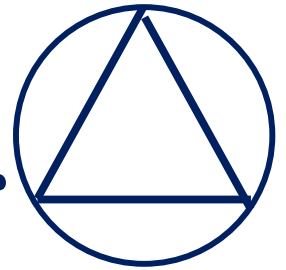


The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

"I need only to bring into my recovery the willingness to grow. Today I am ready to grow."

Daily Reflections, p. 253

JUNE 2011
VOL. XI NO. 6

INSIDE...

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"Carry the AA Message"

Join the fun and
submit an article!

Monthly Themes

JULY

Principle of Humility (due 5/26)

AUGUST

Principle of Brotherly Love
(due 6/23)

SEPTEMBER

Principle of Justice (due 7/28)

Submit 500 to 1000 word story to
Newsletter Chair at:
sdAA.newsletter@gmail.com

For more information, see page 2

Key To Serenity?

by Lisa O.

I am not willing. At least that's what I told my sponsor when I got to Alcoholics Anonymous. I was not willing to attend 90 meetings in 90 days; after all, I had a very full schedule. Dodging creditors, bail bondsmen and responsibilities took up all my free time. And the rest of the time, I was, you know, drinking.

I was not willing to make any changes in my life, either. After all, any problem I had was because of my circumstances: an awful childhood, abusive parents, born poor in a bad neighborhood, you can see how victimized I was.

And turning my life over to God? Why should I trust God? I understood God to be vengeful and punishing. Looking back over my life, I knew I was damned. No, I was not willing to do that either.

My sponsor instructed me to look up the definition. Dictionary.com defines *willingness* as "the state or condition of being willing;" and *willing* means "disposed or consenting; inclined: *willing to go along*." A second definition added "cheerfully consenting" but my sponsor assured me that I could omit the cheerful part if I felt better complaining about it. I told her I didn't *want* to do anything, so she had me look up "want." That definition included *desire*, *wish*, and *demand*, all characteristics which are absent in *willingness*. In other words, I didn't have to *want* to be willing; I could be willing even if I didn't wish to be!

What I didn't realize but perhaps my sponsor knew: by keeping my head spinning and arguing semantics with her, I was indeed displaying *willingness* and staying sober in the process. I thought that I wasn't willing to admit I was an alcoholic, but in reality what I was lacking was the *desire* to do so. My sponsor pointed out to me that implicit in every behavior (or failure to act) of mine was the willingness to accept the consequences of those actions. I had never considered that before. I learned that premise is built into our legal system: by initiating a chain of events we are responsible for the outcome, like getting behind the wheel drunk or leaving a loaded gun where a child can find it.

(Continued on page 3)

**ALCOHOLICS ANONYMOUS
SAN DIEGO CENTRAL OFFICE**
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OUR WEB PAGE www.aasandiego.org
E-MAIL: sdaaco@aol.com
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OFFICE & BOOKSTORE
Mon-Sat 9am-5pm
Central Office Manager: Connie J.
Administrative Assistant: Kathy M.

The San Diego “AA Coordinator” is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsements by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted.

Contributions from A.A. members are welcome and will be printed as space allows and as they are relevant to the upcoming topic(s) (*see page 1, bottom left*).

Submissions may be emailed to the newsletter chair at SDAA.newsletter.com. They may also be typed or neatly handwritten and mailed to Central Office or delivered in person to the committee on the fourth Thursday of the month at 6PM, Central Office. Submissions must include contact information and a name (your name and last initials only). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous. An effort will be made to contact the author regarding content changes.

Phone Volunteers, 12th Step Calls, meeting information, group and individual contributions, book and literature sales, Coordinating Council and Intergroup Information can be obtained at the Central Office. For Committee specific information contact the following Committee Chairs:

Coordinating Council Officers:

Council Chair	Nancy N.
Council Assistant	Rick W.
After Hours Phones	Ruben S.
Business Committee	Maggie S.
New Coordinators	Clay K.
Outreach Committee	Kevin H.
Program Committee	Nicki F.
Public Info Committee	Heidi
Newsletter/Coordinator	Linda F.

Area Officers:

Delegate	Joel C.
Alternate Delegate	Tom M.
Area Chair	Rafael C.
Archives	Carrie E.
H & I Director	Chris S.
Young People’s Committee	Morgan

Contributors: Lisa O. Thomas K. Barb D.
June Theme: Willingness
Fold & Label: Wednesday June 15, 2011
5:30 pm, at Central Office
Committee Meeting: Thursday June 23, 2011
6:00 pm, at Central Office

View from the NEW Chair ☺:

Hi! My name is Linda and I’m your new alcoholic Coordinator Chairperson! I’m excited, as always, to be of service in carrying our message. Our committee is also excited about the new changes we are planning for the Coordinator! Be on the lookout for new columns, cartoons, jokes and who knows what else we’ll find in the archive room?

Thanks to Chris C. for doing a great job and being fun to work with, we’ll sincerely miss you!

We are still looking for articles on the 12 Principles of AA. You can submit your articles any time of the year for any of the 12 Principles. If you have any articles that you are not sure fall under any of the 12 Principles; submit them anyway!!! If it’s about AA, it’s probably about the Principles!

Remember you can drop off your article at Central Office or email your submissions to the committee at sdaa.newsletter@gmail.com.

Grateful to be of service,
Linda F.

**Thank You to our May 2011 Issue
Fold and Label Volunteers!**

Groups Represented	Volunteers
We Group	Wes T.
Newsletter Members	Chris C., Christian W., Thomas K.
H and I	Debbie, Sober Tom, Jim
Area 8	Tom M., Veronica S., Chris N.
Program Committee	David M.

(Continued from page 1)

Eventually the evidence of alcoholism and unmanageability in my life was so overwhelming I no longer had a choice: I was an alcoholic, and I needed help. Step One & Step Two, complete.

But Step Three? That's where I balked. I didn't want to give up control of my life! Again, my sponsor helped set me straight. She pointed out that every time I drank, I *was* out of control. Besides, I didn't need to give up anything. All I had to do was *make a decision*. I didn't have to *want* to do it. I just had to do it.

Gradually I have come to see that the more I try to control and do things my way, the more I cause problems for myself, and the longer those problems remain. Here's an example for those of you who like specifics. I asked my daughter to clean her room. She ignored me, like children do. I *told* my daughter to clean her room. Same response. I threatened, pleaded,

"I do the footwork and leave the results up to God."

ordered my daughter to clean her room. I grounded her, and banished her to her room until it was clean. We struggled for years with this issue, until I finally surrendered. I gave up control. I told my daughter it was her room and if she wanted to live in a mess, so be it. The next day the room was clean. It still gets messy, but I no longer struggle. I had to be willing in order for a change to take place.

I've learned willingness is the key to serenity for me. There are so many things I don't want to do. But I do want certain outcomes, so I am willing to take action to achieve them. I want to live without guilt so I am willing to make amends for past indiscretions. I do the footwork and leave the results up to God. Willingness is the key, because the outcomes of my actions are often unknown to me at the beginning. If I am willing to surrender, then I have peace.

CRITICAL and URGENT NEED!
**Emergency back-up volunteers to answer
 daytime and after-hour phones!**
**New groups needed for
 after-hours phones waiting list!**

Call forwarding is available

AA Central at 619-265-8762
 for more information

A.A. Birthdays!

Many A.A. members celebrate their birthday by sending a donation of one or two dollars for each year of sobriety to Central Office. If you would like to carry on this tradition, please fill out the form below.

Happy Birthday to All!

Kimberly H.

Miracles on Monday
 May 1, 1991, 20 years

Adam G.

Mt. Soledad Mens
 April 22, 2007, 4 years

Linda F.

Smokefree La Mesa Women
 May 1, 2007, 4 years

Birthday Gratitude

Name _____

City/Home Group _____

Sobriety Date _____

Amt. Enclosed _____

Please mail to:

San Diego Central Office
7075-B Mission Gorge Rd
San Diego, CA 92120-2454

All birthdays submitted will be published the month following submission. Please contact the newsletter chair if a birthday has not been published for two months following submission.

Group and Meeting Changes

****NEW MEETINGS****

Free Thinkers Step Study Codes: *

Rec Ctr 2525 Bacon St(next to tennis courts)
 Mon @ 7pm Ocean Beach

True Self West

Church (garage) 4800 block of Cass St
 Fri @ 7pm Pacific Beach

****TIME CHANGE****

Back To Basics

Church 3990 Bonita Rd & Willow St
 Mon-Sun @ 12:30 pm Bonita
 (was Park (Manor House)
 4548 Sweetwater Rd Gate C @ 12 noon)

****CODE CHANGE****

Rainbow Group Codes: *

Office Bldg 755 Emory St
 Mon-Sun @ 12 noon Imperial Beach
 (was Codes: * (Sat +)

Clairemont Mens Codes: * C M

Church 5050 Milton St
 Thu @7:30 pm Bay Park
 (was Codes: * C M (+1st))

****CANCELED****

The Blvd Desperados

Church 6650 Montezuma Rd
 Thu @ 6:30 pm College

ON A WING AND A PRAYER

...we then look at Step Six. We have emphasized willingness as being indispensable.

Alcoholics Anonymous, p. 76

Steps Four and Five were difficult, but worthwhile. Now I was stuck on Step Six and, in despair. I picked up the Big Book and read this passage. I was outside, praying for willingness, when I raised my eyes and saw a huge bird rising in the sky. I watched it suddenly give itself up to the powerful air currents of the mountains. Swept along, swooping and soaring, the bird did things seemingly impossible for mortal birds to do. It was an inspiring example of a fellow creature "letting go" to a power greater than itself. I realized that if the bird "took back his will" and tried to fly with less trust, on its power alone, it would spoil its apparent free flight. That insight granted me the willingness to pray the Seventh Step prayer. It's not easy to know God's will in each circumstance. I must search out and be ready for the currents, and that's where prayer and meditation help! Because I am, of myself, nothing, I ask God to grant me the knowledge of His will and the power and courage to carry it out-today.

Daily Reflections, June 3

Coordinating Council Attendance

The following 59 groups attended May Coordinating Council
 There are 760 registered groups in San Diego
WAS YOUR GROUP THERE?

NEXT COUNCIL MEETING IS: THURSDAY, June 9, 2011

11th Step Journey
 AA By The Bay
 Allied Gardens Step Study
 Big Bon-Fire Meeting
 Big Book & 12 X 12 Study
 Casa De Oro Tradition Five
 Cedar Street Mens
 Clairemont Mens
 Clairemont Womens Step Study
 D.D.G.T.M.
 Daily Reflections
 Downtown Discussion
 East Side Group
 Easy Does It Riders
 El Cajon Womens Serenity
 First Mira Mesa Mens
 Fourth Dimension
 Free At Last
 Free On Friday
 Fresh Start Beginners
 Friday Night Irregulars
 Friday Night Santee
 Golden Hill Sun Discussion
 Great Fact Group
 Harmony Group
 Haul Your Hiney Out Of Bed
 I. B. Up
 Imperial Beach Group
 Kelton Ave Big Book Study
 La Mesa Mens

La Mesa Mixed
 La Mesa Open Discussion
 La Mesa Step Study Workshop
 Miracles On Monday
 Monday At A Time
 Monday Night Young Peoples Steps
 Morning Attitude Adjustment
 Mira Mesa Friday Night
 North Park Mens
 Old Town Speakers
 Over The Bridge
 Ocean Beach Tuesday
 Porter Hall Structured S/S
 Progress Rather Than Perfection
 Rule 62 Group
 Santee Thursday Closed Mixed
 Scripps Ranch Mens Two
 Sky Hi Women
 Smokefree La Mesa Womens
 Sober Nooners
 Sobriety Seekers Step Study
 Southern Cal Speakers
 Straight Shooters
 The Joy Of Living Group
 The Other Meeting
 Thursday Promises Promises
 Tues Night Big Book Step Study
 Womans Let Go And Let God
 Women In Harmony

Letting Go Of Our Old Selves

Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last ... Are we now ready to let God remove from us all the things which we have admitted are objectionable?

Alcoholics Anonymous, pp. 75,76

The Sixth Step is the last "preparation" Step. Although I have already used prayer extensively, I have made no formal request of my Higher Power in the first Six Steps. I have identified my problem, come to believe that there is a solution, made a decision to seek this solution, and have "cleaned house." I now ask: Am I willing to live a life of sobriety, of change, to let go of my old self? I must determine if I am truly ready to change. I review what I have done and become willing for God to remove all my defects of character; for in the next Step, I will tell my Creator I am willing and will ask for help. If I have been thorough in the preparation my foundation and feel that I am willing to change, I am then ready to continue with the next Step. "If we still cling to something we will not let go, we ask God to help us be willing" (Alcoholics Anonymous. p. 76)

Daily Reflections, June 4

*Thank you,
 Day Time Phone Volunteers For
 Carrying The Message.*

Minutes of the Coordinating Council
Thursday, May 12th, 2011

Nancy N. – Council Chair called the 791st meeting to order at 7:30 pm. Leonard H. read the 12 Traditions. Council Definition and Purpose read by Joan L. There were 3 new Coordinators, 2 visitors and 6 birthdays. 7th Tradition was \$74.07. Roll Call: Rick W., Assistant Council Chair reported 59 groups were represented out of 83 registered Coordinators. There was a quorum (44) It was m/s/c to approve the minutes of the May 2011 Council Meeting.

Area Assembly – Tom M., Area 8 Alternate Delegate shared that the General Service Office continues to request stories for “Armed Services Pamphlet. You can submit via AA.org or contact Central Office. They are also requesting “Young People’s Videos.” Looking for volunteers to assist at Unity Day/Founder’s Day Picnic on June 11th.

H & I Representative: Debbie – Shared purpose of H & I (to establish and maintain AA meetings in facilities where people are confined and to bring AA General Service Conference approved literature into those institutions). We have more requests to bring a meeting in than we have volunteers, so we are always looking for new members. Individuals or groups may adopt a meeting. We have two Orientation Meetings each month: 3rd Sunday @ 12:15 pm Hall 5150 Kearney Mesa Rd 92111 and 3rd Thursday @ 7 pm Central Office 7075-B Mission Gorge Rd 92120. Contact on Release’s purpose is to introduce alcoholics being released from confined facilities to AA in San Diego. When notified of a release in San Diego County, volunteers contact the individual and take them to their first few meetings. Go to area8aa.org and click on the H & I tab for more details and 2011 financials.

AFTER HOURS PHONES: Eric, member reported: OPEN Night – 16th of each month-looking for a group to take service commitment. Also, looking for groups to sign up on waiting list when open nights occur. Compiling a list of emergency phone volunteers to fill-in spots when necessary. If you’re interested or need more information: contact Ruben, Chair at 619-888-2091. Thank you to the current groups for your after-hours phone service.

BUSINESS COMMITTEE: Maggie S., Chair reported committee met on Tuesday 5/10/11 at 6:05 pm. Present: Maggie S., Ray R., Jerry C., Leonard R., Gary C., Nancy N., Council Chair, Rick W., Asst Council Chair and Connie J., Central Office Manager. Absent: Sherry G. There was a quorum.

- 1) It was m/s/c to approve April 2011 Minutes.
- 2) It was m/s/c to approve April 2011 Financials.
April Financial Statements briefs:
 - a) Our April 2011 Net Loss is -\$4,092.41. Our 2011 YTD Net Loss is \$3,146.12. Group and Individual Contributions were \$8,394.49. Literature Sales Revenue and bank interest was \$2,080.43 while total office and committee expenses were \$14,547.33. (Includes cost of annual audit)

Thank you for supporting your Central Office in carrying the message to the suffering alcoholic.

Manager’s Report

- 1) May’s Book of the Month: “*Dr Bob and Good Old-timers*” on sale: \$9.25.
- 2) June’s Book of the Month: “*As Bill Sees It*” on sale: \$7.00.
- 3) aasandiego.org website: on “electronic forms page” – added various group docs in pdf format, example: *literature price list, contributions pie chart, secretary meeting log and handbook, big book meeting readings ...*
- 4) Performed annual audit of aasandiego.org website for AA meeting accuracy and map address functions.
- 5) 2010 501C3 informational tax filings sent .
- 6) Central Office offers Gift Certificates in from \$10.00 - \$25.00 increments.
- 7) Sending contributions receipts, along with current event flyers by email.
- 8) Coordinator Newsletter – Sign up to receive electronically. Hard copies will continue to be available at Central Office.

Committee Member reports:

- 1) Maggie S. - led meeting.
- 2) Ray R. – made BC reminder calls.
- 3) Jerry C., Treasurer, signed checks, reviewed April 2011 Bank reconciliation and financials. Went to bank to put backup discs in safety deposit box.
- 4) Gary C. – reviewed the bank deposits.
- 5) Rick W. – passed out call reminders.
- 6) Nancy N. – Website working properly.
- 7) Leonard checked volunteer meeting books.

Old Business: There was none.

Continued on page 6.

Continued from page 5.

New Business:

- 1) Reviewed 2011 budget.
- 2) Discussed Program Committee Events deposits.

COORDINATOR NEWSLETTER: Linda, Chair reported committee met on 4/28/11 at 6 pm. Present: Linda F., Chris C., Christian W., Maureen B., Lisa O., and Thomas K.

July's Theme: "Humility". Submissions of 500-1000 words welcome (July submissions due by May 26th). Committee discussed adding "Overheard at meetings" to Coordinator.

Send to SDAA.Newsletter@gmail.com or mail to Central Office at 7075-B Mission Gorge Rd San Diego, CA 92120. Come join in the fun at the Fold & Stuff party. NEED groups to adopt a month to collate the newsletter.

COORDINATOR OUTREACH: Paul, member expressed: Help NEEDED from all current Coordinators in participation and outreach to invite groups to have an Intergroup Coordinator.

ORIENTATION & GUIDELINES: Clay, Chair reported committee met tonight at 6:30 pm present: David, Duncan and Clay. Absent: Frances

- 1) Orientated 3 new Coordinators and 1 visitor. Discussed duties of the Coordinator and orientation packets and questions. Read the "History of San Diego", Traditions 3 & 4, Robert's rules of order" and a Quorum.
- 2) Need a new member. Thank you Clay for your service.

PROGRAM COMMITTEE: Nikki F. shared the committee met on 5/1/11.

- 1) Our 1st 2011 event will be the Founders Picnic on Saturday, June 11th with Area Assembly's Unity Day Event. Discussed assignments.
- 2) Anniversary Breakfast – is being planned to have at Ramada Inn again this year.
- 3) New Years Eve event – is being planned to have at Scottish Rite Center again this year.

PUBLIC INFORMATION COMMITTEE: Heidi. Chair reported that committee met on 5/2/11 at 6 pm. Present: Heidi, Joe, Rufus, Steven, Terry and Heather. Visitors: Tom T., Sallye M. and Salvador. Absent: Pat A.

- 1) Sallye M. and Tom T. approved by committee to serve as members, to be approved by Council.
- 2) Emails to schools tabled due to Pat absence.
- 3) Navy 32nd St: Rufus and Joe moved it to every other Wednesday @ 2 pm.

- 4) Literature Racks Project: Steven was contacted by a Del Mar Group for a rack. Sallye's group is requesting a list of places for the racks (Steven will bring one next month).
- 5) Banner: Rufus no progress yet.
- 6) DUI schools: Terry sent the approved flyer in PDF format to the county head of the DUI schools for dissemination and she expressed positive interest and thanks. Will look into Juvenile Hall for the need and speak to the translation committee to get the flyer in Spanish.
- 7) Tom T. look into PSA compatibility- next year.
- 8) May 20th – USBHPC Optum Fair: need speakers.
- 9) May 26th – Alpine Special Treatment Center – Sallye M and speakers needed.
- 10) May 29th – 1st United Methodist Church health fair: Kimberly and need another volunteer.
- 11) June 11 – July 4: San Diego Fair in Del Mar Booth (Kimberly to coordinate). Downtown Discussion group to cover 6/15/11. Salvador interested in bringing Spanish to have bilingual booth.
- 12) June 29th – Job Corps – Linda.
- 13) Salvador from Spanish PI Committee would like to collaborate to have both languages at events when needed.

OLD BUSINESS: There was none.

NEW BUSINESS:

- 1) Public Information Committee: Sallye M. (sob 5/16/83) and Tom T. (sob 10/29/87) were approved unanimously to serve on committee.
- 2) Orientation Committee: Carrie M. (sob 1-2009) was elected unanimously to serve.

Thanks to Tom M., Alt. Delegate and Debbie, H & I Director for Special Reports.

Thanks to Wes T. for PA System Set-up and Mike C. for coffee.

Thanks to those for setup and clean up of the room. Meeting adjourned at 8:45 pm with Serenity Prayer.

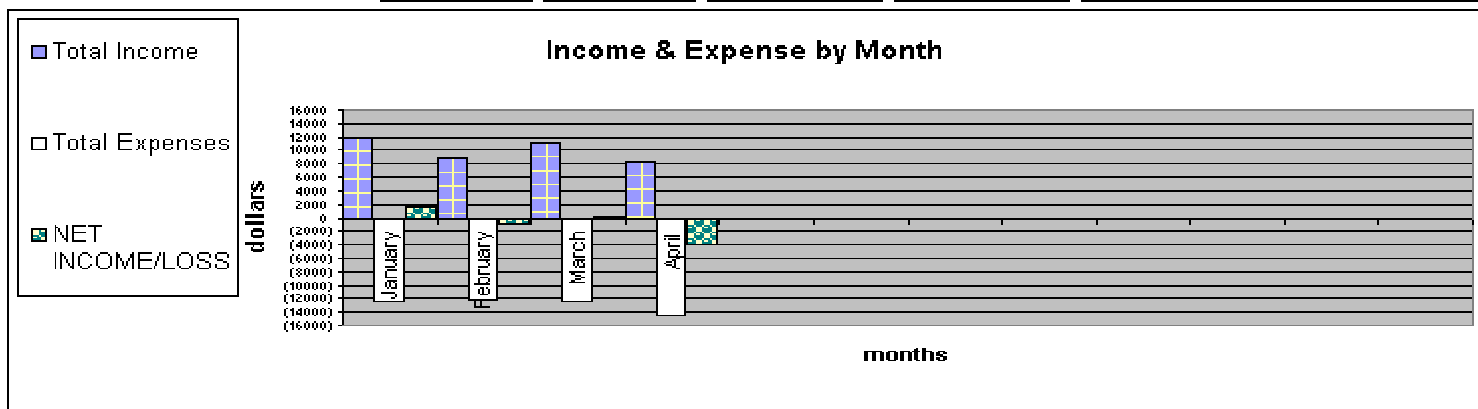
Respectfully submitted,

Connie J.

Connie J., Recording Secretary

As of April 30, 2011 Statement of Revenue and Expenses

	April 11	April '10	YTD '11	YTD '10	\$ Change	Budget '11
Ordinary Income/Expense						
Income						
Contributions Group	7,729.60	10,407.59	36,276.62	35,614.06	662.56	118,384.00
Contributions Individual	644.89	567.00	2,615.21	4,827.47	(2,212.26)	9,650.00
Contributions SDIAA	-	-	1,240.00	910.00	330.00	1,125.00
Interest - Cert of Deposits	52.06	82.51	205.64	353.31	(147.67)	900.00
Total Income	8,426.55	11,057.10	40,337.47	41,704.84	(1,367.37)	130,059.00
Expense						
Accounting & Legal	1,960.00	225.00	2,020.00	4,350.00	(2,330.00)	2,650.00
Auto/Travel/Seminar	66.25	118.75	183.33	269.58	(86.25)	1,300.00
Bank Service Charges	2.00	2.00	8.00	66.00	(58.00)	125.00
Cash (Over) Short	(1.68)	11.60	(10.06)	58.84	(68.90)	(50.00)
Checks Returned - Bad Debt	-	-	-	-	-	-
Equipment Maint & Repair	185.00	-	360.00	-	360.00	500.00
Equipment Purchase	135.93	52.56	308.81	52.56	256.25	500.00
Insurance	50.00	50.50	200.00	202.00	(2.00)	1,100.00
Office Maint. & Repairs	-	-	-	-	-	500.00
Office Supplies	282.33	421.96	1,126.08	1,747.32	(621.24)	3,900.00
Rent	1,648.00	1,600.00	6,592.00	6,400.00	192.00	20,168.00
Taxes	-	-	1.05	83.49	(82.44)	80.00
Telephone	236.39	223.73	942.07	899.16	42.91	2,900.00
Utilities-Electricity	196.94	220.54	998.16	1,138.57	(140.41)	3,600.00
Website	40.85	33.85	137.60	93.70	43.90	500.00
EMPLOYEES						
Accrued Payroll Taxes	577.33	587.34	2,695.31	2,798.32	(103.01)	7,400.00
Employee Wages	7,546.86	7,634.86	29,939.44	29,765.34	174.10	89,990.00
Employee 403B Contribution	187.14	175.00	741.85	700.00	41.85	2,100.00
Employee Health Benefit	817.00	853.04	3,304.04	3,551.10	(247.06)	10,236.00
Insurance-Worker's Comp	66.00	50.00	232.00	236.50	(4.50)	850.00
Total Expense	13,996.34	12,260.73	49,779.68	52,412.48	(2,632.80)	148,349.00
Net Ordinary Income	(5,569.79)	(1,203.63)	(9,442.21)	(10,707.64)	1,265.43	(18,290.00)
Other Income/Expense						
Literature Income/Expense						
Sales (see schedule)	2,028.37	2,516.76	8,247.89	8,866.62	(618.73)	25,540.00
Total Other Income	2,028.37	2,516.76	8,247.89	8,866.62	(618.73)	25,540.00
Standing Committees Inc/Expense						
Committee (see schedule)	550.99	953.67	1,951.80	3,475.10	(1,523.30)	7,250.00
Total Other Expense	550.99	953.67	1,951.80	3,475.10	(1,523.30)	7,250.00
Net Other Income	1,477.38	1,563.09	6,296.09	5,391.52	904.57	18,290.00
Net Income	(4,092.41)	359.46	(3,146.12)	(5,316.12)	2,170.00	-



Group Contributions	Apr '11	Ytd 11	Group Contributions	Apr '11	Ytd 11
11th Step Journey-2622	-	200.00	Gilman Group - Fri 1988	87.60	87.60
Adams Avenue Big Book Study - 1892	-	50.00	Good Morning AA - 1888	-	73.95
Allied Gardens Friday Lunch - 766	100.00	200.00	Happy, Joyous & Free - 363	-	75.00
Annual Grateful Meeting - 2461	-	76.00	Harmony Group - 585	-	145.21
Another New Beginning - 144	50.00	50.00	Hi-Nooners - 673	-	28.00
As Bill Sees It (Coronado) - 2780	-	100.00	How It Is Now Speakers - 390	100.00	100.00
B.Y.O.B. - 203	-	100.00	Hwy 80 AA - 2722	-	240.00
Back to Basics - 1026	250.00	750.00	I. B. Up - 2565	-	100.00
Balboa Breakfast - 2721	-	152.55	Imperial Beach Group - 79	60.43	164.13
Battery Chargers Thanksgiving Alkathon	-	8.00	Judges Big Book - 2736	-	10.00
Bayside Big Book Study - 1610	-	50.00	La Jolla Basic B/B Study - 2154	-	180.00
Beginners Steps To Sobriety - 1007	20.00	40.00	La Jolla Beginners Group - 82	-	400.00
Big Bon-Fire Meeting - 1894	-	286.00	La Jolla Mens - 692	-	75.00
Big Book & 12 x 12 Study - 100	-	20.00	La Jolla Monday Womens - 87	-	600.00
Bonita Boozers - 2179	100.00	100.00	La Jolla Nonsmokers Disc - 88	-	250.00
Bonita Womens Big Book - 2734	-	29.31	La Jolla Patio Group - 613	54.00	192.20
Breakfast Of Champions - 2818	100.00	600.00	La Mesa Mens - 106	-	204.70
Cajon View Open Disc - 471	75.00	75.00	La Mesa Mid Morning - 2777	-	40.00
Carrying the Message - 2458	-	100.00	La Mesa Mixed - 2136	-	150.00
Cedar Street Mens - 1698	-	264.37	La Mesa Womens Sat. Morning - 416	150.00	150.00
Chula Vista 4 Min Speakers - 1568	-	200.00	Laguna Mountain Group	-	60.00
Citizens Again - 2658	-	182.50	Lake Moreno Sink or Swim - 2830	50.00	50.00
Clairemont Daytime Step Study - 427	-	60.00	Lake Murray Lunch Bunch - 2701	-	120.50
Clairemont Discussion - 314	-	100.00	Lake Murray Womens - 572	-	92.50
Clairemont Mens - 301	300.00	600.00	Linda Vista Thursday Night - 319	-	215.00
Clairemont Mixed Discussion - 338	-	75.00	Little Apple Group - 1438	-	50.00
Clairemont Wednesday Group - 303	-	115.00	Living Free - 477	-	1,400.00
Clairemont Womens - 340	-	185.79	Lost & Found - 2907	-	12.00
Clairemont Womens Step Study - 341	-	70.00	Lunchtime Friends - 964	104.80	157.20
Class Acts - 1845	180.00	420.00	Lushes Lunch Thursday - 2807	195.41	195.41
Coffee Clutchers - 2332	200.00	450.00	Lushes Lunch Tuesday - 2641	150.02	150.02
Coronado Big Book - 1644	-	50.00	Mens Structured Step Study - 1469	176.00	176.00
Coronado Nooners - 497	40.00	931.20	Midnight Howlers - 1025	100.00	540.00
Coronado Step Study - 1523	-	60.00	Mira Mesa Monday Noon Mixed - 542	-	20.00
Courage to Change - 2679	-	100.00	Mira Mesa Womens - 411	-	52.46
Dawn Patrol - 263	168.57	327.51	Mission Bay Sat Night Speakers - 271	-	80.00
Diamond St Mens Step Study - 569	-	223.41	Mission Hills Late Night - 2773	60.00	60.00
Downtown Discussion - 1665	99.45	392.32	Mission Hills Lunch Bunch - 2675	150.00	1,400.00
Drunks Only - 1605	-	619.97	Monday At A Time - 2875	-	60.00
Each Day A New Beginning - 509	-	400.00	Monday Mens Gut Level Group - 677	50.00	50.00
Early Morning Recovery - 2688	182.67	401.98	Monday Night Big Book Study - 2345	-	10.00
Eastlake Greens Attitude Adjust(Su - 2712	100.00	420.00	Monday Night Young People's StepStudy-2618	-	73.01
Eastlake New Beginnings B/B S/S - 2673	-	90.00	Monday Nite Live - 643	-	100.00
Easy Does It Riders - 21	-	340.10	Morning Attitude Adjustment - 768	-	575.00
Easy Does It Speakers - 114	-	50.00	Mother Earth Viejas Rez- 2019	-	10.00
El Cajon Daytime - 52	-	720.00	Mt Soledad Mens - 717	-	250.00
Evening in Harmony - 2864	50.00	50.00	National City Maintenance - 136	-	85.00
Eye Opener Group - 607	-	139.50	Noon at the Grove - 628	100.00	200.00
Fourth Dimension Group - 2415	-	377.25	Nooners Anonymous - 1164	-	106.25
Free At Last - 2888	-	119.49	Noontime on the Patio - 2203	50.00	50.00
Fee on Friday - 760	67.00	67.00	North Clairemont Sat Nooners - 2572	-	50.00
Fresh Air Friday - 266	-	300.00	North Park Mens - 465	460.50	460.58
Fresh Start Beginners - 2609	-	632.65	O.B. Friday Night Big Book Study - 1316	-	150.00
Fri Noon Living Sober - 2767	-	25.00	OB Peer Group - 2130	-	50.00
Friday Happy Hour - 2821	50.00	50.00	Old Town Speakers - 321	250.00	500.00
Friday Morning Womens - 104	-	163.00	On The Corner - 2384	-	167.40
Friday Night Irregulars - 2889	65.00	65.00	One Step At A Time Runners - 1664	-	159.57
Friday Night Santee - 1754	-	180.00	Open Minded Mens - 626	-	200.00
Friday Nite Weeks End - 1856	-	60.00	Pacific Beach Weekend Warmup - 725	-	100.80

Group Contributions	Apr '11	Ytd 11
Paradise Hills - 392	-	50.00
Pass It On Big Book Study Group -2860	112.60	388.42
Pass It on Group - 170	30.00	30.00
PB Young Womens - 2187	175.00	175.00
Penasquitos 12X12 - 2759	-	20.00
Point Loma AA Discussion - 242	-	170.00
Point Loma Nooners - 1606	-	117.77
Point Loma Saturday Morning - 1240	-	40.00
Porter Hall Structured S/S - 97	-	90.00
Pt Loma Fri Afternoon Step Study - 244	-	188.00
Pt Loma Womens Discussion - 1608	200.00	275.00
Rainbow Group - 570	-	125.00
Ramona Wednesday Step Study - 141	-	20.00
Resentment and a Coffee Pot - 2561	-	50.00
Right Turn Group - 1900	50.00	140.00
Rise & Shine - 2170	-	347.25
Rocket Riders - 1730	-	180.00
Round Table Discussion - 123	-	142.50
Rule 62 Group - 927	-	100.00
S.D. Speakers Meeting - 152	250.00	250.00
Safe Sane and Sober - 1350	500.00	1,000.00
Santee Thursday Closed Mixed - 145	-	110.00
Sat Mens Early Awakening - 2209	-	300.00
Sat Night Early Discussion - 336	295.11	486.11
Sat Night Live - 2173	120.00	120.00
Saturday A.M. Live - 782	-	63.60
Scripps Ranch Men's Two - 2776	-	50.00
Senior Serenity Meeting - 209	100.00	100.00
Sky Hi Womens - 1633	40.00	100.00
So Bay New Womens - 2325	100.00	100.00
Sober Nooners - 196	-	170.00
Sober Serenity Seekers - 887	-	93.50
Sober Survivors - 2915	-	60.50
Solutions Not Excuses - 2857	-	100.00
South Bay Mixed Discussion - 36	-	50.00
South Clairemont - 305	84.00	84.00
Spiritual Awakenings Step Study -2601	-	100.00
Spring Valley Step Study - 125	40.00	40.00
Stadium Group - 372	-	60.00
Step Sisters - 2155	-	111.00
Sunday Beach Sun-Day - 568	-	500.00
Sunday Middy - 161	100.00	200.00
Sunday Morning at the Grove - 117	-	50.00
Sunday Morning Eleventh Step - 1206	-	220.00
Sunrise Promises - 2166	-	380.00
Sweet Surrender Speakers - 2254	-	40.00
Thankful Thursdays - 2542	-	75.00
The Campus Meeting - 2911	78.44	78.44
The Joy of Living Group - 2636	-	197.50
The Other Meeting - 857	-	104.50
The Womens Room - 450	-	6.04
Thursday Campus Noon Group - 2387	-	80.00
Thursday Promises Promises - 749	164.00	164.00
Tierrasanta Morning Serenity - 2811	52.00	146.00
Top of the Hill - 41	-	50.00
Tri-Serenity - 836	-	20.00
Tues Night Big Book Step Study - 1813	-	150.00
Tuesday Campus Noon Group - 2544	-	80.00
Tuesday Morning Alpine - 440	-	99.60

Group Contributions	Apr '11	Ytd 11
Tuesday Morning Breakfast Special - 2761	-	60.00
Tuesday Night Primary Purpose - 130	-	75.00
Tuesday Vision 4 U - 2775	-	20.00
University City Womens - 369	-	250.00
Wake Up Call - 1932	-	10.00
War Fever - 880	-	136.00
Water Walkers Too - 1946	-	228.00
Way Up and Out - 415	50.00	50.00
Wed Nite Traditions Study - 2336	-	40.00
Wednesday Discussion Group - 2431	-	275.00
Wednesday Winners Circle - 496	-	502.50
Weds Rule 62 Lunch Group - 687	219.00	219.00
Wholesale Miracle - 2474	-	83.09
Women In Harmony - 1807	-	75.00
Womens Attitude of Gratitude - 2751	-	78.79
Womens Thursday Nite - 514	103.00	103.00
Womens TLC - 2814	-	33.00
Womens Way To Recovery - 838	-	104.20

Thank you for supporting your San Diego Intergroup Central Office in Carrying the Message of Alcoholics Anonymous to the suffering alcoholic.

Individual members may also make contributions to Central Office up to \$3000 per year. Some choose to contribute \$1 or \$2 on their sobriety birthdays for each sober year.

April Individual Contributions
 Adam G., Anonymous, Thomas F., Daniel Y., Robert H., Kate Kimberly H., Ginny F., Nick C., Martin B., Ingeborg B., Garrett B.



Central Office accepts Visa/Mastercard debit/credit cards



Daytime Phone Volunteers

Call Connie: (619) 265-8762



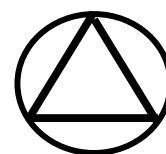
2011 Holidays - Central Office Bookstore Closed		
HOLIDAY	DAY OF WEEK	DATE
Memorial Day	Monday	May 30 th
July 4 th	Monday	July 4 th
Labor Day	Monday	September 5 th
Veterans Day	Friday	November 11 th
Thanksgiving Day	Thursday	November 24 th
Christmas	Monday	December 26 th

BOOK OF THE MONTH

May: "Dr Bob and Good Old-timers" sale: \$8.65 reg. \$9.50

June: "As Bill Sees It" (hard copy) sale: \$7.00 reg. \$8.00

The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

The San Diego AA Coordinator Newsletter is available to all AA members. Sign-up for the Coordinator Newsletter electronic email .

Email: sdaaco@aol.com or

Central Office 619-265-8762 (sign-up sheet)

(Please include name, contact #, and LEGIBLE email)

Hard copies will continue to be available at Central Office.

On our aasandiego.org website

Electronic Forms Page AA San Diego Central

Please click any of the following links to find the following forms:

[Group & Meeting Changes](#)

[12 Step Volunteer](#) (phone, email)

[Public Information Speaker Request](#) (non AA function)

These documents are now available on our aasandiego.org website in PDF format.

[Bookstore Literature Price List](#)

[Contributions Pie Chart Flyer with addresses](#)

[Central Office Pamphlet](#)

[Secretary Handbook](#)

[Secretary Meeting Log Sheet](#)

[Group Inventory](#)

[Suggested Open Meeting Format](#)

[Suggested Closed Meeting Format](#)

[AA Preamble](#)

[How It Works](#)

[AA Twelve Traditions](#)

[More About Alcoholism](#)

[A Vision For You](#)

[The Promises](#)

CENTRAL OFFICE

PHONE CALLS FOR April 2011

TOTAL CALLS FOR MONTH 2,284	Meeting Info	General Info	XII Step Calls
DAYTIME VOLUNTEERS From 9 am to 9 pm	1,512	445	33
NIGHT TIME VOLUNTEERS From 9 pm to 9 am	197	89	8

WEB SITE HITS: April = 10,001 Total 929,846

June 2011

AFTER-HOURS PHONE GROUPS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Mission Hills Late Night	Mt Soledad Mens	San Diego Young Peoples	Friday Night Mens
5	6	7	8	9	10	11
Adams Ave Big Book Over The Bridge	Dawn Patrol	Fresh Start Beginners	La Mesa Mens	Water Walkers Too	East Side Group	P. B. Early Risers
12	13	14	15	16	17	18
La Mesa Women's Sat Morning La Jolla Speakers	Mission Possible	Imperial Mens	Safe, Sane and Sober	Open Night	Fourth Dimension	Pacific Beach Young Peoples
19	20	21	22	23	24	25
Dignity Unlimited Morning Attitude Adjustment	Rainbow Group	Cedar St Mens	Southern Cal Speakers	Downtown Discussion	Imperial Beach Group	La Jolla Beginners
26	27	28	29	30		
Clairemont Mens Drunks Only	Lemon Grove Easy Risers	North Park Mens	Harmony Group	Diamond Street Mens	Thank You, Night Time Phone Volunteers For Carrying The Message!	

**If your Group wants to answer phones,
call:
Or Connie at Central Office (619) 265-8762**

June 2011

A.A. SERVICE EVENTS IN SAN DIEGO

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Every Sunday Comite de Instituciones Oficina Central Hispana 3628 University Ave 6:00 pm</p> <p>Every Sunday Greater San Diego Young People's Coffee Shop 3343 Adams Ave Normal Heights 1:00 pm</p>		<p>Every Tuesday Informacion Publica Oficina Central Hispana 3628 University Ave 7:00 pm</p>	<p>District 4 Church 7111 La Jolla Blvd La Jolla 6:30 pm</p>	<p>Archives Committee 6:45 pm Varies</p> <p>District 9 ARC 298 E. Ross Ave El Centro 7pm</p> <p>District 12 Church Fireside Rm (alley) 4690 Palm Ave La Mesa 6:30 pm</p>	<p>Every Friday Distrito 15 Oficina Central Hispana 3628 University Ave 6:30 pm</p> <p>District 7 Club 1944 30th St Golden Hill 6:30 pm</p>	<p>Area Assembly The Center 3909 Centre St Hillcrest 92103 8:30 am – 4 pm</p>
5	6	7	8	9	10	11
	<p>Public Information Committee Central Office 6 pm</p> <p>District 8 Office Bldg 755 Emory St Imperial Beach 8:00pm</p>	<p>Business Committee Central Office 6:00 pm</p> <p>District 19 Center 3909 Centre St Hillcrest 6:00 pm</p>		<p>Coordinating Council Church 2111 Camino Del Rio South Mission Valley 92108</p> <p>Orientation Committee 6:00 pm</p> <p>New Coordinators 6:30 pm</p> <p>Coordinator Outreach 7 pm</p> <p>Council 7:30 pm</p> <p>Area Agenda Committee Central Office 7:00 pm</p>		<p>76th Founders Day / Unity Day Picnic Admiral Baker Park, Gazebo 6 2400 Admiral Baker Rd San Diego, 92124 9 am Set Up 10 am – 4 pm Potluck!!</p>
12	13	14	15	16	17	18
<p>Grapevine Committee Varies</p>	<p>Area Newsletter Committee Keith's Restaurant 1-15 & Miramar Rd 6:30 pm</p> <p>Area Finance Committee Central Office 6:30 pm</p> <p>District 6 Denny's Restaurant 901 Camino Del Rio S Mission Valley 6:30 pm</p>	<p>District 10 Church 490 Farragut Circle El Cajon 5:30 pm</p> <p>District 13 Club 9535 Kearny Villa Rd #104 Mira Mesa 7:00 pm</p>	<p>Fold and Label The Coordinator Newsletter Party Central Office 6:00 pm</p>	<p>Area Committee Church 2650 Melbourne Serra Mesa 7:00 pm</p> <p>H&I Committee Orientation Central Office 7:00 pm</p>		
19	20	21	22	23	24	25
<p>H&I Committee Union Hall 5150 Kearny Mesa Rd Orientation 12:15pm Business Mtg 1:15pm</p>	<p>Area Literature Committee Central Office 7:00 pm</p>	<p>Contact On Release Committee Central Office 6:45 pm</p>	<p>Area Computer Needs Committee Denny's Restaurant 135 Encinitas Blvd, Encinitas 6:00 pm</p> <p>District 14 Church 1475 Catalina Blvd Point Loma 6:30 pm</p>	<p>Coordinator Newsletter Committee Central Office 6:00 pm</p>		
26	27	28	29	30		
<p>Program Committee Central Office 6:30 pm</p>	<p>C.P.C. Committee Varies</p> <p>District 5 Church 5050 Milton St Clairemont 7:00 pm</p> <p>District 11 Church 8350 Lake Murray Blvd San Carlos 6:30 pm</p>	<p>Accessibilities Committee Central Office 7:00 pm</p>				

THINGS TO DO AND PLACES TO GO

Third Weekenders Campout

Where: Lake Morena County Park

When: June 17, 18, 19

Wagon Masters:

Delegate's Report Back (Post Conference) Assembly

Where: The Center, 3909 Centre Street, University Heights

When: 6/4/2011, 8:00am-5pm

Contact: DCM_19@area8aa.org

Unity Day-Founders Day

Where: Admiral Baker Field, Gazebo 6 - Mission Valley

When: 6/11/2011 9:00am to 3pm

Contact: Tom M. at Alt_Del@area8aa.org

SPEAKER MEETINGS

Check your schedule for meeting locations

Wednesday

Coronado Weds Speakers - 8pm

Fireside Speakers - 8pm

Thursday

Not Alone Speakers - 6:15pm

We Group Speakers - 7:30pm

Friday

Easy Does It Speakers - 8pm

Saturday

Goldmine Speakers - 5pm

La Jolla Speakers - 7:25pm

Southern Cal Speakers - 7:30pm

Saturday Night Speakers - 7:30pm

South Bay Speakers - 7:45pm

Mission Bay Sat. Speakers - 8pm

Two Bit Speakers - 8pm

Sunday

Old Town Speakers - 7pm

Sober Camels Speakers - 6pm

Sweet Surrender Speakers - 5:30pm

Coordinator Newsletter Subscription

*Have the San Diego AA
Coordinator delivered for one
year, only \$15.*

Name _____

Address _____

Mail to: CENTRAL OFFICE

7075-B MISSION GORGE ROAD

SAN DIEGO, CA 92120-2454

A BUCK A MONTH CLUB

The "I AM RESPONSIBLE CLUB" is a reserve fund maintained by the Blood Banks for the use of members of Alcoholics Anonymous and their families in time of need. The strength and availability of this account is directly related to your support. If you need blood please contact Central Office at (619) 265-8762.

If you give blood, be sure to credit the "I AM RESPONSIBLE CLUB" at the time of your donation.



Willingness
by Barb D.

Willingness is a state of being willing. Willing to do what? Willing to change? Willing to comply? Willing to listen? “Willing to agree? Willing to accept new ideas?

I thought, “What an order I can’t go through with it!” I learned nobody works the program of Alcoholics Anonymous perfectly but many became willing to grow along spiritual lines. Alcoholic Anonymous claims spiritual progress rather than spiritual perfection. Chapter five also states to find a higher power NOW because working the program alone is too much for us. It was too much for me, all by myself, alone with my alcoholism and chemical dependency. Therefore, I had to surrender to a higher power and accept defeat. That simple act propelled me into action. Going to A.A. meetings on a regular basis and being available to listen and help other alcoholics gave me a new freedom. Even the acts of making coffee and cleaning up after the meeting gave me a sense of purpose. The most surprising feeling I have when I’m willing to accept, change, comply, listen, and love is the inspiration I feel. It feels like when I lost my life to alcoholism... I found my life with all of you who are reading this letter. I am free to create, love, and laugh again. I forgot to mention fear, it is gone. Not all the time, but it doesn’t appear as often. When fear does emerge, I try to be willing to trust my higher power and if that doesn’t work, I pray for willingness and wait till I’m free again. “This too shall pass.” This is a program of progress not perfection. I’m glad I don’t have to be perfect; I just want to be free and be a person among people.

Overheard in San Diego Meetings

*“They say there are meetings 24 hours a day.
But like, ya’ know, like, that’s not always
convenient for me.”*

*“If I could drink like a normal person,
I’d do it every day”*

San Diego AA
Coordinator History

**Did you know
the first
Coordinator
was
distributed to
members of
our San Diego
fellowship in
October of
1948?**

Are We Willing To Go To Any Length?

by Thomas K.

The dictionary definition of willing is doing or done gladly. I can tell you this wasn't in my mind when I came to the program of A.A. If there were another way; I would have taken that road.. I can also say without reservation many of us feel exactly the way I did. We didn't wake up one morning and willingly phone A.A. and the spent the majority of the day looking forward to going to a meeting. My attitude was one of not being willing to go to any meeting or even hear one more time about A.A. I had tried on numerous occasions and each time I felt that A.A. failed miserably. Still there was this question in my mind? Was there something I wasn't grasping? Was I my own worst memory? It did work for many of the people who attended. They seemed to be happy, helpful, normal people from all walks of life. I was desperate enough to try it again. The very first meeting I attended shortly after my release from the hospital I somewhat listened when pages 58-60 were read and heard

“If you have decided you want what we have and are willing to go to any length to get it-then you are ready to take certain steps.”

I admitted I was licked. Every stone had been turned over and all my attempts to fix my problem didn't work. I knew that death wasn't an option. I wanted to live. Little did I know at that moment what sort of willingness was necessary and certainly it wasn't an option!

Within a month, the, willing to go to any length concept, was becoming a part of my life. Mind you, I wasn't willing, but I did go to any length to reluctantly to my sponsor and take his suggestions. “You will wash and dry the ceramic coffee cups after the meeting. You will go to a meeting everyday for the first three months. You will read the first forty three pages again and again until you truly grasp the meaning of the first step.” I wanted to throw up if I ever heard, “it is the only step you must do to perfection 100% of the time.” This was mentioned to me every time we talked. These were just some of the suggestions I went along with. We were talking about the willingness to take direction and at this *okay* didn't enter the picture; it would come later. For now, it was sufficient enough I would do as I was told. For me this is exactly the prescription necessary for survival. I needed to be treated as a prisoner in jail and told exactly what I could or couldn't do. Slowly, acceptance of

willingness began to enter my life. The will to survive became stronger that the will to take that first drink, this was only the beginning. Reading of those first forty-three pages did work! In spite of my stumbling about, the fact that I admitted to myself I was an alcoholic was working.

Today my life is filled with an overwhelming abundance of willingness! I'm willing to listen to what you have to say from your side of the street. I'm willing to *gladly* take direction. I use to be willing to go to any length to prove I was right and you're wrong. Today I don't have to do that. I can truly say it doesn't matter to me if I'm right or wrong. You have the right to your opinion and it doesn't matter what I think. Yes, I falter from this lofty branch from time to time, but most of the time my goal is achieved.

I'm willing to get involved and willing to do whatever the group wants me to do. By having practiced this attitude for many years it has become part of my makeup and have faith when I say it has helped to maintain my sobriety. The granite wall around my brain is thick and major drilling was necessary for me to grasp the concept of willingness. I liken this to taking my daily medication. If I don't take it I'll get really sick and die. If I take it I'll be okay, but only for that day because the process begins again the following morning.

Most important is the fact I'm willing to give this program away with an attitude of confidence from the deepest part of my being. I know that it works! Willingness is certainly one of the ingredients. You must give this program away and then you get to keep it. It has taken me years to get to this point in sobriety and I realize how quickly it can vanish if I don't maintain my willingness to take direction and stay involved in the program of A.A. There is no graduation. The disease is only put in check never cured. It progresses and starts where you left off as many have tested the waters after a number of years and found disaster.

Be willing to listen and take direction. There is hope. Willingness is a major key in sobriety. I *gladly* enjoy going to meetings and sincerely look forward to it. Willingness works! Going to any length has paid major dividends in my life.

“All that Step Six asks of me is to become willing to name my defects, claim them as my own, and be willing to discard the ones I can, just for today.”

Daily Reflections, page 166

AREA 8 LITERATURE COMMITTEE
PRESENTS!

MOVIE NIGHT

ALLOW US TO BE A PART OF YOUR MEETING OR
ON A SEPARATE NIGHT, FOR A SHORT TIME! WE
WILL BRING THE MOVIE AND YOU PROVIDE THE
PLACE.

ANYTIME, ANYWHERE, ANY MEETING

CONFERENCE APPROVED FILMS:

YOUNG PEOPLE'S VIDEOS

HOPE: ALCOHOLICS ANONYMOUS

IT SURE BEATS SITTING IN A CELL (17 MINS)

MARKINGS ON THE JOURNEY (35 MINS)

BILL'S OWN STORY (60 MINS)

CARRYING THE MESSAGE BEHIND THESE WALLS

BILL DISCUSSES THE TWELVE TRADITIONS (60 MINS)

AA IN CORRECTIONAL FACILITIES

YOUR A.A. GENERAL SERVICE OFFICE, THE GRAPEVINE, AND THE GENERAL
SERVICE STRUCTURE (22 MINS)

PLEASE CONTACT THE LITERATURE CHAIR,

Literature@area8aa.org EMAIL TO SET ARRANGEMENTS

EXPERIENCE STRENGTH & HOPE WANTED

The General Service Board is now accepting submissions to update the pamphlet **AA and the Armed Services**. Let your story reach out to the still suffering alcoholic!



If your experience includes recent active duty, please consider submitting your story to be included in this AA pamphlet. The revised pamphlet will include a section focusing on veterans of the armed services.

- **Length and format:** 500-800 words, double-spaced. Please attach your name and address on a separate piece of paper. The anonymity of all authors will be observed, whether or not their story is selected for publication.
- **Where to send your submissions:** You can send any of them electronically to literature@aa.org. If you prefer to send via postal mail, send to General Service Office, P.O. Box 459, Grand Central Station, New York, NY 10163. For the Spirituality and the “A.A. and the Armed Services” submissions, send to the attention of the Literature Coordinator. For the Seventh Tradition submissions, send to the attention of the CFO.



Deadline Extended! Submission Deadline: July 2011

ALCOHOLICS ANONYMOUS 76TH BIRTHDAY PARTY

FOUNDERS DAY / UNITY DAY PICNIC

Saturday June 11th, 2011 • 10am-4pm

Admiral Baker Park – Gazebo 6 (new location this year!)
2400 Admiral Baker Rd. San Diego, CA 92124



GRAPEVINE / LA VINA CELEBRATION CELEBRATING JUNE 10, 1935 OUR VERY MERRY UNOFFICIAL BIRTHDAY

9am: Set Up **COME EARLY TO HELP**

10-11:45am: Presentations on our Tradition of Unity

12 noon: Picnic and Potluck

Please bring a side dish or dessert and extra water to share

Hot dogs and drinks will be provided

After Lunch: Games and speaker

Interpretation



Provided

DON'T FORGET...

- **Please leave pets at home!**
- A lawn chair or blanket to sit on
- Sunscreen
- Your sponsor, sponsee and a newcomer!

**Spanish
Interpretation
Provided**

Sponsored By: San Diego Coordinating Council-North County Intergroup-SDIAC-NCAIC-San Diego/Imperial Area Assembly

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

*Alcoholics Anonymous
Page 89*

Sponsorship Workshop

Find out how to get a sponsor, work with a sponsor, be a sponsor . . .



*I am responsible . . .
When anyone, anywhere
Reaches out for help, I
want the hand of AA
always to be there, and
for that: I am responsible*

From Freeways 805,163 and 15

Take 8 West to Hotel Circle North
Turn left at stop sign
Turn right into the Handlery Hotel at
the Resort parking

From Freeway 5

Take 8 East to 2nd Hotel Circle North Exit
Turn left at stop sign
Follow road back under freeway to North Side
Go through two signals and one stop sign
Turn right into the Handlery Hotel and
Resort parking

PARKING WILL BE VALIDATED

FOR MORE INFORMATION CONTACT:

**Sunday
July 17, 2011**

9:30 A.M. to 1 P.M.

***Registration and Continental Breakfast at
8:30 a.m.***

**HANDLERY HOTEL
Crystal Ballroom
950 Hotel Circle North
Mission Valley**

This FREE workshop includes:

Speakers

Round Table Discussion

Coffee, Juice, Deluxe Continental Breakfast

Parking will be validated

Registration begins at 830am

ASL Interpretation will be provided upon request

**Hosted by Districts 4,5,
6,14 & 19**