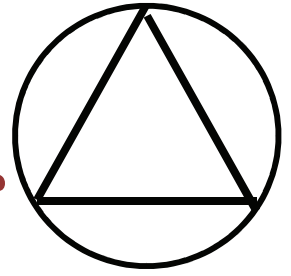


The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

*Tradition Five – Each group has but one primary purpose –
to carry its message to the alcoholic who still suffers.*

July 2013

VOL. XIII NO. 7

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"Carry the AA Message"

**Join the fun and
submit an article!**

Monthly Themes

AUGUST

God, as we understand Him

(due 6/16)

SEPTEMBER

The Employer

(due 7/21)

OCTOBER

Our Survival

(due 10/20)

Submit a 500 to 1,000 word story
to Newsletter Chair at:

sdaa.newsletter@gmail.com

For more information, see page 2

On Tradition Five

Editorial by Bill W.

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose -- that of carrying its message to the alcoholic who still suffers."

Says the old proverb, "Shoemaker, stick to thy last." Trite, yes. But very true for us of A.A. How well we need to heed the principle that it is better to do one thing supremely well than many things badly.

Because it has now become plain enough that only a recovered alcoholic can do much for a sick alcoholic, a tremendous responsibility has descended upon us all, an obligation so great that it amounts to a sacred trust. For to our kind, those who suffer alcoholism, recovery is a matter of life or death. So the society of Alcoholics Anonymous cannot, it dare not ever be diverted from its primary purpose.

Temptation to do otherwise will come aplenty. Seeing fine works afoot in the field of alcohol, we shall be sorely tempted to loan out the name and credit of Alcoholics Anonymous to them; as a movement we shall be beset to finance and endorse other causes. Should our present success continue, people will commence to assert that A.A. is a brand new way of life, maybe a new religion, capable of saving the world. We shall be told it is our bounden duty to show modern society how it ought to live.

Oh, how very attractive these projects and ideas can be! How flattering to imagine that we might be chosen to demonstrate that olden mystic promise: "The first shall be last and the last shall be first." Fantastic, you say. Yet some of our well-wishers have begun to say such things.

Fortunately most of us are convinced that these are perilous speculations, alluring ingredients of that new heady wine we are now being offered, each bottle marked "Success"!

Of this subtle vintage may we never drink too deeply. May we never forget that we live by the Grace of God -- on borrowed time; that anonymity is better than acclaim; that for us as movement poverty is better than wealth.

And may we reflect with ever deepening conviction that we shall never be at our best except when we hew only to the primary spiritual aim of A.A. -- "That of carrying its message to the alcoholic who still suffers alcoholism."

Reprinted with permission from A.A. Grapevine, April, 1948

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OFFICE & BOOKSTORE

Mon-Sat 9am-5pm

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Administrative Assistant: Kathy M.

The San Diego "AA Coordinator" is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsements by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted.

Contributions from A.A. members are welcome and will be printed as space allows and as they are relevant to the upcoming topic(s) (*see page 1, bottom left*).

Submissions may be emailed to the newsletter chair at SDAA.newsletter@gmail.com. They may also be typed or neatly handwritten and mailed to Central Office or delivered in person to the committee before the fourth Thursday of the month at 6PM, Central Office. Submissions must include contact information and a name (your name and last initials only). The editors reserve the right to edit contents for length, clarity, and their relation to the Twelve Traditions of Alcoholics Anonymous. An effort will be made to contact the author regarding content changes.

Phone Volunteers, 12th Step Calls, meeting information, group and individual contributions, book and literature sales, Coordinating Council and Intergroup Information can be obtained at the Central Office. For Committee specific information contact the following Committee Chairs:

Coordinating Council Officers:

Council Chair	Jerry C.
Council Assistant	Nikki F.
After Hours Phones	Ruben S.
Business Committee	Steve E.
New Coordinators	Winona S.
Outreach Committee	Jennifer
Program Committee	Nicki V.
Public Info Committee	Jim M.
Newsletter/Coordinator	Carolyn F.

Area Officers:

Delegate	Tom M.
Alternate Delegate	Dean B.
Area Chair	Jane G.
Archives	Linda R.
H & I Director	Debbie A.
Young People's Committee	TBD

Contributors: Carolyn F., Michael, Chris, Suzanne, Bill W., Bob S.

July Theme: **Our Primary Purpose**

Collate: Wed., July 17, 2013

5:30 pm, at Central Office

All are welcome.

Committee Meeting: **Wed. July 17 right after**

the Collate @ Central Office

VIEW FROM THE CHAIR

This month we discuss our **Primary Purpose**. I started this discussion with some words from our founder, Bill W.

I always need to remember our Primary Purpose is key to keeping ourselves sober so we can help another alcoholic. Sometimes I can forget. I may think my primary purpose is finishing a project on time or packing for my vacation. No. My projects and vacations are impossible if I'm not sober. I stay sober when I carry the message.

The Newsletter Committee continues to need committee members to write articles, paste the newsletter together and to fold and collate the newsletter once a month. We also need articles from the AA population at large! If you have something to say, write it down and email it to the newsletter committee at sdaa.newsletter@gmail.com.

We have professional writers and editors on staff and **we can make you look good in print.**

I welcome your input and constructive criticism. Till next month when we again meet between the covers.

Thank you for allowing me to serve,
Carolyn F.



HELP WANTED

Immediate Openings

The Coordinator Newsletter Committee has immediate openings on the committee for writers, copy editors, artists, and creative people. No experience necessary. All that is required is a computer with Internet and word processing software, and a desire to serve.

sdaa.newsletter@gmail.com

The Twelve Steps: Quickly or Slowly?

By Bob S. Richmond, IN

Early in my AA quest for sobriety, I was confronted by two opposing notions:

- Take your time doing the Twelve-Steps; you will know when you are ready.
- When do you do the steps? When do you want to get well?

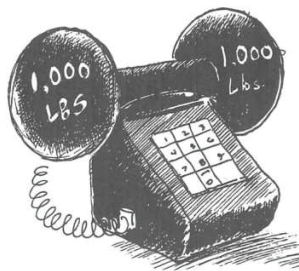
I chose the slower variety because, after all, I had drunk for many years and I didn't expect to get well anytime soon. I was happily amazed as how my brand-new sober life had become, as they say, *happy and joyous and free*. I was successfully surviving on the friendly and colorful southern California fellowship, along with the first three Steps. What? Me hurry? But alas, several months later the *free* part waxed debatable: I marched right into a bar and almost ordered a Gin & Tonic! Thank God I didn't, but so terrified was I that I had a Big Book thumper guy, Carl, to help me with the 12-step process right away. This was done quickly, in two sittings. God has not allowed me to drink since. Carl was thirteen years sober then, and has recently experienced his fifty-first annual celebration of love and service out in the San Fernando Valley.

I believe Dr. Bob realized the importance of emerging into the step process, el pronto. I like to read on page 263 how he took Earl T. through the six-step process, as it was at that time, (1937) in three or four hours. Earl became a co-founder of Chicago AA a few years later. Dr. Bob also sponsored Clarence S., who also used a speedy 12-Step method when he founded Cleveland AA in May of 1939. There were then only thirteen members, but by 1941 their membership had grown to several hundred.* Such rapid growth makes evident that those Cleveland member's Twelve-Step method was fast and furious. Well, maybe not furious.

I try to help **fully sober** sponsees immerse themselves into the Twelve-Step process in two or three sittings. I explain the essentials of Steps One and Two then go through the Third Step prayer sentence-by-sentence before praying it verbatim. Then I send the person home suggesting a method of 'automatic' writing where one asks God to reveal their selfishness, dishonesty, resentment and irrational fear and list them on paper as they crop up. This is done spontaneously, without thinking. Additions via memory may be added later. On the next visit we actually follow the Big Book directions on Step Four; then, Steps Five, Six and Seven follow directly thereafter. Of course, the Eighth Step list is finished and it is now time to start making amends which should continue while living in the spirit of Steps Ten, Eleven and Twelve. These vital steps may be explained the next day. This method, like Dr. Bob's technique, is done in just three or four hours.

So, as you can see, I am a convert to: "**When do you do the steps? When do you want to get well?**"

However, I have many AA friends who took much longer going through their initial Twelve-Step process and they have also remained sober, happy, joyous and free.



CRITICAL and URGENT NEED!

Emergency back-up volunteers to answer daytime and after-hour phones! New groups needed for after-hours phones waiting list!

Call
AA Central at 619-265-8762
call forwarding is available

In Memory of:

Georgie Sob. 11-3-89

A.A. Birthdays!

Many A.A. members celebrate their birthday by sending a donation of one or two dollars for each year of sobriety to Central Office. If you would like to carry on this tradition, please fill out the form below.

Happy Birthday to All!

Jack L. 6/9/74 39 years

Birthday Gratitude

Name _____

City/Home Group _____

Sobriety Date _____

Amt. Enclosed _____

Please mail to:

**San Diego Central Office
7075-B Mission Gorge Rd
San Diego, CA 92120-2454**

All birthdays submitted will be published the month following submission. Please contact the newsletter chair if a birthday has not been published for two months following submission.

Group and Meeting Changes

****RELOCATED****

Women Attitude-Gratitude Codes: C W

Church 8824 Cottonwood Ave
Wed @ 6:30 pm Santee
(was 9368 Oakbourne Rd (Rm 7))

****TIME CHANGE****

Video Book Study Code: +

Office Bldg (Ste 208) 4080 Centre St
Tue @ 6 pm Hillcrest
(was 6:30 pm)

Pass It On Code: C

Residence 6333 Rancho Mission Rd
Wed @ 10:30 am Grantville
(was 12 noon)

****CODE CHANGE****

Southern Cal Speakers Code: *

Church 6301 Birchwood St
Sat @ 7:30 pm Allied Gardens
(was Codes: BS *)

****CANCELED****

Monday Meditation Code: *

Office Bldg (Ste A) 10340 Camino Santa Fe
Mon @ 12 noon Sorrento Valley

Step By Step Codes: W BS CF

Church 3990 Bonita Rd & Willow St
Wed @ 10:00 am Bonita

Clairemont Speakers Code: *

Store 4736 Clairemont Mesa Blvd
Fri @ 8 pm Clairemont

Coordinating Council Attendance

The following **44** groups attended June Coordinating Council
There are **760** registered groups in San Diego
WAS YOUR GROUP THERE?

NEXT COUNCIL MEETING IS: THURSDAY, July 11, 2013

**THANK YOU FOR YOUR SERVICE TO
ALCOHOLICS ANONYMOUS OF SAN DIEGO**

11th Step Journey
3rd Eye Women Meditate
AA By The Bay
Allied Gardens Step Study
Battery Chargers
Casa De Oro Tradition Five
Clairemont Mens
Clairemont Womens
Daily Reflections
Drunks Only
Free at Last
Fresh Start Beginners
Friday Night Irregulars
Friday Nite Weeks End
God Squad Too
Golden Hill Sun Discussion
Harmony Group
I.B. Up
Jump Start
La Mesa Beginners
La Mesa Mens
La Mesa Mixed

La Mesa Step Study Workshop
Lake Murray Womens
Little Apple Group
Midway Bridge
Mira Mesa Friday Night
Mission Hills Beginners
North Park Mens
Old Town Speakers
Over The Bridge
Pacific Beach Young Peoples
Point Loma Mens
Porter Hall Structured Step Study
Scripps Ranch Mens Two
Smokefree La Mesa Womens
Sober Nooners
Sobriety on State and Date
The Other Meeting
The We Group
Tues Night Mens Step Study
Two Bit Speakers
War Fever
Weekending Step Study

GRATEFUL FOR WHAT I HAVE

During this process of learning more about humility, the most profound result of all was the change in our attitude toward God.

Reprinted with permission from A.A.W.S, Twelve Steps and Twelve Traditions, p. 75

Today my prayers consist mostly of saying thank you to my Higher Power for my sobriety and for the wonder of God's abundance, but I need to ask also for help and the power to carry out His will for me. I no longer need God each minute to rescue me from the situations I get myself into by not doing His will. Now my gratitude seems to be directly linked to humility. As long as I have the humility to be gratefully for what I have, God continues to provide for me.

Reprinted with permission from A.A.W.S, Daily Reflections, July 18

"THE GOOD AND THE BAD"

"My creator, I am now willing that you should have all of me, good and bad.
Reprinted with permission from A.A.W.S, Alcoholics Anonymous, p. 76

Giving Back

He has struck something better than gold... He may not see at once that he has barely scratched a limitless lode which will pay dividends only if he mines it for the rest of his life and insists on giving away the entire product.

Reprinted with permission from A.A.W.S, Alcoholics Anonymous, p. 129

My part of the Seventh Tradition means so much more than just giving money to pay for the coffee. It means being accepted for myself by belonging to a group. For the first time I can be responsible, because I have a choice. I can learn the principles of working out problems in my daily life by getting involved in the "business" of A.A. By being self-supporting, I can give back to A.A. what A.A. gave to me! Giving back to A.A. not only ensures my own sobriety, but allows me to buy insurance that A.A. will be here for my grandchildren.

Reprinted with permission from A.A.W.S, Daily Reflections, July 30

Thank You,
Day Time Phone Volunteers
For Carrying The Message!

Minutes of the Coordinating Council
Thursday, June 13, 2013

Jerry C. – Council Chair called the 816th meeting to order at 7:30 pm. Twelve Traditions read by Jo C. Council Definition and Purpose read by Kalia. There were 2 new Coordinators, and 8 birthdays. 7th Tradition was \$61.25

Roll Call: Nikki F., Assistant Council Chair reported 44 groups were represented out of 88 registered Coordinators. There was a quorum (41). It was m/s/c to approve May 2013 Council Minutes.

Area Assembly: No Report Given.

H & I Representative: Diana A. shared the purpose of H & I (to maintain AA meetings in facilities where people are confined and to bring AA General Service Conference approved literature into those institutions).

We currently have 400 panels. We have more requests to bring a meeting in than we have volunteers, so we are always looking for new members. Individuals or groups may adopt a meeting. We have two Orientation Meetings each month: 3rd Sunday @ 12:00 pm at Hall 5150 Kearney Mesa Rd 92111 and 3rd Thursday @ 7 pm at Central Office 7075-B Mission Gorge Rd 92120. Contact on Release's purpose is to introduce alcoholics being released from confined facilities to AA in San Diego. When notified of a release in San Diego County, volunteers contact the individual to take them to their first few meetings.

AFTER HOURS PHONES: *Have an urgent need for three new committee members so that we are able to maintain our phones being answered.*

BUSINESS COMMITTEE: Steve E., Chair reported Committee met on Tuesday, 6/11/13 at 6:00 pm. Present: Steve E., Kate C., Andrea K., Norm S., Gary U., Jerry C., Council Chair, Nikki F., Asst Council Chair and Connie J., Central Office Manager. Absent Unexcused: Tim B.

There was a quorum.

M/s/c to approve May 2013 Minutes.

M/s/c to approve May 2013 Financials.

Financial Statements' Summary:

Our May 2013 Net Loss is \$3,240. Our 2013 YTD Net Loss is \$2,306. Group and Individual Contributions were \$7,483. Literature Sales Revenue and CD Bank Interest was \$1,961, while total office and committee expenses were \$12,684.

- a) Thank you for supporting your Central Office in carrying the message to the suffering alcoholic.

Manager's Report

1. **June's Book of the Month: *Living Sober* sale: \$3.75 reg. \$4.25**
2. **July's Book of the Month: *Came to Believe* sale: \$3.75 reg. \$4.25**
3. **Daytime phone shifts available: NEED**
 - a. Thursdays 1 pm – 5 pm
 - b. Always have a need for fill-ins.
4. **Central Office now has Wi-Fi for phone volunteers.**
5. **Group Secretaries/Treasurers:** please include email address with group contributions, so we may send a receipt. As a result of this process we have reduced our expenses.
6. **Coordinator Newsletter:** sign up for a **FREE** subscription electronically by email. Send an email to sdaaco@aol.com or call 619-265-8762.

Committee Member reports:

1. Steve E. - Chair kept abreast of office activities during the month
2. Nikki F. – distributed call Coordinator lists.
3. Kate C. – Signed checks and reviewed monthly financial reconciliations.

Old Business: There was none.

New Business:

1. Semi-annual literature inventory on Saturday, June 29th @ 9 am.
2. Elected Andrea K. as secretary.

Continued on page 6.

Continued from page 5.

COORDINATOR NEWSLETTER Mike K. thanked Michael, Chris, Suzanne and Amie for outstanding job with newsletter. Thank you to all of the stories received for inclusion in our newsletter.

August's Theme: "God, As We Understand Him" Submissions of 500-1000 words welcome. Send to sdaa.newsletter@gmail.com or mail to Central Office at 7075-B Mission Gorge Rd San Diego, CA 92120.

Come join in the fun. Committee NEEDS HELP each month to collate your Coordinator Newsletter. Approximate 1 hour of service.

COORDINATOR OUTREACH Ginger, member expressed the importance in encouraging other groups to have an Intergroup Coordinator so that they may participate in the group conscience of AA in San Diego. Invited Coordinators to invite other groups they attend without a Coordinator to come participate.

ORIENTATION & GUIDELINES Kathi M. reported committee met tonight at 6:30 pm. Present: Kathi, John and Blaine.

Excused: Winona

There were 3 new Coordinators and 1 visitor.

1. Read traditions 3 & 4 and History of AA in San Diego. Explained quorum. Discussed duties of the Coordinator and orientation packets and questions.

PROGRAM COMMITTEE: Nicki V. thanked the committee members, Donna, Mark, Terry, Dan and John who were of service to the Founders Day Picnic on June 8th.

1. Researching locations for possible pancake breakfast for Anniversary of AA in November.
2. New Year's Eve –planning stages.

PUBLIC INFORMATION COMMITTEE: Jim M., Chair reported committee met on Monday, 6/3/13. Present: 7 members and Jaime, Spanish District 15 Public Info.

1. May 20th – Presentation given.
2. May 27th – Presentation to Seniors.
3. Discussed young people's posters at schools.

4. Discussed other venues for PI Racks and refilling racks.
5. Del Mar Fair Booth is currently happening.
6. "Stand Down" for veterans is coming up in July. Need to know by June 25th if you are interested in participating.

OLD BUSINESS: There was none.

NEW BUSINESS:

1. **June Elections:** All elected unanimously to serve.

After-Hours Phone Committee:

Charlie N. (11-18-08)

NEED 2 MORE MEMBERS TO MAINTAIN OUR AFTER-HOURS PHONE LINES.

Business Committee:

Kate C. (sob 8-2-94) and Norm (sob 1978) were elected to serve 2nd term.

Coordinator Newsletter: Need 3 members.

Orientation Committee: Need 2 members.

Outreach Committee:

Diana A. (sob 7/6/83) and

Mark T. (sob 6/10/96)

Program Committee: Need 4 members.

Thank you to everyone who volunteered to be of service to Alcoholics Anonymous.

2. Gilbert V., Sober Nooners Group Coordinator motioned that the Public Information Committee lists in the Coordinator Newsletter the groups that sponsor a public information rack. There was discussion and after many questions, it was m/s/c to table the motion.

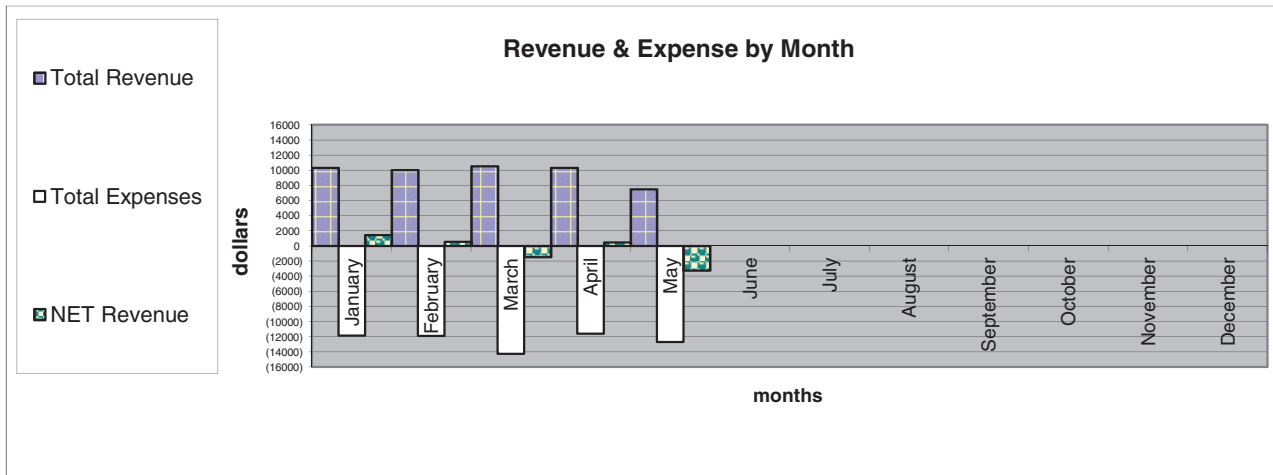
Respectfully submitted,

Connie J.

Recording Secretary

San Diego Intergroup, Inc.
Alcoholics Anonymous of San Diego
Statement of Revenue and Expense
As of May 31, 2013

	May 13	May '12	YTD '13	YTD '12	\$ Change	Budget '13
Ordinary Revenue/Expense						
Revenue						
Contributions Group	6,236.11	10,121.32	43,408.92	46,248.57	(2,839.65)	115,562.00
Contributions Individual	1,247.80	1,351.22	4,103.23	6,936.78	(2,833.55)	8,844.00
Contributions SDIAA	-	-	1,100.00	1,110.00	(10.00)	1,110.00
Interest - Cert of Deposits	18.10	27.20	97.50	132.89	(35.39)	300.00
Total Revenue	7,502.01	11,499.74	48,709.65	54,428.24	(5,718.59)	125,816.00
Expense						
Accounting & Legal	400.00	400.00	2,360.00	2,360.00	-	2,540.00
Auto/Travel/Seminar	17.75	22.30	105.25	169.55	(64.30)	1,300.00
Bank Service Charges	2.00	2.00	10.00	10.00	-	125.00
Cash (Over) Short	(6.95)	(0.40)	26.40	(17.36)	43.76	(50.00)
Equipment Maint & Repair	51.40	35.27	283.06	176.35	106.71	500.00
Equipment Purchase	-	-	45.00	233.19	(188.19)	500.00
Insurance	66.00	66.00	330.00	330.00	-	1,100.00
Office Maint. & Repairs	-	199.00	24.79	270.11	(245.32)	500.00
Office Supplies	403.86	366.19	1,231.35	1,131.85	99.50	3,500.00
Rent	1,800.00	1,748.00	8,792.00	8,536.00	256.00	21,392.00
Taxes	60.00	62.15	60.00	125.25	(65.25)	80.00
Telephone	200.81	214.62	989.48	1,041.95	(52.47)	2,100.00
Utilities-Electricity	184.03	217.82	1,251.82	1,229.93	21.89	3,600.00
Website	20.00	35.90	159.60	157.60	2.00	500.00
EMPLOYEES						
Accrued Payroll Taxes	577.88	548.22	3,200.77	3,134.27	66.50	7,325.00
Employee Wages	7,508.20	7,130.86	35,656.65	34,714.30	942.35	86,314.00
Employee 403B Contribution	187.14	187.14	935.70	935.70	-	2,100.00
Employee Health Benefit	906.32	765.66	4,479.94	3,879.64	600.30	10,380.00
Insurance-Worker's Comp	50.00	50.00	260.00	250.00	10.00	475.00
Total Expense	12,428.44	12,050.73	60,201.81	58,668.33	1,533.48	144,281.00
Net Ordinary Revenue	(4,926.43)	(550.99)	(11,492.16)	(4,240.09)	(7,252.07)	(18,465.00)
Other Revenue/Expense						
Literature Revenue/Expense						
Sales (see schedule)	1,943.98	2,603.59	11,289.42	11,378.71	(89.29)	25,650.00
	1,943.98	2,603.59	11,289.42	11,378.71	(89.29)	25,650.00
Standing Committees Expense						
Committee (see schedule)	256.61	397.02	2,102.10	1,634.43	467.67	7,185.00
Total Other Expense	256.61	397.02	2,102.10	1,634.43	467.67	7,185.00
Net Other Revenue	1,687.37	2,206.57	9,187.32	9,744.28	(556.96)	18,465.00
Net Revenue	(3,239.06)	1,655.58	(2,304.84)	5,504.19	(7,809.03)	-



Contributions May 2013

Group	May-13	Ytd 13	Group	May-13	Ytd 13
12 x 12 and BB - 2839	100.00	100.00	Emotional Sobriety - 2536	-	110.00
3rd Eye Womens Meditate - 2948	70.00	70.00	Evening Serenity - 2305	-	200.00
4077 Mash Step 11 Meditate&Share-2027	-	50.00	Eye Opener Group - 607	-	666.56
A Sense of Belongng Womens - 1205	-	269.54	Faculty Group - 1645	-	150.00
A Womens Meeting - 1717	362.50	362.50	First Mira Mens - 300	180.00	180.00
AA By The Bay - 629	175.71	310.73	Free At Last - 2888	-	50.00
AA Comes Of Age Big Book - 2800	-	87.94	Free on Friday - 760	300.00	300.00
Accepance is the Answer - 2974	-	80.00	Free Thinkers - 2824	-	62.37
Adams Avenue Big Book Study - 1892	-	150.00	Fresh Start Begnners - 2609	-	430.50
Alpine Mixed Step Study - 2621	-	50.00	Fri Noon Living Sober - 2767	15.00	33.75
As Bill Sees It - 1788	-	50.00	Friday Happy Hour - 2821	-	100.00
At Home Mens - 215	-	29.67	Friday Morning Womens - 104	-	144.60
At One With Each Other - 789	-	250.00	Friday Night Gratitude - 2829	-	100.00
B.Y.O.B. (North Park) - 203	60.00	170.00	Friday Night Irregulars - 2889	-	80.03
Back to Basics - 1026	-	1,000.00	Friday Nite Weeks End - 1856	-	100.00
Back to Basics For Women- 1675	-	57.00	Garnet Group - 1129	-	140.00
Bay Park Step Study Group - 299	-	60.00	Gifts of Grace Womans - 2564	-	50.00
Back to Basics Step Study - 1938	-	50.00	Gilman Group - Fri - 1988	-	189.83
Battery Chargers - 98	-	250.00	God Squad Too - 2809	-	120.00
Bayside Big Book Study - 1610	-	185.00	God Squad 2 Prayer&Meditation-2892	-	34.48
Beach Area Beginners - 272	125.00	125.00	Golden Hill Sun Discussion - 1706	-	135.00
Beautiful Beginnings - 552	-	25.00	Good News Bad News - 2833	-	80.00
Beginners Steps To Sobriety - 1007	-	35.00	Good Fortune Hui Group - 491	-	280.00
Big Book & 12 x 12 Study - 100	-	50.00	Good Morning AA - 1888	-	35.72
Bonita Boozers - 2179	-	100.00	Grape Street Sunrise - 1293	-	60.00
Breakfast of Champions - 2818	-	500.00	Great Fact Group - 895	-	120.00
Butts Out - 1764	-	80.00	Hand & Hand Closed Steps - 2854	-	25.00
Carrying the Message - 2458	-	100.00	Happy, Joyous & Free - 363	-	125.00
Casa De Oro Tradition Five - 503	246.40	246.40	Harmony Group - 585	-	223.14
Casa De Oro Weds Nite - 2049	-	120.00	His Majesty the Baby - 2427	-	200.25
Cedar Street Mens - 1698	-	450.00	HOW @ Noon - 2998	-	20.00
Chapter 5 - 2960	-	100.00	How It Is Now Speakers - 390	-	64.00
Chula Vista 4 Min Speakers - 1568	150.00	150.00	Hwy 80 AA - 2722	-	75.00
Chula Vista Friday Night - 837	140.00	140.00	I.B. Up - 2565	-	200.00
Citizens Again - 2658	-	90.00	Imperial Group - 1013	-	40.00
Clairemont Daytime Step Study - 427	-	71.18	Imperial Mens Group - 869	-	15.00
Clairemont Discussion - 314	30.00	100.00	International Group - 23	-	23.55
Clairemont Mens - 301	-	292.80	Judges Big Book - 2736	10.00	10.00
Clairemont Mesa Step Study - 1997	-	65.00	Jump Start - 2174	-	440.00
Clairemont Mixed Discussion - 338	-	135.00	Kearny Mesa-Clairemont Fri Night - 375	-	100.00
Clairemont Womens - 340	-	128.35	Kelton Ave Big Book Study - 2410	-	100.00
Clairemont Womens Step Study - 341	-	248.46	La Jolla Basic B/B Study - 2154	20.00	40.00
Class Acts - 1845	-	240.00	La Jolla Monday Womens - 87	-	200.00
Coffee Clutchers - 2332	-	40.00	La Jolla Nonsmokers Disc - 88	-	450.00
Come Get Recovery - 2630	40.00	120.00	La Jolla Sunrise - 2684	150.00	250.00
Conscious Contact Study - 2282	-	20.00	La Mesa Mixed - 2136	-	10.00
Coronado Cays Womens Steps -2995	-	75.00	Lake Morena Sink or Swim - 2830	-	200.00
Coronado Nooners - 497	-	200.00	Lake Murray Lunch Bunch -2701	-	153.73
Coronado Step Study - 1523	50.00	50.00	Lincoln Ave Speakers/Discussion - 2914	-	10.00
Coronado Sunday Noon - 1830	-	150.00	Little Apple Group - 1438	-	210.00
Courage to Change - 2679	-	50.00	Living Free - 477	-	1,150.00
Cups - 2938	200.00	350.00	Lost & Found - 2907	-	20.00
D.D.G.T.M. - 767	-	145.80	Love and Truth 12 x 12 - 1617	-	18.00
Dawn Patrol - 263	193.60	678.78	Lunchtime Friends - 964	-	104.80
Designs For Living - 488	-	179.00	Lushes Lunch - 2641	224.40	455.40
Dignity Unlimited - 205	-	343.46	Men and Womens Monday Night - 95	120.00	240.00
Doctors and Lawyers Group - 391	-	46.50	Mens Step Study (CV) 965	-	50.00
Drunks Only - 1605	-	779.76	Mid-Week Mens - 560	-	124.15
Early Morning Recovery - 2688	-	630.00	Midnight Howlers - 1025	100.00	600.00
Early Risers (Coronado) 1525	-	50.00	Midway Bridge - 2171	-	146.00
East County Young People-2797	-	23.73	Mira Mesa 12 Step Study - 377	-	12.00
East Side Group - 101	165.00	165.00	Mira Mesa Early Risers - 967	-	60.00
Eastlake Greens 10 on 10 - 2950	-	150.00	Mira Mesa Monday Noon Mixed - 542	-	40.00
Eastlake Greens Attititude Adjust-2691	-	434.31	Mission Hills Beginners - 1612	50.00	150.00
Eastlake New Beginnings B/B S/S - 2673	-	100.00	Mission Hills Lunch Bunch - 2675	-	300.00
Easy Does It Riders - 21	-	162.00	Monday At A Time - 2875	-	270.00
Easy Does It Speakers - 114	-	50.00	Monday Mens Gut Level Group - 677	-	100.00
Easy Risers - 854	-	100.00	Monday Nite Live - 643	100.00	100.00
El Cajon Daytime - 52	-	250.00	Morning Attitude Adjustment - 768	-	500.00
El Cajon Womens Serenity - 77	-	164.24	Mountain Steps - 2822	-	75.00

Contributions May 2013

Group	May-13	Ytd 13	Group	May-13	Ytd 13
Mt Soledad Mens - 717	-	1,542.00	There Is A Solution - 2975	-	25.00
National City Maintenance - 136	-	90.00	Thursday Promises Promises - 749	-	100.00
Noon At The Grove - 628	100.00	310.00	Tierrasanta Big Book Study - 1790	30.00	80.00
Nooners Anonymous - 1164	255.00	255.00	Tierrasanta Friday Night - 2645	-	100.00
North Clairemont Sat Nooners - 2572	-	50.00	Tierrasanta Morning Serenity - 2811	-	130.00
Not Alone Speakers Group - 1652	25.00	50.00	Top of the Hill - 41	50.00	100.00
O B Sunday Candlelite - 2168	-	65.33	Torrey Pines Thurs Nite Disc - 365	-	25.00
O B Womens Step Study - 2730	-	50.00	Tri-Serenity - 836	-	22.00
Old Timers Group - 2037	-	100.00	Tues Morning Breakfast Special - 2761	-	125.00
One Moment At A Time - 2942	-	100.00	Tuesday Morning Alpine - 440	-	90.00
One Step At A Time-Mission Bay - 1664	153.60	153.60	Tuesday Night Mens - 56	-	50.00
Original Tues Night Step Study - 2124	-	50.00	Two A's Over Easy - 2106	-	100.00
Over 50 - 840	-	116.33	University City Disc - 368	-	65.00
Over The Bridge - 2689	75.80	192.26	University City Womens - 369	-	200.00
Pacific Beach Weekend Warmup - 725	-	171.00	Wake Up Call - 1932	-	50.00
Pass It On Big Book Study Group - 2860	-	373.50	War Fever - 880	-	100.00
Penasquitos 12 x 12 - 2759	-	15.00	Warm and Friendly - 42	-	175.00
Penasquitos Discussion 871	25.00	25.00	Water Walkers - 5	-	120.00
Poinsettia Group - 2210	-	300.00	Water Walkers Too - 1946	-	134.72
Point Loma AA Discussion - 242	-	40.00	Way Up and Out - 415	-	90.00
Point Loma Mens - 245	50.00	50.00	We've Come A Long Way -1616	-	75.00
Point Loma Nooners - 1606	-	200.00	We Agnostics - 2096	50.00	145.50
Point Loma Saturday Morning - 1240	-	45.00	Wednesday Discussion Group - 2431	-	106.50
Practical Solutions - 2398	-	240.00	Wednesday Night Closed Topic - 165	-	50.00
Progress Rather Than Perfection - 2682	-	162.50	Weds Rule 62 Lunch Group - 687	-	174.60
Pt Loma Fri Afternoon Step Study-244	-	390.00	White Flag Outdoors - 2788	-	355.00
Radical Acceptance Meeting - 2961	-	333.00	Wholesale Miracle - 2474	-	100.00
Ramona Way of Life - 2772	-	20.00	Womans Let Go and Let God - 446	-	50.00
Resentment and A Coffee Pot - 2561	150.00	202.42	Women in Harmony - 1807	-	75.86
Right Turn Group - 1900	-	90.00	Womens Sober Sunday - 731	-	140.42
Rise & Shine - 2170	138.00	685.00	Womens TLC - 2814	-	75.00
Rocket Riders - 1730	200.00	200.00			
Rule 62 Group - 927	-	100.00			
San Carlos Single Purpose - 583	-	120.00			
Santee Mens Group - 2972	82.35	167.85			
Santee Thursday Closed Mixed - 145	-	80.00			
Sat Mens Early Awakening - 2209	248.75	248.75			
Sat Night Early Discussion - 336	-	195.00			
Sat Open Discussion - 322	-	200.00			
Saturday Night Candlelight - 1914	40.00	80.00			
Saturday Nite Live - 2192	-	75.00			
Scripps Ranch Men's Two - 2776	-	80.00			
Searching and Fearless - 308	-	200.00			
Serenity Seekers - 209	-	23.00			
Show Me How To Live - 2764	20.75	20.75			
Sky Hi Womens - 1633	-	120.00			
Smokefree La Mesa Womens - 635	-	309.91			
So Bay New Womens - 2325	-	100.00			
Sober Nooners - 196	-	327.12			
Sober Minded Leather Folk - 1882	163.00	163.00			
Sober On Sat Book Study - 2193	-	50.00			
Sober Roses Womens Step Study-2946	20.00	20.00			
Sober Serenity Seekers - 887	-	85.58			
Sole Purpose Group - 1657	-	350.00			
Solutions Not Excuses - 2857	-	100.00			
Southern Cal Speakers - 2779	200.00	400.00			
Spiritual Awakening - 2275	420.00	1,810.00			
Step Sisters - Residence	-	111.00			
Straight Shooters - 198	-	75.37			
Sunday Beach Sun-Day - 568	-	382.00			
Sunday Kind of Love - 429	-	230.00			
Sunday Morning Sunshine - 407	-	35.60			
Sunday Night Discussion - 212	-	30.00			
Sunday Serenity - 47	-	100.00			
Sunrise Promises - 2166	100.00	100.00			
The 1st 164 - 2760	62.25	62.25			
The Campus Meeting - 2911	60.00	60.00			
The Joy Of Living Group - 2636	-	303.00			
The Video Book Study Group - 2839	-	14.95			
The We Group - 2739	-	112.24			

Thank you for supporting your San Diego Intergroup Central Office in carrying the message of Alcoholics Anonymous.

Each day that your Group participates in the work of our local AA services, whether through those who "contribute their time" or Group Contributions, Faithful Fivers Contributions, Individual Contributions, Sobriety Birthday Contributions, something wonderful happens in AA. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your group's contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your AA Group devotes into carrying the message of hope to the still suffering alcoholic.

Thank you to all of the AA members for their individual contributions. Some choose to contribute \$1 or \$2 on their sobriety birthdays for each sober year or Faithful Fivers Individual Contributions. Individual AA members may contribute to Central Office up to * \$3000 per year. *AA Self Support Pamphlet, pg 9 (tax deductible)

CENTRAL OFFICE NOTES

2013 Holidays – Central Office Bookstore closed		
HOLIDAY	DAY OF WEEK	DATE
July 4 th	Thursday	July 4 th
Labor Day	Monday	September 2 nd
Veterans Day	Monday	November 11 th
Thanksgiving	Thursday	November 28 th
Christmas	Wednesday	December 25 th

BOOK OF THE MONTH

June: *Living Sober* on sale: \$3.75

July: *Came to Believe* on sale: \$3.75

May 2013 Financial Summary

Group Contributions		6,236.11	
Individual Contributions		1,247.80	
SDIAA Contributions		0.00	
Literature & Interest		1,962.08	
Total Revenue		9,445.99	
Central Office Expenses		-12,428.44	
Committee Expenses		-256.61	
Total Expenses		-12,685.05	
May 2013 Net Revenue		-3,239.06	
2013 YTD Revenue		-2,304.84	

Available Grapevine Books (all soft covers unless designated)

A Rabbit Walks Into A Bar	Into Action
AA Around the World	Language of the Heart (soft, hard, & large print)
Beginners Book	Spiritual Awakenings (& CD)
Best of Bill (soft, hard & large print& CD)	Spiritual Awakenings II
Emotional Sobriety (& CD)	Step by Step
Emotional Sobriety II	Thank You For Sharing
Happy, Joyous & Free	The Home Group (& CD)
I Am Responsible	Voices of Long Term Sobriety
In Our Own Words – Young People	Young & Sober

When someone calls the Central Office and needs to speak to someone about their problems with alcohol, we then call an AA member on our 12 step lists. You can sign up to be on a daytime or nighttime call list. Contact: Central Office at 619-265-8762

Tokens are available at Central Office:

24 hr, 30, 60, 90 days, 6 & 9 months Aluminum Tokens for 50¢ each

1 year - 55 year Brass Tokens for \$2.00 each.

We continue to carry our San Diego Brass rectangular **90** day token for \$2.35 each.

**Have you checked out the San Diego AA Archive's Room at Central Office?
It is open Monday – Saturday 9 am – 5 pm.**

Have you been to our aasandiego.org website? You can find San Diego AA meetings with maps, the Coordinator newsletter including our monthly financials, monthly service calendar, calendar of events, or you can submit meeting changes, sign up to be a 12 stepper... lots of stuff on our website...check it out.

CENTRAL OFFICE
PHONE CALLS *May 2013*

TOTAL CALLS FOR MONTH 1,480	Meeting Info	General Info	XII Step Calls
DAYTIME VOLUNTEERS From 9 am to 9 pm	1,014	245	21
NIGHT TIME VOLUNTEERS From 9 pm to 9 am	128	62	10

WEB SITE HITS: *May = 24,724* Total 1,405,118

July 2013
AFTER-HOURS PHONE GROUPS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	I.B. Up	Mt Soledad Mens	Jump Start	The We Group	Over The Bridge	Dawn Patrol
7	8	9	10	11	12	13
Adams Ave Big Book	La Mesa Mens	Water Walkers Too	East Side Group	P. B. Early Risers	La Jolla Speakers	Mission Possible
Old Town Speakers						
14	15	16	17	18	19	20
La Mesa Women's Sat Morning	Sober Nooners	Friday Night Irregulars	Project Smiles	So Cal Speakers	Radical Acceptance	Rainbow Group
Imperial Mens						
21	22	23	24	25	26	27
South Clairemont	Coronado Nooners	Downtown Discussion	Imperial Beach Group	La Jolla Beginners	Drunks Only	Lemon Grove Easy Risers
Cedar St Mens						
28	29	30	31			
Clairemont Mens	Harmony Group	Diamond St Mens	Evening Serenity			
North Park Mens						
					Thank you, After-Hour Phone Volunteers For Carrying The Message!	

July 2013

A.A. SERVICE EVENTS IN SAN DIEGO

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Every Sunday Comite de Instituciones Oficina Central Hispana 3628 University Ave 6:00 pm	Public Information Committee Central Office 6:00 pm District 8 Church School Rm 12 760 1st Ave Chula Vista 7 pm	Every Tuesday Information Publica Oficina Central Hispana 3628 University Ave 7:00 pm District 19 Church 2717 University Ave North Park 6 pm	District 4 Church 7111 La Jolla Blvd La Jolla 6:30 pm	July 4 Holiday Central Office Closed Area Archives Committee Varies 6:45 pm District 12 Church Fireside Rm (alley) 4690 Palm Ave La Mesa 6:30 pm	Every Friday Distrito 15 Oficina Central Hispana 3628 University Ave 7:00 pm District 7 Club 1944 30 th St Golden Hill 6:30 pm	
7	8	9	10	11	12	13
Area Grapevine Committee Varies 1:30 pm	Area Finance Committee Central Office 6:30 pm District 6 Denny's Restaurant 1065 Camino Del Rio South Mission Valley 6:30 pm	Business Committee Central Office 6:00 pm Area Newsletter Committee Fudruckers's Restaurant 8285 Mira Mesa Blvd 6:30 pm District 10 Church 490 Farragut Circle El Cajon 5:30 pm District 13 Club 9535 Kearny Villa Rd #104 Mira Mesa 7:00 pm		Coordinating Council Church Krausse Cove Bldg 2111 Camino Del Rio South Mission Valley 92108 New Coordinators 6:30 pm Coordinator Outreach 7 pm Council 7:30 pm Area Agenda Committee Central Office 7:00 pm		
14	15	16	17	18	19	20
	Area Literature Committee Central Office 7:00 pm	Area Contact On Release Committee Central Office 6:45 pm	Coordinator Newsletter Committee Meeting & Collate Party Central Office 6:00 pm Area Information Technology Committee Residents 1738 Old Mill Rd Encinitas 6:45 pm	Area Committee Church 2650 Melbourne Dr Serra Mesa 7:00 pm H&I Committee Orientation Central Office 7:00 pm		
21	22	23	24	25	26	27
H&I Committee Union Hall 5150 Kearny Mesa Rd Orientation 12:00 pm Business Mtg 1:15 pm Greater San Diego Young People's Coffee Shop 3343 Adams Ave Normal Heights 3:00 pm Area Spanish Translation Varies 7 pm	District 5 Church 5050 Milton St Clairemont 7:00 pm	Area Accessibilities Committee Central Office 7 pm	District 9 Denny's Restaurant 14455 Ocotillo Dr El Centro 6:00 pm District 14 Church 1475 Catalina Blvd Point Loma 6:30 pm			
28	29	30	31			
Program Committee Central Office 6:30 pm	District 11 Church 8350 Lake Murray Blvd San Carlos 6:30 pm					

Things to Do and Places to Go

Third Weekenders Campout

WHERE: Santee Lakes
Recreation Preserve Campground

WHEN: July 19 - 21

Wagon Masters:

29th Annual South Bay Family Roundup

WHERE: Torrance, CA 90503

WHEN: July 4 - 7

Contact: www.southbayroundup.org

14th Annual Women Sponsoring Women

WHERE: Senior Ctr 1140 Oakcrest Park Dr
Encinitas, CA

WHEN: Saturday, August 17, 10 am – 1 pm
Contact:

62nd Annual Southern California AA Convention

WHERE: 71333 Dinah Shore Drive
Rancho Mirage, CA

WHEN: October 3 - 6

Contact: www.aasocal.com

10th Annual SCV Convention of AA

WHERE: 24500 Town Center Drive
Valencia, CA

WHEN: October 18 - 20

Contact: scvaconvention.org

Hospitals & Institutions (H&I) Orientation

WHERE: Central Office 7075-B Mission Gorge Road

WHEN: 3rd Thursday of month @ 7pm

Contact: Central Office 619.265.8762



**Newsletter
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SAN DIEGO, CA 92120-2454

The **“I AM RESPONSIBLE CLUB”** is a reserve fund maintained by the Blood Banks for the use of members of Alcoholics Anonymous and their families in time of need. The strength and availability of this account is directly related to your support. If you need blood please contact Central Office at (619) 265-8762. If you give blood, be sure to credit the **“I AM RESPONSIBLE CLUB”** at the time of your donation.



IS THERE A “WRONG” WAY TO DO AA?

We are so lucky to be part of the AA Fellowship in San Diego. Let's be honest, we are blessed to be sober at all, but once you have traveled to other cities, states or countries and have experienced the fellowship of those lands, you will probably agree that we have a special kind of community here in San Diego which lends itself to building a real community, not just a “fellowship”. And that is why I was heartbroken when I had to move away from San Diego when I was only a few years sober. In addition to a new job and new living situation, I had to find new meetings and a new sponsor and, yes, a new fellowship. But as with much of my experiences in sobriety, this life event taught me great lesson...and it only took me 2 years to learn it!

When I moved to the new city I was just a bit more than 3 years sober, so I had quite a few people looking out for me and they gave me some great advice:

- Go to a lot of meetings
- Get a home group
- Find a sponsor
- Take commitments
- Get phone numbers (and call them)
- Stay in the middle of the fellowship

Which is to say, they told me exactly the same things which the newcomer is told upon arrival in AA. If the formula works for someone new, then it ought to work for someone new-in-town.

As I had done for 3 years, I followed the suggestions. However, it was almost immediately that I noticed something about these meetings in the new city: they did it wrong. The format of their meeting was wrong. The way they introduced themselves was wrong. The language used was wrong (I mean, we all know that those are “court cards” and not “attendance slips”, right?). And even their fellowship was backwards because they would meet for coffee BEFORE the meeting and then all show up late to their seats; but afterwards they would all quickly dissipate without any thought about going out to eat or a post-meeting coffee. For someone who had 3 years of San Diego AA under my belt, this was more than a little disturbing.

Because I had only been in town a short while, I was still taking direction from my San Diego sponsor, so I called to report to him that “they do it wrong here.” I went through the litany of errors

with him, perhaps even embellishing a few to make it very clear how VERY WRONG they were outside San Diego. He listened as he always did, and then he spoke. He asked only 2 questions:

- Are they staying sober there?
- Can you stay sober there?

I expected outrage and a formula to fix this local AA community. Instead I got some very basic (and rational) questions. Sometimes I hate my sponsor for not cosigning my stuff.

I don't know about you, but I don't like to stop complaining to my sponsor simply because he doesn't want to listen to it. But after another week or two of this same conversation, he veered off-script from his 2 questions and he gave me hope. He said, “I suggest that you try it their way for...oh...two years? Yeah, two years. If at that time you find that they still do it wrong, THEN you can change the AA up there. But until then, you have to genuinely try to do it ‘the wrong way’ as they do it up there.”

That was all I needed! I had his permission to FIX the local AA and make it work the right way and do it as we do in San Diego. In these next two years I decided to really get in deep and ferret out all the problem by taking every kind of commitment that I could. I did it all: secretary, afterhour phones, H&I and I even became an Intergroup Rep (see how they incorrectly call them that instead of “Coordinator”?!?!?).

At the end of the two years, it just so happened that I got to move back to San Diego. I was now 5 years sober and I had survived my 2 years in the place where they “do AA wrong”. And when people would ask me about it, I would tell them all the things that I found were “wrong”. But, as my sponsor had foretold, many people stayed sober there and I had stayed sober too. But why? It wasn't because of the labels they put on the service commitments. It wasn't because they still drank copious amounts of coffee in their meetings. And it certainly wasn't because I had done a single thing to “fix” their brand of AA.

AA worked there and people stayed sober because of all the things that I wasn't focus on, because they weren't “wrong”. Yes they made newcomers feel welcome and they tried to find sponsors for them. Yes they shared their experience, strength and hope in meetings. Yes they presented an attractive way of life in sobriety. They had precisely fulfilled our primary purpose: to stay sober and help other alcoholics to achieve sobriety. Maybe there is no “wrong” way to do AA so long as you keep to that focus. Everything else is just the local flavor influence to a classic recipe.

“And to Help Others...”

By Louie D.

I remember when I first decided to get sober; I met my sponsor at central office. There were two chairs in this little room, both facing each other. The meeting began with my sponsor asking me this question; what do you think your problem is Lou? My answer was alcohol of course, his response was, no, that was not my problem, and that my problem was what was sitting on my shoulders. I was baffled thinking – “what the heck is he talking about?” He proceeded to explain that I had an -ism and that as alcoholics we suffer from the disease of perception, which affects our mind, body and spirit and that the solution was in the big book of Alcoholics Anonymous. It was in this book that I would learn to live life on life's terms. It would divert me from the craving of wanting to take that first drink and to deal with life on life's terms. He also explained that this was a spiritual way of living and that it was our primary purpose "to stay sober and help other alcoholics to achieve sobriety" and that we must also work through the steps and trough doing these actions that I could stay sober and carry the message.

That was over 23 years ago and I wish I could say that I followed his advice, but I did not; I went out and got drunk again after being dry for about 18 months. The day after my relapse, I had a spiritual experience. I heard my sponsor's voice speaking to me in the back of my mind and I knew what I had to do. I have stayed sober ever since and I try not to overcomplicate the 12-step program. I stay sober by not getting complacent, going to meetings and working with others... it is simple and I do not have to overcomplicate things. Now, when I sponsor guys, I pass along what was said to me on the first meeting I had with my sponsor.

I remember several years later when I was facing what seemed to be an overwhelming problem, I literally felt like I was losing my mind and was about to do something stupid. I looked up

at the ceiling and said “God please help me”...at that moment, the phone rang and it was a newcomer asking me if I would be his sponsor and that he needed help immediately. It was if God was in the room and heard my prayer, which took me out of my head and into action by helping another person in need. It was this incident which kept me sober another day and put me back on the right track. To this day, I still can't remember what was troubling me that day when the phone rang, but I do remember getting into action and helping another alcoholic which reminds me that it's the singleness of purpose which helps me through rough times by taking myself out of what sits on my shoulders. Remembering for me, it took a lot of willingness and an open mind. Over the years, the working with others has helped me to stay sober a day at a time for some time now. I pray I always follow along our “primary purpose.”



Some final thoughts from Bill W.
(from “As Bill Sees It”, p. 79)

“An AA group, as such, cannot take on all the personal problems of its members, let alone those of nonalcoholics in the world around us. The AA group is not, for example, a mediator of domestic relations, nor does it furnish personal financial aid to anyone. Though a member may sometimes be helped in such matters by his friends in AA, the primary responsibility for the solutions of all his problems of living and growing rests squarely upon the individual himself. Should the AA group attempt this sort of help, its effectiveness and energies would be hopelessly dissipated. **This is why sobriety—freedom from alcohol—through the teaching and practice of AA’s 12 Steps, is the sole purpose of the group. If we don’t stick to this cardinal principle, we shall almost certainly collapse. And if we collapse we cannot help anyone.**”

7075-B Mission Gorge Road
San Diego, CA 92120-2454

RETURN SERVICE REQUEST

