women Let Go Let God Group presented motion "*that the Coordinating Council explore options and make recommendations for increasing fees and prices to better cover the expenses of Central Office.*" Motion was 2nd, discussion ensued. Vote on motion was 18 y 24 n. Motion failed.

Carolyn F., Coordinator for Women Let Go Let God Group, second motion that the Coordinating Council considers an organized awareness campaign was tabled to next month.

Respectfully Submitted Connie J., Rec. Secretary

Revenue and Expense Statement for October 2011

	October '11	October '10	YTD '11	YTD '10	\$ Change	Budget '11
Ordinary Revenue/Expense						
Revenue						
Contributions Group	7,459.55	10,366.34	92,601.21	95,299.05	(2,697.84)	118,384.00
Contributions Individual	503.40	310.56	5,661.10	8,998.55	(3,337.45)	9,650.00
Contributions SDIAA	-	-	1,240.00	1,030.00	210.00	1,125.00
Interest - Cert of Deposits	27.47	54.18	475.18	728.07	(252.89)	900.00
Total Revenue	7,990.42	10,731.08	99,977.49	106,055.67	(6,078.18)	130,059.00
Expense						
Accounting & Legal	-	225.00	2,540.00	5,700.00	(3,160.00)	2,650.00
Auto/Travel/Seminar	25.75	24.35	1,103.10	1,548.37	(445.27)	1,300.00
Bank Service Charges	2.00	2.00	72.14	118.54	(46.40)	125.00
Cash (Over) Short	(2.74)	(3.36)	(30.93)	70.32	(101.25)	(50.00)
Equipment Maint & Repair	35.27	-	536.43	70.00	466.43	500.00
Equipment Purchase	135.93	-	1,295.39	463.92	831.47	500.00
Insurance	50.00	(230.87)	500.00	233.63	266.37	1,100.00
Office Maint. & Repairs	-	-	33.00	77.11	(44.11)	500.00
Office Supplies	297.63	344.80	2,452.12	3,113.01	(660.89)	3,900.00
Rent	1,697.00	1,648.00	16,774.00	16,288.00	486.00	20,168.00
Taxes	-	-	64.45	83.49	(19.04)	80.00
Telephone	262.25	235.27	2,417.55	2,317.19	100.36	2,900.00
Utilities-Electricity	346.37	220.65	2,956.09	2,887.68	68.41	3,600.00
Website	40.85	40.85	299.30	270.30	29.00	500.00
EMPLOYEES						
Accrued Payroll Taxes	548.87	577.83	6,139.47	6,264.02	(124.55)	7,400.00
Employee Wages	7,254.86	7,510.87	74,964.60	74,871.96	92.64	89,990.00
Employee 403B Contribution	187.14	175.00	1,864.69	1,750.00	114.69	2,100.00
Employee Health Benefit	817.00	853.04	8,206.04	8,669.34	(463.30)	10,236.00
Insurance-Worker's Comp	50.00	50.00	612.00	536.50	75.50	850.00
Total Expense	11,748.18	11,673.43	122,799.44	125,333.38	(2,533.94)	148,349.00
Net Ordinary Revenue	(3,757.76)	(942.35)	(22,821.95)	(19,277.71)	(3,544.24)	(18,290.00)
Other Revenue/Expense						
Literature Revenue/Expense						
Sales (see schedule)	1,442.93	1,886.23	19,256.01	19,676.57	(420.56)	25,540.00
	1,442.93	1,886.23	19,256.01	19,676.57	(420.56)	25,540.00
Standing Committees Expense						
Committee (see schedule)	247.60	658.66	5,080.37	6,972.45	(1,892.08)	7,250.00
Total Other Expense	247.60	658.66	5,080.37	6,972.45	(1,892.08)	7,250.00
Net Other Revenue	1,195.33	1,227.57	14,175.64	12,704.12	1,471.52	18,290.00
Net Revenue	(2,562.43)	285.22	(8,646.31)	(6,573.59)	(2,072.72)	-



October 2011 Group Contributions

Group	Oct '11	Ytd 11	Group	Oct '11	Ytd 11
11th Step Journey-2622	-	325.00	Fountain of Youth - 2232	-	13.00
11th Step Meeting - 2322	-	50.00	Fourth Dimension Group - 2415	-	651.75
1207 Mens Stag - 2687	100.00	100.00	Free At Last - 2888	-	168.26
3rd Eye Ladies Meditate - 2948	30.00	30.00	Free on Friday - 760	-	180.00
4077 Mash Step 11(read-meditate-share) - 2027	-	106.50	Free To Be - 935	-	67.35
A Sense of Belonging Womens - 1205	-	155.80	Fresh Air Friday - 266	-	700.00
A Womens Meeting - 1717	-	232.69	Fresh Start Beginners - 2609	-	1,100.92
Adams Avenue Big Book Study - 1892	-	200.00	Fri Noon Living Sober - 2767	5.00	30.00
Allied Gardens Friday Lunch - 766	-	200.00	Friday Happy Hour - 2821	-	100.00
Allied Gardens Step Study - 1629	-	250.00	Friday Morning Womens - 104	-	400.00
Alpine Mixed Step Study - 2621	-	97.70	Friday Night Gratitude - 2829	-	67.50
Annual Grateful Meeting - 2461	-	76.00	Friday Night Irregulars - 2889	-	115.00
Another New Beginning - 144	-	50.00	Friday Night Santee - 1754	-	360.00
Artists in Sobriety - 2459	-	37.00	Friday Nite Special - 2401	-	50.00
As Bill Sees It (University Heights) - 1788	-	50.00	Friday Nite Weeks End - 1856	-	120.00
As Bill Sees It (Coronado) - 2780	-	150.00	Friday Spring Valley Lunch - 2732	90.00	90.00
At Home Mens - 215	-	90.00	Gilman Group - Fri 1988	38.10	176.57
At One With Each Other - 789	-	300.00	God Squad Too - 2809	-	71.31
B.Y.O.B. - 203	-	360.00	Golden Hill Sun Discussion - 1706	-	135.00
Back to Basics - 1026	500.00	2,250.00	Goldmine Speakers - 2613	-	44.00
Back to Basics for Women - 1675	-	215.00	Good Fortune Hui Group - 491	-	400.00
Balboa Breakfast - 2721	-	402.55	Good Morning AA - 1888	-	104.85
Battery Chargers - 98	-	400.00	Great Fact Group - 895	-	150.00
Battery Chargers Thanksgiving Alkathon	-	8.00	Good News Bad News - 2833	56.00	56.00
Bay Park Step Study Group - 299	-	30.00	Happy, Joyous & Free - 363	-	75.00
Bayside Big Book Study - 1610	50.00	150.00	Harmony Group - 585	-	662.36
Beginners Steps To Sobriety - 1007	-	86.88	Haul Your Hiney Out of Bed - 704	-	50.00
Big Bon-Fire Meeting - 1894	-	286.00	Hi-Nooners - 673	-	28.00
Big Book & 12 x 12 Study - 100	-	95.00	How It Is - 960	-	100.00
Bonita Boozers - 2179	-	100.00	How It Is Now Speakers - 390	40.00	220.00
Bonita Womens Big Book - 2734	57.50	86.81	Hwy 80 AA - 2722	-	540.00
Breakfast Of Champions - 2818	100.00	700.00	I. B. Up - 2565	-	450.00
Cajon View Open Disc - 471	-	75.00	Imperial Beach Group - 79	60.00	224.13
Carrying the Message - 2458	-	216.00	It's in the Book - 2030	56.00	56.00
Casa De Oro Tradition Five - 503	-	375.00	Jamul Open - 63	-	100.00
Cedar Street Mens - 1698	-	780.92	Judges Big Book - 2736	-	20.00
Chula Vista 4 Min Speakers - 1568	-	350.00	Jump Start - 2174	-	200.00
Citizens Again - 2658	-	332.50	Kelton Ave Big Book Study - 2410	-	202.65
Clairemont Daytime Step Study - 427	-	120.00	Kick Start Your Heart - 2430	30.00	30.00
Clairemont Discussion - 314	-	150.00	La Jolla Basic B/B Study - 2154	50.00	430.00
Clairemont Mens - 301	-	900.00	La Jolla Beginners Group - 82	-	620.00
Clairemont Mesa Step Study - 1997	-	50.00	La Jolla Beginners Womens - 83	-	133.00
Clairemont Mixed Discussion - 338	-	125.00	La Jolla Discussion Group - 85	-	600.00
Clairemont Step & Traditions Study - 482	-	50.00	La Jolla Lunch Bunch - 622	-	219.00
Clairemont Wednesday Group - 303	-	115.00	La Jolla Mens - 692	-	75.00
Clairemont Womens - 340	-	335.79	La Jolla Monday Womens - 87	-	1,000.00
Clairemont Womens Step Study - 341	-	234.00	La Jolla Nonsmokers Disc - 88	-	700.00
Class Acts - 1845	-	730.00	La Jolla Patio Group - 613	80.00	440.20
Coffee Clutchers - 2332	-	450.00	La Jolla Speakers - 578	-	381.45
Come As You Are - 2661	-	40.00	La Mesa Mens - 106	65.54	632.08
Come Get Recovery - 2630	-	50.00	La Mesa Mid Morning - 2777	-	140.00
Conscious Contact Meditation - 2834	-	25.00	La Mesa Mixed - 2136	-	450.00
Coronado Beginners - 344	-	60.00	La Mesa Step Study Workshop - 1621	-	82.00
Coronado Big Book - 1644	-	50.00	La Mesa Womens Sat. Morning - 416	-	150.00
Coronado Nooners - 497	130.00	1,571.00	Laguna Mountain Group	-	60.00
Coronado Step Study - 1523	-	60.00	Lake Morena Sink or Swim - 2830	-	150.00
Coronado Sunday Noon - 1830	-	350.00	Lake Murray Lunch Bunch - 2701	-	247.00
Coronado Sundowners - 1634	-	116.00	Lake Murray Womens - 572	-	184.28
Courage to Change - 2679	-	100.00	Lincoln Ave Speakers - 2914	50.00	50.00
Cups - 2938	-	825.00	Linda Vista Thursday Night - 319	-	215.00
D.D.G.T.M. - 767	-	372.00	Little Apple Group - 1438	-	370.00
Dawn Patrol - 263	-	667.69	Living Free - 477	1300.00	2,700.00
Designs For Living - 488	-	235.85	Lost & Found - 2907	-	22.00
Diamond St Mens Step Study - 569	-	483.91	Lunch With Bill W. Bunch - 774	-	827.75
Dignity Unlimited - 205	304.00	304.00	Lunchtime Friends - 964	-	209.60
Downtown Discussion - 1665	-	883.36	Lushes Lunch Thursday - 2807	-	352.69
Drunks Only - 1605	-	1,189.15	Lushes Lunch Tuesday - 2641	-	327.57
Each Day A New Beginning - 509	-	633.32	Medicine Wheel - 1852	-	14.00
Early Morning Recovery - 2688	147.91	902.91	Men and Womens Monday Night - 95	60.00	180.00
Early Risers (Coronado) - 1525	-	100.00	Mens Step Study (CV) - 965	-	60.00
Early Risers (PB) -264	250.00	500.00	Mens Structured Step Study - 1469	-	176.00
East County Mens - 1905	-	50.00	Mid-Week Mens - 560	-	299.00
East County Young People Rule 62 - 2797	-	200.00	Midnight Howlers - 1025	100.00	1,140.00
East Side Group - 101	-	151.00	Midway Bridge - 2171	-	122.01
Eastlake Greens Attitude Adjust - 2691	-	158.00	Mira Mesa Early Risers - 967	-	60.00
Eastlake Greens Attitude Adjustment-Sun - 2712	-	420.00	Mira Mesa Friday Night - 379	-	107.50
Eastlake New Beginnings B/B S/S - 2673	-	180.00	Mira Mesa Monday Noon Mixed - 542	-	40.00
Easy Does It Riders - 21	-	340.10	Mira Mesa Womens - 411	-	356.46
Easy Does It Speakers - 114	-	250.00	Miracles on Mondays - 565	-	50.00
El Cajon Daytime - 52	-	720.00	Misfit Mens - 2486	-	30.00
El Cajon Happy Hour - 61	-	60.00	Mission Bay Sat Night Speakers - 271	-	160.00
El Cajon Womens Serenity - 77	-	100.00	Mission Hills Beginners - 1612	-	50.00
Evening in Harmony - 2864	-	150.00	Mission Hills Late Night - 2773	-	180.00
Evening Serenity - 2305	-	224.89	Mission Hills Lunch Bunch - 2675	-	2,150.00
Eye Opener Group - 607	-	469.50	Mission Possible - 131	-	67.50
Faculty Group - 1645	180.00	250.20	Monday At A Time - 2875	-	240.00
Fletcher Hills Smokeless - 59	-	30.00	Monday Mens Gut Level Group - 677	75.00	225.00

October 2011 Group Contributions

Group	Oct '11	Ytd 11	Group	Oct '11	Ytd 11
Monday Night Big Book Study - 2345	-	20.00	South Bay Mixed Discussion - 36	-	50.00
Monday Night Young People's StepStudy-2618	-	137.83	South Clairemont - 305	-	184.00
Monday Nite Live - 643	-	150.00	Spiritual Awakening - 2275	-	2,976.00
Morning Attitude Adjustment - 768	-	575.00	Spiritual Awakenings Step Study -2601	-	100.00
Mother Earth Viejas Rez- 2019	-	10.00	Spring Valley Step Study - 125	-	40.00
Mt Soledad Mens - 717	-	1,050.00	Stadium Group - 372	-	60.00
National City Maintenance - 136	-	170.00	Step Sisters - 2155	-	196.00
New Beginnings (Sat) 2912	7.00	7.00	Step Up Step Study - 2817	-	75.00
Newcomers Rise & Shine - 2702	-	50.00	Steps To Recovery Group - 1169	-	22.00
Noon at the Grove - 628	100.00	400.00	Straight Shooters - 198	-	110.00
Nooners Anonymous - 1164	-	229.25	Sunday Beach Sun-Day - 568	300.00	1,300.00
Noontime on the Patio - 2203	100.00	250.00	Sunday Kind Of Love - 429	-	252.00
North Clairemont - 1102	-	272.20	Sunday Midday - 161	-	200.00
North Clairemont Sat Nooners - 2572	50.00	100.00	Sunday Morning at the Grove - 117	-	167.50
North Park Mens - 465	-	460.50	Sunday Morning Eleventh Step - 1206	75.00	345.00
North Shores Breakfast - 275	-	63.00	Sunday Morning Spiritual Meeting - 1700	-	150.00
Not Alone Speakers Group - 1652	56.00	56.00	Sunday Morning Sunshine - 407	40.00	40.00
O.B. Friday Night Big Book Study - 1316	-	150.00	Sunday Night Discussion - 212	50.00	100.00
OB Peer Group - 2130	50.00	200.00	Sunrise Promises - 2166	-	895.00
OB Womens Step Study - 2730	-	50.00	Sweet Surrender Speakers - 2254	22.92	92.92
Ocean Beach Tuesday - 246	-	200.00	Thankful Thursdays - 2542	-	75.00
Old Timers Breakfast - 2828	-	50.00	The Campus Meeting - 2911	-	78.44
Old Timers Group - 2037	-	100.00	The Gathering of the Goddesses - 2890	81.00	81.00
Old Town Speakers - 321	-	500.00	The Grapevine - 2794	-	25.00
On The Corner - 2384	-	167.40	The Hole in the Donut - 2737	-	40.00
One Step Ahead - 715	75.00	155.00	The Joy of Living Group - 2636	-	397.50
One Step At A Time Runners - 1664	-	159.57	The Other Meeting - 857	-	330.55
Open Minded Mens - 626	-	200.00	The Womens Room - 450	-	18.12
Original Tues Night Step Study - 2124	101.65	101.65	Three Legacies Group - 2194	-	98.00
Over The Bridge - 2689	-	507.76	Thursday Campus Noon Group - 2387	-	205.00
Pacific Beach Weekend Warmup - 725	-	460.80	Thursday Promises Promises - 749	148.50	312.50
Paradise Hills - 392	-	50.00	Tierrasanta Big Book Study - 1790	-	215.00
Pass It On Big Book Study Group -2860	-	828.98	Tierrasanta Friday Night - 2645	-	210.00
Pass It on Group - 170	-	30.00	Tierrasanta Happy, Joyous & Free - 2659	-	225.00
PB Young Womens - 2187	-	175.00	Tierrasanta Morning Serenity - 2811	30.00	404.00
Penasquitos 12X12 - 2759	-	70.00	Top of the Hill - 41	60.00	110.00
Penasquitos Discussion - 871	50.00	150.00	Torrey Pines Open Disc - 94	-	200.00
Poinsettia Group - 2210	-	200.00	Tri-Serenity - 836	-	40.00
Point Loma AA Discussion - 242	-	170.00	Tues Night Big Book Step Study - 1813	120.00	270.00
Point Loma Mens - 245	-	90.00	Tuesday Campus Noon Group - 2544	-	205.00
Point Loma Nooners - 1606	-	258.17	Tuesday Morning Alpine - 440	57.23	252.43
Point Loma Saturday Morning - 1240	-	165.00	Tuesday Morning Breakfast Special - 2761	-	170.00
Point Loma Tuesdays Night - 2648	150.00	421.50	Tuesday Night Mens - 56	50.00	100.00
Porter Hall Group - 109	-	100.00	Tuesday Night Participation - 905	-	100.00
Porter Hall Structured S/S - 97	200.00	290.00	Tuesday Night Primary Purpose - 130	-	75.00
Practical Solutions - 2398	-	111.00	Tuesday Vision 4 U - 2775	-	60.00
Progress Rather Than Perfection - 2682	-	384.00	Two Bit Speakers - 201	-	112.93
Pt Loma Fri Afternoon Step Study - 244	-	442.50	University City Discussion - 368	50.00	50.00
Pt Loma Womens Discussion - 1608	-	475.00	University City Womens - 369	250.00	500.00
Rainbow Group - 570	-	125.00	Valley Girls - 2617	-	222.20
Ramona Monday Night - 1618	83.00	83.00	Wake Up Call - 1932	-	25.00
Ramona Wednesday Step Study - 141	-	20.00	War Fever - 880	-	136.00
Resentment and a Coffee Pot - 2561	-	250.00	Water Walkers - 5	-	50.00
Right Turn Group - 1900	-	290.00	Water Walkers Too - 1946	-	651.72
Rise & Shine - 2170	75.50	724.27	Way Up and Out - 415	-	235.00
Rocket Riders - 1730	-	464.00	We Agnostics - 2096	-	50.00
Round Table Discussion - 123	-	257.50	Wed Nite Traditions Study - 2336	-	40.00
Rule 62 Group - 927	-	150.00	Wednesday Discussion Group - 2431	-	425.35
S.D. Speakers Meeting - 152	-	351.48	Wednesday Night Closed Topic - 165	-	50.00
Safe Sane and Sober - 1350	-	1,445.00	Wednesday Night Promises - 2167	75.00	75.00
San Carlos Single Purpose - 583	-	90.00	Wednesday Night Winners Circle - 496	-	552.50
San Diego Doctors Step Study - 194	-	175.00	Weds Rule 62 Lunch Group - 687	96.00	423.00
San Diego Feeling Good	-	414.42	White Flag Outdoors - 2788	-	498.00
Santee Thursday Closed Mixed - 145	-	150.00	Wholesale Miracle - 2474	-	83.09
Sat Mens Early Awakening - 2209	175.00	725.00	Womans Let Go and Let God - 446	-	120.00
Sat Night Early Discussion - 336	-	842.51	Women In Harmony - 1807	-	265.00
Sat Night Live - 2173	-	120.00	Womens Attitude of Gratitude - 2751	-	246.92
Saturday A.M. Live - 782	-	183.60	Womens Sober Sunday - 731	-	153.00
Saturday Night Candlelight - 1914	-	40.00	Womens Step Study - 296	-	50.40
Saturday Night Fervor - 208	15.00	15.00	Womens Thursday Nite - 514	-	210.92
Saturday Night Live - 2192	-	33.60	Womens TLC - 2814	-	33.00
Scripps Ranch Men's Two - 2776	-	200.00	Womens Way To Recovery - 838	-	154.20
Serenity Seekers - 209	-	160.00			
Singleness of Purpose - 2882	-	470.00			
Sky Hi Womens - 1633	-	190.00			
Smokefree La Mesa Womens - 635	125.00	372.72			
So Bay New Womens - 2325	-	175.00			
Sober Camel Speakers Meeting - 2296	-	100.00			
Sober Minded Leather Folk - 1882	-	164.82			
Sober Nooners - 196	177.70	584.14			
Sober Roses Womens Step Study - 2946	-	20.00			
Sober Serenity Seekers - 887	-	378.90			
Sober Survivors - 2915	58.00	218.50			
Sobriety Party (Ramona)	25.00	45.00			
Sobriety Seekers Step Study - 342	-	40.00			
Sole Purpose Group - 1657	-	125.00			
Solutions Not Excuses - 2857	-	200.00			

Thank you for supporting your San Diego Intergroup Central Office in carrying the message to the suffering alcoholic.

Individual AA Members may also make Individual Contributions up to \$3,000 per year. (tax deductible)

**October Individual Contributions
Daniel Y., Robert H., Nick C., Connie J., Lisa O.
Thomas F., Anonymous**

2011 Holidays - Central Office Bookstore Closed		
HOLIDAY	DAY OF WEEK	DATE
Thanksgiving Day	Thursday	November 24 th
Christmas	Monday	December 26 th

BOOK OF THE MONTH

November: "As Bill Sees It" (hard copy) sale: \$7.00 reg. \$8.00

Revenue and Expense Summary October 2011	
Group Contributions	7,459.55
Individual Contributions	503.40
Literature & Interest	<u>1,470.40</u>
Total Revenue	9,433.35
Central Office Expenses	11,748.18
Committee Expenses	<u>247.60</u>
Total Expenses	11,995.78
October Net Revenue	(2,562.43)
2011 YTD Net Revenue	(8,646.31)



Adopt a Literature Rack!

Groups may provide information about AA by sponsoring a literature rack for display at high schools, hospitals, libraries, or churches...

Your AA Group makes a check payable to San Diego Central Office for \$20.00 and the Public Information Committee delivers the filled rack to the location and refills the racks when necessary. For more info: Terry L. 619-417-9717.

Current Participating Groups: North Park Mens, Scripps Ranch Mens Two, Womens Let Go and Let God, Downtown Discussion, Bonita Womens, Bonita Boozers, Area 8 District 16 and Ray R., Individual.

The San Diego AA Coordinator Newsletter is available to all AA members.

Sign-up for the Electronic Coordinator Newsletter email list. Email:

sdaaco@aol.com

Or call Central Office 619-265-8762 or group sign-up sheet.

(Please include name, contact #, and LEGIBLE email)

Hard copies will continue to be available at Central Office.

On our aasandiego.org website Electronic Forms Page AA San Diego Central
Please click any of the following links to find the following forms:

[San Diego Group & Meeting Changes](#)

[12 Step Volunteer](#) (phone, email)

[Public Information Speaker Request](#) (non AA function)

These documents are also now available on our aasandiego.org website in PDF format.

[Contributions Pie Chart Flyer with addresses](#) [Central Office Pamphlet](#) [Secretary Handbook](#) [Group Inventory](#)

[Secretary Meeting Log Sheet](#) [Suggested Open Meeting Format](#) [Suggested Closed Meeting Format](#) [AA Preamble](#)

[How It Works](#) [AA Twelve Traditions](#) [More About Alcoholism](#) [A Vision For You](#) [The Promises](#)

CENTRAL OFFICE

PHONE CALLS FOR **October 2011**

TOTAL CALLS FOR MONTH 1,900	Meeting Info	General Info	XII Step Calls
DAYTIME VOLUNTEERS From 9 am to 9 pm	1,312	291	23
NIGHT TIME VOLUNTEERS From 9 pm to 9 am	179	87	8

WEB SITE HITS: October = 10,817 Total 986,813

December 2011 AFTER-HOURS PHONE GROUPS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Mission Hills Late Night	Mt Soledad Mens	San Diego Young Peoples
4	5	6	7	8	9	10
Adams Ave Big Book	Over The Bridge	Dawn Patrol	Old Town Speakers	La Mesa Mens	Water Walkers Too	East Side Group
Early Risers (Coronado)						
11	12	13	14	15	16	17
La Mesa Women's Sat Morning	La Jolla Speakers	Mission Possible	Imperial Mens	Safe, Sane and Sober	Spiritual Awakening	Rule 62
P. B. Early Risers						
18	19	20	21	22	23	24
Dignity Unlimited	Morning Attitude Adjustment	Rainbow Group	Cedar St Mens	Southern Cal Speakers	Downtown Discussion	Imperial Beach Group
Pacific Beach Young Peoples						
25	26	27	28	29	30	31
Clairemont Mens	Drunks Only	Lemon Grove Easy Risers	North Park Mens	Harmony Group	Diamond Street Mens	Eye Opener
La Jolla Beginners						
If your Group wants to answer phones, Call: Connie at Central Office (619) 265-8762					Thank You, Night Time Phone Volunteers For Carrying The Message!	

December 2011

A.A. SERVICE EVENTS IN SAN DIEGO

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
<p>Every Sunday <u>Comite de Instituciones</u> Oficina Central Hispana 3628 University Ave 6:00 pm</p> <p>Every Sunday <u>Greater San Diego</u> <u>Young People's</u> Coffee Shop 3343 Adams Ave Normal Heights 1:00 pm</p>		<p>Every Tuesday <u>Information Publica</u> Oficina Central Hispana 3628 University Ave 7:00 pm</p>		<p><u>Archives Committee</u> 6:45 pm Varies</p> <p><u>District 9</u> ARC 298 E. Ross Ave El Centro 7pm</p> <p><u>District 12</u> Church Fireside Rm (alley) 4690 Palm Ave La Mesa 6:30 pm</p>	<p>Every Friday <u>Distrito 15</u> Oficina Central Hispana 3628 University Ave 6:30 pm</p> <p><u>District 7</u> Club 1944 30th St Golden Hill 6:30 pm</p>	
4	5	6	7	8	9	10
	<p><u>Public Information Committee</u> Central Office 6pm</p> <p><u>District 8</u> Office Bldg 755 Emory St Imperial Beach 8:00pm</p>	<p><u>Business Committee</u> Central Office 6:00 pm</p> <p><u>District 19</u> Center 3909 Centre St Hillcrest 6:00 pm</p>	<p><u>District 4</u> Church 7111 La Jolla Blvd La Jolla 6:30 pm</p>	<p><u>Coordinating Council Church</u> 2111 Camino Del Rio South Mission Valley 92108</p> <p><u>Orientation Committee</u> 6:00 pm</p> <p><u>New Coordinators</u> 6:30 pm</p> <p><u>Coordinator Outreach</u> 7 pm</p> <p><u>Council</u> 7:30 pm</p> <p><u>Area Agenda Committee</u> Central Office 7:00 pm</p>		
11	12	13	14	15	16	17
<p><u>Grapevine Committee</u> Varies 1:30 pm</p>	<p><u>Area Newsletter Committee</u> Keith's Restaurant 1-15 & Miramar Rd 6:30 pm</p> <p><u>Area Finance Committee</u> Central Office 6:30 pm</p> <p><u>District 6</u> Denny's Restaurant 901 Camino Del Rio S Mission Valley 6:30 pm</p>	<p><u>District 10</u> Church 490 Farragut Circle El Cajon 5:30 pm</p> <p><u>District 13</u> Club 9535 Kearny Villa Rd #104 Mira Mesa 7:00 pm</p>	<p><u>Collate</u> <u>The Coordinator Newsletter Party</u> Central Office 6:00 pm</p>	<p><u>Area Committee</u> Church 2650 Melbourne Dr Serra Mesa 7:00 pm</p> <p><u>H&I Committee Orientation</u> Central Office 7:00 pm</p>		
18	19	20	21	22	23	24
<p><u>H&I Committee</u> Union Hall 5150 Kearny Mesa Rd <u>Orientation</u> 12:15pm <u>Business Mtg</u> 1:15pm</p> <p><u>Program Committee</u> Central Office 6:30 pm</p>	<p><u>Area Literature Committee</u> Central Office 7:00 pm</p>	<p><u>Contact On Release Committee</u> Central Office 6:45 pm</p>		<p><u>Coordinator Newsletter Committee</u> Central Office 6:00 pm</p>		
25	26	27	28	29	30	31
<p><u>Christmas Day</u></p>	<p><u>Christmas Holiday Central Office</u> <u>Closed</u></p> <p><u>District 5</u> Church 5050 Milton St Clairemont 7:00 pm</p> <p><u>C.P.C. Committee</u> Central Office 6:30 pm</p> <p><u>District 11</u> Church 8350 Lake Murray Blvd San Carlos 6:30 pm</p>	<p><u>Accessibilities Committee</u> Central Office 7:00 pm</p>	<p><u>Area Computer Needs Committee</u> Denny's Restaurant 135 Encinitas Blvd, Encinitas 6:00 pm</p> <p><u>District 14</u> Church 1475 Catalina Blvd Point Loma 6:30 pm</p>			<p><u>New Years Eve Event</u> Scottish Rite Center 1895 Camino Del Rio So. Mission Valley 92108</p> <p><u>Speaker</u> 7:30 pm</p> <p><u>Dance</u> 9 pm - 12:15 am</p>

Things to Go and Places to Do

Third Weekenders Campout

WHERE: Santee Lakes
WHEN: December 9, 10, 11th, 2011
Wagon Masters:

ROOTS Meeting

WHERE: Church 8320 La Jolla Scenic Drive North,
La Jolla, CA
WHEN: Sunday, November 20th
1:00-3:00pm **Contact:**

25th Annual Grateful Meeting

WHERE: Church, 6554 Cowles Mountain, San Diego
WHEN: Thursday, November 24th, 10:00am
Contact: lafetch@yahoo.com

**Battery Chargers 11th Annual
Thanksgiving Alcathon**

WHERE: Church 8086 Broadway Lemon Grove 91945
WHEN: Thurs. November 24, 10 am-9pm
(Speaker meeting 7pm)
Contact:

New Year's Eve Dance & Speaker Meeting

WHERE: Scottish Rite, Camino Del Rio South
WHEN: Saturday, December 31, 2011
COST: \$22.00 per ticket
Contact:
NOTE: There is **NO** cost for Speaker Meeting

PLEASE NOTE!


As we members know there are many upcoming holiday events: alkathons, speaker meetings, dinners, etc.
As of our printing deadline we have yet to receive information on local events for December.
Please visit or call Central Office, 619-2658762, for flyers and further information!

*Have a Sober,
Safe, and
Joyous
Holiday Season!*

**Newsletter
Subscription**
**Have the San Diego
AA Coordinator delivered
for one year, only \$15.**

Name _____
Address _____
Mail to: CENTRAL OFFICE
7075-B MISSION GORGE ROAD
SAN DIEGO, CA 92120-2454

The "I AM RESPONSIBLE CLUB" is a reserve fund maintained by the Blood Banks for the use of members of Alcoholics Anonymous and their families in time of need. The strength and availability of this account is directly related to your support. If you need blood please contact Central Office at (619) 265-8762. If you give blood, be sure to credit the "I AM RESPONSIBLE CLUB" at the time of your donation.



The Purpose of Archives

by Joe C.

As a brief introduction to the San Diego Archive Committee and in an attempt to lead fellow A.A. historians in the right direction, we have used two sites available to all in our research and understanding of archives service. The following excerpts have been used from the archives pages of www.akronaa.org and www.aa.org.

Like any other A.A. service, the primary purpose of those involved in archival work is to carry the message of Alcoholics Anonymous. Archives service work is more than mere custodial activity; it is the means by which we collect, preserve, and share the rich and meaningful heritage of our Fellowship. It is by the collection and sharing of these important historical elements that our collective gratitude for Alcoholics Anonymous is deepened.

A.A. members have a responsibility to gather and care for the Fellowship's historical documents and memorabilia. Correspondence, records, minutes, reports, photographs, newspaper and magazine articles from the past and the present should be collected, preserved, and made available for the guidance and research of A.A. members and others (researchers, historians, and scholars from various disciplines)—for now and for generations to come.

There is both a need and an obligation to save the history of our Fellowship. The existing correspondence, records, photographs, newspaper and magazine articles must be collected and preserved for present and future generations.

We gratefully accept contributions from members of archival materials related to A.A.'s history, especially those having to do with the San Diego area. We do not engage in buying and selling of historical materials;

because our finances are limited and the trade in these materials among private collectors has driven the market prices up, we cannot justify spending A.A.'s limited funds to acquire materials for the Archives. The types of materials appropriate for donation to the Archives include:

- **San Diego area meeting schedules**
- **San Diego area group flyers**
- **Personal correspondence**
- **Audio tapes & records**
- **Photos, movies, & video tapes**
- **Big Books of San Diego area old timers**
- **Books that influenced our early founders**
- **Recovery pamphlets**
- **Newspaper & magazine articles about A.A.**
- **Publications & memorabilia from conferences and Internationals**

Furthermore, if you love A.A. history and you would like to volunteer your time to help at the San Diego A.A. archives, please e-mail us at Archives@area8aa.org. Whatever your back-ground or talents, you can be a valuable addition to our group and help us to carry the A.A. message.

Heard at Meetings

“Doing service is the most important thing in the world because it makes me feel really good.”

“Keep your head where your feet are.”

“Sleep in peace, God is awake.”

“Many alcoholics like to serve God, but only as advisers.”

“Fear and faith don't exist in the same space.”

“Our solution for loneliness is isolation.”

Service: The Core of A.A.
by Thomas K.

Very early in sobriety I was appointed the coffee cup/ashtray cleaner for my home group by my sponsor. Even though we say that this is a program of suggestions the answer I received from my sponsor was “You do want to stay sober, don’t you?” This was the start of a thirty-five-year journey in trying to help others. Service is a very broad and general term that encompasses as many areas as does “What do I want from a menu?” After completing the first half of the first step it was one arena in which I could begin immediately. By performing service it helped me with my sobriety and allowed me to continue in the program.

As we concentrate on being of service and giving back our egos begin to slowly deflate. We don’t think about ourselves and wanting to drink but become focused instead upon others. There are many areas in which we can serve yet only a small percentage of the fellowship participates in service. I’ve found that the people who are involved in service stay sober and are winners in my book. Listed below are some of the ways we can engage in service in AA.

Meetings We Attend: We can help by making coffee, setting up and taking down chairs and tables, cleaning up, holding out our hand to others and having a smile on our face, and sharing our experience. With some length of sobriety we can serve as a trusted servant of the group. This could include secretary, leader, treasurer, coordinator, and GSR.

Helping Others: Our co-founder Dr. Bob nicely summed up helping others: “I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons:

1. Sense of duty.
2. It is a pleasure.
3. Because in doing so I am paying my debt to the man who took time to pass it on to me.
4. Because every time I do it I take a little more insurance for myself against a possible slip.”

(Quoted from the Pamphlet P15 Questions & Answers on Sponsorship)

Central Office: The San Diego county office answers phones twenty-four hours a day, seven days a week. Taking a shift to help is very rewarding. It is yet another way to give back something that was freely given to us.

Phone Calls: Making a phone call to another alcoholic every day will go a long way to be of maximum service. Not only are you being of service to others, you will help yourself along the way. We have a saying that the telephone sometimes weighs 500 pounds. Lift it anyway and you’ll feel better that you did, as will the person on the other end of the call.

There are some people in the program who are afraid of being of service. They have heard about or experienced the politics of A.A. By not being a coordinator, GSR, or attending a business meeting they avoid something common to every organization. A.A. is not immune to inner conflict. It can cause resentment and create justifiable anger. We could get off the path of our road to recovery and go back to the bottle if we’re not careful. We can’t afford to let anything get in the way of our sobriety. Yet we can’t run away. We need to stand firm, give our opinion, and let the outcomes happen. It is a good lesson in checking our ego. We also become familiar with the workings of A.A. While our primary purpose is to stay sober there are other areas of A.A. that need to function. Even though we don’t agree we need always be there for the hand of A.A and be responsible. It pains me as a coordinator to know that only 5% of the groups are represented but I know that I’m one of the small percentages of people who represents my groups.

Where would we be today without this program? Is it asking too much to give some of our time like others did for us when we first came to the program? As members who are willing to serve we’re allowed the opportunity to be humble and do things for the right reasons. We can practice these steps in the program of A.A. by being of service. It is a free ticket to a new life that is beyond anything we can imagine.