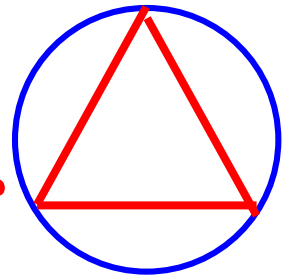


The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

"Just how and when we tell the truth - or keep silent - can often reveal the difference between genuine integrity and none at all."

As Bill Sees It, p.70

MAY 2011
VOL. XI NO. 5

INSIDE...

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"Carry the AA Message"

**Join the fun and
submit an article!**

Monthly Themes

JUNE

Principle of Willingness (due 4/28)

JULY

Principle of Humility (due 5/26)

AUGUST

Principle of Brotherly Love
(due 6/23)

Submit 500 to 1000 word story to
Newsletter Chair at:
sdaa.newsletter@gmail.com

For more information, see page 2

The Fifth Principle of Integrity

by Thomas K.

Integrity has always played a key role in my life. Growing up it was something my parents felt was of major importance; honesty should be a major part of my make-up. I was taught to never lie or steal from the time I was old enough to understand this important value. Most of the time, I adhered to this concept even knowing there would be consequences resulting from being truthful. I was looked upon as a young man whose word could be believed, I could be counted on in difficult situations and I was cash register honest. I did stray from time to time, but overall I was good, having been taught the difference between right and wrong and how to be a plus in society.

Very quickly, this important principle was washed away with the huge amounts of rye whiskey I consumed. My alcoholic behavior rose to the surface like oil does when mixed with water. It immediately became a problem. I needed extra money that I didn't have so I sought other ways to fuel my addiction. At first, I would borrow from my parents or friends with no intention of paying them back. Chalk up one mark for lack of integrity. There were occasional situations where the temptation and the opportunity to steal liquor made my honesty take a backseat. My desire for alcohol was greater than what I was morally taught by my parents. Invite me over for a drink and merriment, leave the room, and I would quickly drink from your bottle. Chalk up another one for lack of integrity. At this point I hadn't connected the dots to realize that this behavior was a part of my alcoholism. Even if I had known, I probably wouldn't have cared because I knew I wasn't an alcoholic, because I had no physical consequences. I had watched "The Lost Weekend" and knew what a real alcoholic was all about! I didn't have the shakes or see little things come out of the wall. Even though I had attended some A.A. meetings *those* people were different. I didn't identify with anything I heard at the meetings and nothing turned on the light bulb on by reading the Big Book; other than it was a poorly written piece of literature and I could have certainly done much better!

As time marched on, my integrity became something foreign to me as alcoholism eliminated this part of my personality. I only cared about where my next drink was going to come from and would do **anything** in order to get it. I lied, cheated and stole to get my daily supply. The only integrity I did have was paying for it when I did have the funds. When things really got tough, I would

(Continued on page 3)

**ALCOHOLICS ANONYMOUS
SAN DIEGO CENTRAL OFFICE**

24 HOUR PHONE (619) 265-8762

OUR WEB PAGE www.aasandiego.org

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OFFICE & BOOKSTORE

Mon-Sat 9am-5pm

Central Office Manager: Connie J.

Administrative Assistant: Kathy M.

The San Diego "AA Coordinator" is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsements by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted.

Contributions from A.A. members are welcome and will be printed as space allows and as they are relevant to the upcoming topic(s) (*see page 1, bottom left*).

Submissions may be emailed to the newsletter chair at SDAA.newsletter.com. They may also be typed or neatly handwritten and mailed to Central Office or delivered in person to the committee on the fourth Thursday of the month at 6PM, Central Office. Submissions must include contact information and a name (your name and last initials only). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous. An effort will be made to contact the author regarding content changes.

Phone Volunteers, 12th Step Calls, meeting information, group and individual contributions, book and literature sales, Coordinating Council and Intergroup Information can be obtained at the Central Office. For Committee specific information contact the following Committee Chairs:

Coordinating Council Officers:

Council Chair	Nancy N.
Council Assistant	Rick W.
After Hours Phones	Ruben S.
Business Committee	Maggie S.
New Coordinators	Clay K.
Outreach Committee	Kevin H.
Program Committee	Nicki F.
Public Info Committee	Heidi
Newsletter/Coordinator	Chris C.

Area Officers:

Delegate	Joel C.
Alternate Delegate	Tom M.
Area Chair	Rafael C.
Archives	Carrie E.
H & I Director	Chris S.
Young People's Committee	Morgan

Contributors: Eric J, Thomas K, Fulton O

May Theme: Integrity

Fold & Label: Wednesday May 20, 2011
5:30 pm, at Central Office

Committee Meeting: Thursday May 28, 2011
6:00 pm, at Central Office

View from the Chair :

This is my last time working on the AA Coordinator Newsletter as the Chair. My time is up and Linda F will be stepping in as the Chair. Linda has been on the Committee for a while and has done great work so far. I know she will continue her work and dedication spreading the message in these pages.

We are still looking for articles on the 12 Principles of AA. You can submit your articles any time of the year for any of the 12 Principles; however, we are trying to keep them coordinated with the months (Principle one for January, two for February, etc). If you have any articles that you are not sure fall under any of the 12 Principles; submit them anyway!!! If it's about AA, it's probably about the Principles!

Remember you can drop off your article at Central Office or you can email your submissions to the committee at sdaa.newsletter@gmail.com.

In loving service,
Chris C

**Thank You to our April 2011 Issue
Fold and Label Volunteers!**
These kind folks participated in March

Group Represented	Volunteers
We Group	Wes T
Newsletter Members	Chris C, Christian W, Maureen B
Misfits	Joni, Eddie G, Eva G, Sheaonna R

(Continued from page 1)

steal Listerine or Nyquil. They were not my beverage of choice, but did feed my craving. I reached the point that I begged, to whoever would listen, for money. I'm ashamed to say I would steal from you and commit burglary to get what I needed. By now, all the things I had seen in "The Lost Weekend" had come true, and more. I didn't care! Sure, I was an alcoholic; but there was no way I was going to quit and be forced to go through the horrible withdrawal I had been given a taste of. The physical part of the disease had completely taken over my life.

When I was finally hospitalized and properly detoxed from the physical addiction, the symptoms subsided. My behavior and spirituality badly needed attention. Even though I came back to A.A., my attitude was still, "You don't understand I'm different!" I still didn't care! My behavior slowly transformed back to the way I used to be, including my integrity. I no longer had to be dishonest as my desire to drink disappeared. I stumbled many times; saying I would do something only not to follow through and I was lying about paying money back. I was still a cheat, con man and crook when I had to be. But progress was being made working the program with my sponsor. I was moving forward despite my chronic complaining about how everything was wrong with A.A.

Today the issue of my integrity is not a problem as a direct result of working the program of Alcoholics Anonymous. A.A. has taught me that I have everything I need. Now, I just tell the truth. It's the easier, softer way! I've learned to say no, even though you might be disappointed, a benefit of working the steps. This fine-tuning taught me I can't do everything and even though I want to, I can't make you happy. The program teaches me my limitations. Now, when I tell you I'll do something, my integrity is behind it. I'm depended on to do certain things and I follow through now or let you know in advance if I can't. I'm treasurer of a group and I'm trusted that I'll never disappear with the money. By

practicing the last three steps of A.A. everything is fine, evaluated on a daily basis. Do I falter? I'm not a saint and often times get off track. The fellowship makes these small detours brief because now a red flag goes up when I share at in meetings and certain things will be pointed out to me. The fellowship is truly looking out for my wellbeing. Now I'm at a point in my sobriety where I like going to meetings and am willing to take direction. Integrity is a part of my life. It is a treasured asset I greatly value.

CRITICAL and URGENT NEED!

Emergency back-up volunteers to answer daytime and after-hour phones!
New groups needed for after-hours phones waiting list!

Call forwarding is available

CALL:

AA Central at 619-265-8762

for more information

A.A. Birthdays!

Many A.A. members celebrate their birthday by sending a donation of one or two dollars for each year of sobriety to Central Office. If you would like to carry on this tradition, please fill out the form below.

Birthday Gratitude

Name _____

City/Home Group _____

Sobriety Date _____

Amt. Enclosed _____

Please mail to:

San Diego Central Office
7075-B Mission Gorge Rd
San Diego, CA 92120-2454

All birthdays submitted will be published the month following submission. Please contact the newsletter chair if a birthday has not been published for two months following submission.

Group and Meeting Changes

NEW MEETINGS

One Moment At A Time

Shop – in back 457 El Cajon Blvd
Fri @ 5:30 pm El Cajon

Whistling In The Dark Codes: C M

Church – upstairs 3030 Thorn St
Sat @ 10 am North Park

RELOCATE

Womens Attitude of Gratitude Codes: C W

Health Occupations Ctr (Rm 5)
9368 Oakbourne Rd
Wed @ 6:30 pm Santee
(was 10701 N Magnolia Ave)

NAME CHANGE

4077 Mash Step 11: Read-Meditate-Share

Church – Rm 205 3900 Cleveland Ave
Sun @ 6 pm Hillcrest
(was 4077 Mash 11th Step)

TIME CHANGE

H.O.W. Candlelight Codes: *

Club 938 E Washington St Codes: *
Fri @ 9:30 pm El Cajon
(was 10 pm)

CANCELED

Serenity Under The Tarp

Behind Coffee Shop 457 E Main St
Fri @ 7 pm El Cajon

IB Young People And Alive

Office Bldg 755 Emory St
Sat @ 8 pm Imperial Beach

Babes Big Book Study Codes: C W

Residence 13439 Hwy 8 Bus
Thu @ 6 pm Lakeside

Coordinating Council Attendance

**The following 60 groups attended May Coordinating Council
There are 760 registered groups in San Diego
WAS YOUR GROUP THERE?**

NEXT COUNCIL MEETING IS: THURSDAY, May 12, 2011

AA By The Bay	La Mesa Step Study Workshop
Allied Gardens Step Study	La Mesa Womens Sat Morning
Battery Chargers	Miracles On Monday
Cedar Street Mens	Monday At A Time
Clairemont Mens	Monday Nite Live
Clairemont Womens	New Comers Into Action
Clairemont Womens Step Study	North Park Mens
Daily Reflections	Old Town Speakers
Downtown Discussion	Over The Bridge
Early Morning Recovery	Point Loma Mens
Early Risers (PB)	Porter Hall Structured S/S
East Side Group	Progress Rather Than Perfection
Easy Does It Riders	Rule 62 Group
El Cajon Daytime	Santee Saturday Night Speakers
El Cajon Womens Serenity	Santee Thursday Closed Mixed
First Mira Mesa Mens	Scripps Ranch Mens Two
Fourth Dimension	Sky Hi Women
Free On Friday	Smokefree La Mesa Womens
Fresh Start Beginners	Sober Nooners
Friday Night Irregulars	Sobriety Seekers Step Study
Great Fact Group	Southern Cal Speakers
Harmony Group	Straight Shooters
Haul Your Hiney Out Of Bed	The Joy Of Living Group
I. B. Up	The We Group
Imperial Beach Group	Thursday Promises Promises
Kelton Ave Big Book Study	Tues Night Big Book Step Study
La Mesa Beginners	Water Walkers Too
La Mesa Mens	Womans Gut Level
La Mesa Mixed	Womans Let Go And Let God
La Mesa Open Discussion	Women In Harmony

KNOW GOD KNOW PEACE

It is plain that a life, which includes deep resentment, leads only to futility and unhappiness... But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave.

Alcoholics Anonymous, p. 66

**Know God,
Know peace.
No God,
No peace.**

Daily Reflections, May 15

A LIST OF BLESSINGS

One exercise that I practice is to try for a full inventory of my blessings...

As Bill Sees It, p. 37

What did I have to be grateful for? I shut myself up and started listing the blessings for which I was in no way responsible, beginning with having been born of sound mind and body. I went through seventy-four years of living right up to the present moment. The list ran to two pages, and took two hours to compile; I included health, family, money, A.A.- the whole gamut. Every day in my prayers, I ask God to help me remember my list and to be grateful for it throughout the day. When I remember my gratitude list, it's very hard to conclude that God is picking on me.

Daily Reflections, May 21

*Thank you, Day Time Phone
Volunteers For Carrying The Message*

Minutes of the Coordinating Council Thursday, April 14, 2011

Nancy N. – Council Chair called the 790th meeting to order at 7:30 pm. Jim R. read the 12 Traditions. Council Definition and Purpose read by Maureen B. There were 7 new Coordinators, 2 visitors and 8 birthdays. 7th Tradition was \$82.15. Roll Call: Rick W., Assistant Council Chair reported 60 groups were represented out of 85 registered Coordinators. There was a quorum (44) It was m/s/c to approve the minutes of the March 2011 Council Meeting.

Area Assembly – Tom M., Area 8 Alternate Delegate shared that the General Service Office continues to request stories for “Armed Services Pamphlet. You can submit via AA.org or contact Central Office. They are also requesting “Young People’s Videos.”

Looking for volunteers to assist at Unity Day/Founder’s Day Picnic on June 11th.

H & I Representative: Debbie – Shared purpose of H & I (to establish and maintain AA meetings in facilities where people are confined and to bring AA General Service Conference approved literature into those institutions). We have more requests to bring a meeting in than we have volunteers, so we are always looking for new members. Individuals or groups may adopt a meeting. We have two Orientation Meetings each month: 3rd Sunday @ 12:15 pm Hall 5150 Kearney Mesa Rd 92111 and 3rd Thursday @ 7 pm Central Office 7075-B Mission Gorge Rd 92120. Contact on Release’s purpose is to introduce alcoholics being released from confined facilities to AA in San Diego. When notified of a release in San Diego County, volunteers contact the individual and take them to their first few meetings. Go to area8aa.org and click on the H & I tab for more details and 2011 financials.

AFTER HOURS PHONES: No Report Given. All

Nights are currently filled.

BUSINESS COMMITTEE: Maggie S., Chair reported that the committee met on Tuesday 4/12/11 at 6:07 pm. Present: Maggie S., Ray R., Jerry C., Leonard R., Gary C., Sherry G. Nancy N., Council Chair, Rick W., Asst Council Chair and Connie J., Central Office Manager. There was a quorum.

- 1) It was m/s/c to approve March Minutes.

- 2) It was m/s/c to approve March 2011 Financials.

March Financial Statements briefs:

- a) Our March 2011 Net Revenue is \$244.40. Our 2011 YTD Net Revenue is \$946.29. Group and Individual Contributions were \$11,026.45. Literature Sales Revenue and bank interest was \$1,707.09 while total office and committee expenses were \$12,509.14.

Thank you for supporting your Central Office in carrying the message to the suffering alcoholic.

Manager’s Report

- 1) April’s Book of the Month: “*Came to Believe*” on sale: \$3.75.
- 2) May’s Book of the Month: “*Dr Bob and Good Old-timers*” on sale: \$9.25.
- 3) Attended Pre-conference Area Assembly in Brawley.
- 4) Met with CPA for 2010 Annual Audit. See details on page 10 of Coordinator Newsletter, May edition.
- 5) Performed annual audit of aasandiego.org website for AA meeting accuracy and map address functions.
- 6) Obtained Copier as approved by Council.
- 7) Central Office offers Gift Certificates in from \$10.00 - \$25.00 increments.
- 8) Sending contributions receipts, along with current event flyers by email. We have incurred a \$459 savings to date as a result.
- 9) Coordinator Newsletter – Sign up to receive electronically. Hard copies will continue to be available at Central Office.

Committee Member reports:

- 1) Maggie S. - led meeting.
- 2) Ray R. – made BC reminder calls.
- 3) Jerry C., Treasurer, signed checks, reviewed March 2011 Bank reconciliation and financials.
- 4) Gary C. – reviewed the bank deposits.
- 5) Rick W. – passed out call reminders.
- 6) Nancy N. – Website working properly.
- 7) Leonard checked volunteer meeting books.

Old Business: There was none.

Continued on page 6.

Continued from page 5.

New Business:

- 1) Suzanne Davis, CPA (independent Auditor) expressed that in her opinion, the financial statements present fairly in all material respects, the position of Alcoholics Anonymous of San Diego County as of December 31, 2010 and 2009, and the results of its operations and its cash flow for the year ended in conformity with generally accepted accounting principles. It was m/s/c to accept the 2010 Audit.
- 2) It was m/s/c to approve adding verbiage from The AA Group Pamphlet, p16 to online aasandiego.org Meeting Title Page defining Closed and Open Meetings.

COORDINATOR NEWSLETTER: Chris, Chair reported committee met on 4/24/11 at 6 pm. Present: Linda F., Chris C., Christian W., Maureen B., and Thomas K.

June's Theme: "Willingness". Submissions of 500-1000 words welcome (June submissions due by April 28th).

Send to SDAA.Newsletter@gmail.com or mail to Central Office at 7075-B Mission Gorge Rd San Diego, CA 92120. Come join in the fun at the Fold & Stuff party. NEED groups to adopt a month to collate the newsletter. Linda F. will be new Chair and need new members. Discussed using Grapevine cartoons.

COORDINATOR OUTREACH: Kevin reported committee met tonight. Help NEEDED in terms of participation and outreach in the areas of Sorrento Valley, Mira Mesa and Beach areas.

ORIENTATION & GUIDELINES: Clay, Chair reported committee met tonight at 6:30 pm present: Frances, Duncan and Clay. Absent: Larry

- 1) Orientated 3 new Coordinators and 1 visitor. Discussed duties of the Coordinator, handed out orientation packets and answered questions. Read the "History of San Diego", Traditions 3 & 4, reviewed Robert's rules of order" and a Quorum.

PROGRAM COMMITTEE: Nikki F. shared the committee met on 3/24/11 via text messaging.

- 1) Our 1st 2011 event will be the Founders Picnic on Saturday, June 11th with Area Assembly's Unity Day Event.
- 2) Anniversary Breakfast – is being planned to have at Ramada Inn again this year.

- 3) New Years Eve event – is being planned to have at Scottish Rite Center again this year.

PUBLIC INFORMATION COMMITTEE: Heidi, Chair reported that committee met on 4/4/11 at 6 pm. Present: Heidi, Terry L., Kimberly H., Rufus, Heather, Joe, and Steven. Absent: Pat A.

- 1) Navy 32nd St Base presentation went well. Joe and Rufus to go again on 4/11/11.
- 2) Steven brought forth proposal for AA meetings to adopt literature racks to be placed at hospitals, schools and libraries. Will have flyers available at Council to distribute.
- 3) Terry requested committee members available to assist with delivery of PI brochures to DUI schools.
- 4) GAMMA: Presentation at SDSU on April 27th 8-9 pm by Terry and Linda.
- 5) Mission Day Booth on May 29th by Kimberly and Rufus.
- 6) Literature Booth at Job Corps on June 29th 1:45 – 3:45 by Heather and Linda.
- 7) Del Mar Fair: June 10th to July 4th. We will cover odd days this year and North County Intergroup will take even days. More info forth coming next month.
- 8) Heidi will look into having a new banner made

OLD BUSINESS: There was none.

NEW BUSINESS:

- 1) GSDYPAA requests a letter of support for their upcoming bid to have the ICYPAA (International Convention of Young People's of Alcoholics Anonymous) in San Diego in 2012. It was m/s/c to approve support letter with amendments.
- 2) Orientation Committee: David (sob 1-19-09) was elected unanimously to serve.

Thanks to Tom M., Alt. Delegate and Debbie, H & I Director for Special Reports.

Thanks to Wes T. for PA System Set-up and Mike C. for coffee.

Thanks to those for setup and clean up of the room. Meeting adjourned at 8:47 pm with Serenity Prayer.

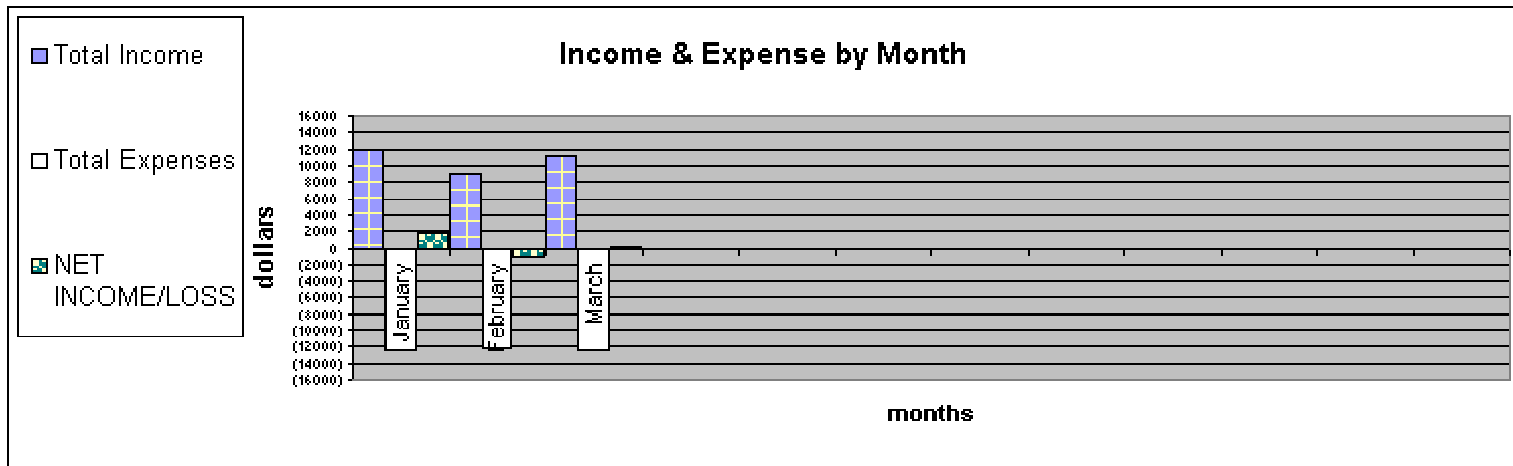
Respectfully submitted,

Connie J.

Connie J., Recording Secretary

Revenue and Expenses as of March 31, 2011

	March 11	March '10	YTD '11	YTD '10	\$ Change	Budget '11
Ordinary Income/Expense						
Income						
Contributions Group	9,632.31	8,919.14	28,547.02	25,206.47	3,340.55	118,384.00
Contributions Individual	394.14	2,745.47	1,970.32	4,260.47	(2,290.15)	9,650.00
Contributions SDIAA	1,000.00	-	1,240.00	910.00	330.00	1,125.00
Interest - Cert of Deposits	52.01	79.84	153.58	270.80	(117.22)	900.00
Total Income	11,078.46	11,744.45	31,910.92	30,647.74	1,263.18	130,059.00
Expense						
Accounting & Legal	-	3,675.00	60.00	4,125.00	(4,065.00)	2,650.00
Auto/Travel/Seminar	30.58	40.00	117.08	150.83	(33.75)	1,300.00
Bank Service Charges	2.00	54.00	6.00	64.00	(58.00)	125.00
Cash (Over) Short	(16.32)	10.73	(8.38)	47.24	(55.62)	(50.00)
Checks Returned - Bad Debt	-	-	-	-	-	-
Equipment Maint & Repair	100.00	-	175.00	-	175.00	500.00
Equipment Purchase	172.88	-	172.88	-	172.88	500.00
Insurance	50.00	50.50	150.00	151.50	(1.50)	1,100.00
Office Maint. & Repairs	-	-	-	-	-	500.00
Office Supplies	241.36	701.42	951.25	1,325.36	(374.11)	3,900.00
Rent	1,648.00	1,600.00	4,944.00	4,800.00	144.00	20,168.00
Taxes	-	-	1.05	83.49	(82.44)	80.00
Telephone	234.08	230.10	705.68	675.43	30.25	2,900.00
Utilities-Electricity	263.82	269.58	801.22	918.03	(116.81)	3,600.00
Website	20.00	13.00	96.75	59.85	36.90	500.00
EMPLOYEES	-	-	-	-	-	-
Accrued Payroll Taxes	544.72	623.57	2,117.98	2,210.98	(93.00)	7,400.00
Employee Wages	7,670.86	7,284.76	22,392.58	22,130.48	262.10	89,990.00
Employee 403B Contribution	187.14	175.00	554.71	525.00	29.71	2,100.00
Employee Health Benefit	817.00	853.04	2,487.04	2,698.06	(211.02)	10,236.00
Insurance-Worker's Comp	66.00	50.00	166.00	186.50	(20.50)	850.00
Total Expense	12,032.12	15,630.70	35,890.84	40,151.75	(4,260.91)	148,349.00
Net Ordinary Income	(953.66)	(3,886.25)	(3,979.92)	(9,504.01)	5,524.09	(18,290.00)
Other Income/Expense						
Literature Income/Expense						
Sales (see schedule)	1,655.08	1,922.44	6,219.52	6,349.86	(130.34)	25,540.00
Total Other Income	1,655.08	1,922.44	6,219.52	6,349.86	(130.34)	25,540.00
Standing Committees Inc/Expense						
Committee (see schedule)	477.02	1,210.84	1,293.31	2,521.43	(1,228.12)	7,250.00
Total Other Expense	477.02	1,210.84	1,293.31	2,521.43	(1,228.12)	7,250.00
Net Other Income	1,178.06	711.60	4,926.21	3,828.43	1,097.78	18,290.00
Net Income	224.40	(3,174.65)	946.29	(5,675.58)	6,621.87	-



Group	Mar '11	Ytd 11	Group	Mar '11	Ytd 11
11th Step Journey-2622	75.00	200.00	Judges Big Book - 2736	-	10.00
Adams Avenue Big Book Study - 1892	50.00	50.00	La Jolla Basic B/B Study - 2154	-	180.00
Allied Gardens Friday Lunch - 766	-	100.00	La Jolla Beginners Group - 82	-	400.00
Annual Grateful Meeting - 2461	-	76.00	La Jolla Mens - 692	-	75.00
As Bill Sees It (Coronado) - 2780	100.00	100.00	La Jolla Monday Womens - 87	-	600.00
B.Y.O.B. - 203	-	100.00	La Jolla Nonsmokers Disc - 88	-	250.00
Back to Basics - 1026	-	500.00	La Jolla Patio Group - 613	-	138.20
Balboa Breakfast - 2721	-	152.55	La Mesa Mens - 106	116.11	204.70
Battery Chargers Thanksgiving Alkathon	-	8.00	La Mesa Mid Morning - 2777	-	40.00
Bayside Big Book Study - 1610	-	50.00	La Mesa Mixed - 2136	-	150.00
Beginners Steps To Sobriety - 1007	-	20.00	Laguna Mountain Group	-	60.00
Big Bon-Fire Meeting - 1894	286.00	286.00	Lake Murray Lunch Bunch - 2701	120.50	120.50
Big Book & 12 x 12 Study - 100	20.00	20.00	Lake Murray Womens - 572	-	92.50
Bonita Womens Big Book - 2734	-	29.31	Linda Vista Thursday Night - 319	-	215.00
Breakfast Of Champions - 2818	100.00	500.00	Little Apple Group - 1438	-	50.00
Carrying the Message - 2458	-	100.00	Living Free - 477	1,400.00	1,400.00
Cedar Street Mens - 1698	-	264.37	Lost & Found - 2907	-	12.00
Chula Vista 4 Min Speakers - 1568	-	200.00	Lunchtime Friends - 964	-	52.40
Citizens Again - 2658	182.50	182.50	Midnight Howlers - 1025	-	440.00
Clairemont Daytime Step Study - 427	-	60.00	Mira Mesa Monday Noon Mixed - 542	20.00	20.00
Clairemont Discussion - 314	50.00	100.00	Mira Mesa Womens - 411	-	52.46
Clairemont Mens - 301	-	300.00	Mission Bay Sat Night Speakers - 271	-	80.00
Clairemont Mixed Discussion - 338	-	75.00	Mission Hills Lunch Bunch - 2675	250.00	1,250.00
Clairemont Wednesday Group - 303	-	115.00	Monday At A Time - 2875	-	60.00
Clairemont Womens - 340	-	185.79	Monday Night Big Book Study - 2345	-	10.00
Clairemont Womens Step Study - 341	-	70.00	Monday Night Young People's S/S-2618	-	73.01
Class Acts - 1845	-	240.00	Monday Nite Live - 643	100.00	100.00
Coffee Clutchers - 2332	-	250.00	Morning Attitude Adjustment - 768	-	575.00
Coronado Big Book - 1644	50.00	50.00	Mother Earth Viejas Rez- 2019	-	10.00
Coronado Nooners - 497	741.20	891.20	Mt Soledad Mens - 717	250.00	250.00
Coronado Step Study - 1523	60.00	60.00	National City Maintenance - 136	-	85.00
Courage to Change - 2679	-	100.00	Noon at the Grove - 628	100.00	100.00
Dawn Patrol - 263	-	158.94	Nooners Anonymous - 1164	-	106.25
Diamond St Mens Step Study - 569	-	223.41	North Clairemont Sat Nooners - 2572	50.00	50.00
Downtown Discussion - 1665	-	292.87	O.B. Friday Night Big Book Study - 1316	-	150.00
Drunks Only - 1605	-	619.97	OB Peer Group - 2130	50.00	50.00
Each Day A New Beginning - 509	200.00	400.00	Old Town Speakers - 321	-	250.00
Early Morning Recovery - 2688	100.57	219.31	On The Corner - 2384	-	167.40
Eastlake Greens Attitude Adjust(Su - 2712	170.00	320.00	One Step At A Time Runners - 1664	159.57	159.57
Eastlake New Beginnings B/B S/S - 2673	90.00	90.00	Open Minded Mens - 626	-	200.00
Easy Does It Riders - 21	-	340.10	Pacific Beach Weekend Warmup - 725	-	100.80
Easy Does It Speakers - 114	-	50.00	Paradise Hills - 392	-	50.00
El Cajon Daytime - 52	-	720.00	Pass It On Big Book Study Group -2860	91.41	275.82
Eye Opener Group - 607	-	139.50	Penasquitos 12X12 - 2759	-	20.00
Fourth Dimension Group - 2415	377.25	377.25	Point Loma AA Discussion - 242	170.00	170.00
Free At Last - 2888	-	119.49	Point Loma Nooners - 1606	-	117.77
Fresh Air Friday - 266	-	300.00	Point Loma Saturday Morning - 1240	40.00	40.00
Fresh Start Beginners - 2609	313.00	632.65	Porter Hall Structured S/S - 97	90.00	90.00
Fri Noon Living Sober - 2767	25.00	25.00	Pt Loma Fri Afternoon Step Study - 244	-	188.00
Friday Morning Womens - 104	-	163.00	Pt Loma Womens Discussion - 1608	-	75.00
Friday Morning Santee - 1754	-	180.00	Rainbow Group - 570	-	125.00
Friday Nite Weeks End - 1856	-	60.00	Ramona Wednesday Step Study - 141	20.00	20.00
Good Morning AA - 1888	-	73.95	Resentment and a Coffee Pot - 2561	50.00	50.00
Happy, Joyous & Free - 363	-	75.00	Right Turn Group - 1900	40.00	90.00
Harmony Group - 585	145.21	145.21	Rise & Shine - 2170	89.00	347.25
Hi-Nooners - 673	28.00	28.00	Rocket Riders - 1730	-	180.00
Hwy 80 AA - 2722	240.00	240.00	Round Table Discussion - 123	80.00	142.50
I. B. Up - 2565	-	100.00	Rule 62 Group - 927	100.00	100.00
Imperial Beach Group - 79	103.70	103.70	Safe Sane and Sober - 1350	-	500.00

Group	Mar '11	Ytd 11
Santee Thursday Closed Mixed - 145	60.00	110.00
Sat Mens Early Awakening - 2209	-	300.00
Sat Night Early Discussion - 336	-	191.00
Saturday A.M. Live - 782	-	63.60
Scripps Ranch Men's Two - 2776	-	50.00
Sky Hi Womens - 1633	-	60.00
Sober Nooners - 196	110.00	170.00
Sober Serenity Seekers - 887	-	93.50
Sober Survivors - 2915	-	60.50
Solutions Not Excuses - 2857	100.00	100.00
South Bay Mixed Discussion - 36	-	50.00
Spiritual Awakenings Step Study -2601	50.00	100.00
Stadium Group - 372	-	60.00
Step Sisters - 2155	-	111.00
Sunday Beach Sun-Day - 568	500.00	500.00
Sunday Midday - 161	-	100.00
Sunday Morning at the Grove - 117	50.00	50.00
Sunday Morning Eleventh Step - 1206	70.00	220.00
Sunrise Promises - 2166	130.00	380.00
Sweet Surrender Speakers - 2254	-	40.00
Thankful Thursdays - 2542	-	75.00
The Joy of Living Group - 2636	197.50	197.50
The Other Meeting - 857	104.50	104.50
The Womens Room - 450	-	6.04
Thursday Campus Noon Group - 2387	-	80.00
Tierrasanta Morning Serenity - 2811	-	94.00
Top of the Hill - 41	50.00	50.00
Tri-Serenity - 836	-	20.00
Tues Night Big Book Step Study - 1813	150.00	150.00
Tuesday Campus Noon Group - 2544	-	80.00
Tuesday Morning Alpine - 440	-	99.60
Tuesday Morning Breakfast Special - 2761	60.00	60.00
Tuesday Night Primary Purpose - 130	-	75.00
Tuesday Vision 4 U - 2775	-	20.00
University City Womens - 369	-	250.00
Wake Up Call - 1932	-	10.00
War Fever - 880	136.00	136.00
Water Walkers Too - 1946	228.00	228.00
Wed Nite Traditions Study - 2336	40.00	40.00
Wednesday Discussion Group - 2431	275.00	275.00
Wednesday Winners Circle - 496	-	502.50
Wholesale Miracle - 2474	83.09	83.09
Women In Harmony - 1807	75.00	75.00
Womens Attitude of Gratitude - 2751	-	78.79
Womens TLC - 2814	33.00	33.00
Womens Way To Recovery - 838	104.20	104.20

Individual members may also make contributions to Central Office up to \$3000 per year. Some choose to contribute \$1 or \$2 on their sobriety birthdays for each sober year.

**March Individual Contributions
Daniel Y., Robert H., Nick C., Martin B.
James C., Anonymous, Imperial Valley**

March 2011

Group Contributions:	9,632.31
Individual Contributions:	394.14
SDIAA Contributions	1,000.00
Literature & Interest :	<u>1,655.08</u>
Total Revenue:	\$12,733.54
Central Office Expenses:	-12,032.12
Committee Expenses:	<u>-477.02</u>
Total Expenses:	-\$12,509.14

March 2011 Net Revenue: 224.40

2011 YTD Net Revenue: \$ 946.29

Each day that your Group participates in the work of our local AA services, whether through Group Contributions, Individual Contributions, Sobriety Birthday Contributions or Newsletter Contributions or those who "contribute their time" something wonderful happens in AA. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your group's contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your AA Group devotes into carrying the message of hope to the still suffering alcoholic.

Thank you for supporting your San Diego Intergroup Central Office in Carrying the Message of Alcoholics Anonymous to the suffering alcoholic.



**Central Office
accepts
Visa/Mastercard
debit/credit cards**

2011 Holidays - Central Office Bookstore Closed		
HOLIDAY	DAY OF WEEK	DATE
Memorial Day	Monday	May 30 th
July 4 th	Monday	July 4 th
Labor Day	Monday	September 5 th
Veterans Day	Friday	November 11 th
Thanksgiving Day	Thursday	November 24 th
Christmas	Monday	December 26 th

2010 Year-end Audit performed by Suzanne Davis, CPA (Independent Auditor) reported that in her opinion, the financial statements present fairly in all material respects, the financial position of Alcoholics Anonymous of San Diego County as of December 31, 2010 and 2009, and the results of its operations and its cash flows for the year ended in conformity with generally accepted accounting principles.

Alcoholics Anonymous of San Diego
Balance Sheets
December 31, 2010 and 2009

	<u>2010</u>	<u>2009</u>
Current Assets:		
Petty Cash	\$250	\$250
Cash in Checking	38,379	34,847
Credit Card Merchant	283	1,236
Cash in Savings – CD's	77,283	80,662
Prepaid Expenses (Insurances)	788	643
Inventory	24,286	30,529
<u>Total Current Assets</u>	141,269	148,167
Fixed Assets:		
Furniture, Fixtures & Equipment	29,881	31,283
Leasehold Improvements	6,226	6,226
Less; Accumulated Depreciation	(36,107)	(37,509)
<u>Total Fixed Assets</u>	0	0
<u>Total Assets</u>	\$141,269	\$148,167
Liabilities:		
Accrued Payroll Taxes	\$2,586	\$2,542
Accrued Sales Tax	1,908	1,962
<u>Gift Certificates Outstanding</u>	20	0
<u>Total Liabilities</u>	4,514	4,504
Fund Balances	136,755	143,663
<u>Total Liabilities & Fund Balance</u>	\$141,269	\$148,167

CENTRAL OFFICE
PHONE CALLS FOR March 2011

TOTAL CALLS FOR MONTH 2,339	Meeting Info	General Info	XII Step Calls
DAYTIME VOLUNTEERS From 9 am to 9 pm	1,551	416	49
NIGHT TIME VOLUNTEERS From 9 pm to 9 am	188	124	11

WEB SITE HITS: March = 9,754 Total 919,845

May 2011
AFTER-HOURS PHONE GROUPS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Adams Ave Big Book	Mt Soledad Mens	San Diego Young Peoples	The We Group	Over The Bridge	Dawn Patrol	Fresh Start Beginners
Mission Hills Late Night						
8	9	10	11	12	13	14
La Mesa Women's Sat Morning	Water Walkers Too	East Side Group	P. B. Early Risers	La Jolla Speakers	Mission Possible	Imperial Mens
La Mesa Mens						
15	16	17	18	19	20	21
South Clairemont	Evening Serenity	Fourth Dimension	Pacific Beach Young Peoples	Morning Attitude Adjustment	Rainbow Group	Cedar St Mens
Safe, Sane and Sober						
22	23	24	25	26	27	28
Clairemont Mens	Downtown Discussion	Imperial Beach Group	La Jolla Beginners	Drunks Only	Lemon Grove Easy Risers	North Park Mens
Southern Cal Speakers						
29	30	31				
The Other Group	Diamond Street Mens	Eye Opener	Thank You, Night Time Phone Volunteers For Carrying The Message!			
Harmony Group						

**If your Group wants to answer phones, call:
Or Connie at Central Office (619) 265-8762**

May 2011

A.A. SERVICE EVENTS IN SAN DIEGO

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<p>Every Sunday Comite de Instituciones Oficina Central Hispana 3628 University 6:00 pm</p> <p>Every Sunday Greater San Diego Young People's Coffee Shop 3343 Adams Normal Heights 1:00 pm</p>	<p>Public Information Committee Central Office 6 pm</p> <p>District 8 Office Bldg 755 Emory St Imperial Beach 8:00pm</p>	<p>Area Policy Committee Central Office 6:30 pm</p> <p>District 19 Center 3909 Centre St Hillcrest 6:00 pm Every Tuesday</p> <p>Information Publica Oficina Central Hispana 3628 University 7:00 pm</p>	<p>District 4 Church 7111 La Jolla Blvd La Jolla 6:30 pm</p>	<p>Archives Committee 6:45 pm Varies</p> <p>District 9 ARC 298 E. Ross Ave El Centro 7pm</p> <p>District 12 Church Fireside Rm (alley) 4690 Palm Ave La Mesa 6:30 pm</p>	<p>District 7 Club 1944 30th St Golden Hill 6:30 pm Every Friday</p> <p>Distrito 15 Oficina Central Hispana 3628 University 6:30 pm</p>	
8	9	10	11	12	13	14
<p>Grapevine Committee Varies</p>	<p>Area Newsletter Committee Keith's Restaurant I-15 & Miramar Rd 6:30 pm</p> <p>Area Finance Committee Central Office 6:30 pm</p> <p>District 6 Denny's Restaurant 901 Camino Del Rio S Mission Valley 6:30 pm</p>	<p>Business Committee Central Office 6:00 pm</p> <p>District 10 Church 490 Farragut Circle El Cajon 5:30 pm</p> <p>District 13 Club 9535 Kearny Villa Rd #104 Mira Mesa 7:00 pm</p>		<p>Coordinating Council Church 2111 Camino Del Rio South Mission Valley 92108</p> <p>Orientation Committee 6:00 pm</p> <p>New Coordinators 6:30 pm</p> <p>Coordinator Outreach 7 pm Council 7:30 pm</p> <p>Area Agenda Committee Central Office 7:00 pm</p>		
15	16	17	18	19	20	21
<p>H&I Committee Union Hall 5150 Kearny Mesa Rd Orientation 12:15pm Business Mtg 1:15pm</p>	<p>Area Literature Committee Central Office 7:00 pm</p>	<p>Contact On Release Committee Central Office 6:45 pm</p>	<p>Fold and Label the Coordinator Newsletter Party Central Office 6:00 pm</p>	<p>Area Committee Church 2650 Melbourne Serra Mesa 7:00 pm</p> <p>H&I Committee Orientation Central Office 7:00 pm</p>		
22	23	24	25	26	27	28
<p>Program Committee Central Office 6:30 pm</p>	<p>District 5 Church 5050 Milton St Clairemont 7:00 pm</p>	<p>Accessibilities Committee Central Office 7:00 pm</p>	<p>Area Computer Needs Committee Denny's Restaurant 135 Encinitas Blvd, Encinitas 6:00 pm</p> <p>District 14 Church 1475 Catalina Blvd Point Loma 6:30 pm</p>	<p>Coordinator Newsletter Committee Central Office 6:00 pm</p>		
29	30	31				
	<p>Central Office Closed Memorial Day</p> <p>C.P.C. Committee Varies</p> <p>District 11 Church 8350 Lake Murray Blvd San Carlos 6:30 pm</p>					

THINGS TO DO AND PLACES TO GO

Third Weekenders Campout

Where: Pinezanita Campgrounds and RV Park

When: May 20th to the 22nd

Wagon Masters:

Delegate's Report Back (Post Conference)

Assembly

Where: TBA

When: 6/4/2011 8:00 AM-5pm

Contact: DCM_19@area8aa.org

Unity Day-Founders Day

Where: Admiral Baker Field - Mission Valley

When: 6/11/2011 9:00 AM to 3 PM

Contact: Tom M at Alt_Del@area8aa.org

SPEAKER MEETINGS

Check your schedule for meeting locations

Wednesday

Coronado Weds Speakers - 8pm

Fireside Speakers - 8pm

Thursday

Not Alone Speakers - 6:15pm

We Group Speakers - 7:30pm

Friday

Easy Does It Speakers - 8pm

Saturday

Goldmine Speakers - 5pm

La Jolla Speakers - 7:25pm

Southern Cal Speakers - 7:30pm

Saturday Night Speakers - 7:30pm

South Bay Speakers - 7:45pm

Mission Bay Sat. Speakers - 8pm

Two Bit Speakers - 8pm

Sunday

Old Town Speakers - 7pm

Sober Camels Speakers - 6pm

Sweet Surrender Speakers - 5:30pm

Newsletter Subscription

*Have the San Diego AA
Coordinator delivered for one
year, only \$15.*

Name _____

Address _____

Mail to: CENTRAL OFFICE

7075-B MISSION GORGE ROAD

SAN DIEGO, CA 92120-2454

A BUCK A MONTH CLUB

The "I AM RESPONSIBLE CLUB" is a reserve fund maintained by the Blood Banks for the use of members of Alcoholics Anonymous and their families in time of need. The strength and availability of this account is directly related to your support. If you need blood please contact Central Office at (619) 265-8762.

If you give blood, be sure to credit the "I AM RESPONSIBLE CLUB" at the time of your donation.



Integrity By Eric J.

“If you want self esteem; do estimable things.” I first heard this in early sobriety and it stuck with me, it just seemed to make sense. It just sounded, well, true!

My first sponsor, Hank, told me that what I suffered from was not a lack of morals but alcoholism. And that I had a malady of the spirit caused by inner conflict; conflict between my morals and my behavior. He told me that when my morals conflicted with my behavior it created a malady of the spirit which distanced me from God. He also told me that the steps would make me whole again. At the time I really hoped he was right.

Like many people, before I came to AA I thought of alcoholism as a condition brought on by a lack of morals and since I truly believed that I had good morals, I couldn't be an alcoholic. Then I read this in the Big Book, “many of us had moral and philosophical convictions galore but we could not live up to them even though we would have liked to.” (pg 62) Boy, when I read *that*; it sure rang true for me. And the blinders started to come off a little...

By definition what I lacked was integrity, which is defined as “the quality or state of being complete or undivided” or more suitably for me, I lacked a “firm adherence to a code of moral or artistic values”. Good morals always seemed like a really good idea and I thought I possessed those qualities but somehow I always fell short of the mark when it came to my behavior.

Through a “searching and fearless moral inventory” and with the help of a good sponsor, I was finally able to get a clear view of what had really transpired during those times in my life where good things had gone terribly wrong despite my good intentions. I found two common denominators in every situation; me and alcohol. Fueled by wants, fears, expectations and alcohol I had acted badly. I

had “stepped on the toes of my fellows and they had retaliated”. I was never judged for my good intentions but always for my bad actions. I learned that we are judged for our actions not our intentions. Most people learn that by the time they are eighteen, I was a little slow and didn't get it until I was forty.

So, you might ask, how do we recover our integrity and self esteem?

It's easy...the same way you eat an elephant, slowly, one bite at a time.

As we progress into the Big Book and the steps, we come to a chapter titled “Into Action”; therein lies the key. First we start with the little things we hopefully learn in early sobriety like stacking chairs, taking commitments and showing up when we say we are going to show up. Doing the right thing when no one is watching is a good start. Resisting temptation is good too; we've never been too good at that, so why not start now?

Then as we progress into the steps we start rebuilding our lives brick by brick. First by recognizing and admitting our defects in steps four and five then especially in eight and nine where we are given a chance to clear some wreckage, right some wrongs and hopefully set right some of the things that had haunted us for years. By this time in our sobriety we will most likely have regained some of our self esteem but in a beautiful new way. We will hopefully have been tempered by humility gained from the knowledge that we are no longer in charge but driven by a higher power, in my case I call it God. We are no longer cocky or arrogant but happy and helpful in most cases.

Brick by brick we have, with God's help and the help of AA, put our lives back together regaining our integrity, we are “put together” again. The tenth step helps us to keep those bricks in place and keep our castles strong. The eleventh step keeps us aligned and right with God. And the twelfth step gives us the best form of integrity of all, helping another alcoholic find theirs.

Charming is the Word for Alcoholics

The AA Coordinator, March 1964

By Fulton O.

Down at the very bottom of the social scale of A.A. society are the pariahs, the untouchables, and the outcasts, all under-privileged and all known by one excoriating epithet--relatives. I am a relative. I know my place. I am not complaining. But I hope no one will mind if I venture the plaintive confession that there are times when I wish I had been an alcoholic. By that I wish I were an A.A. The reason for that is that I consider the A.A. people the most charming in the world.

Such is my considered opinion. As a journalist it has been my fortune to meet many of the people who are considered charming. I number among my friends stars and lesser lights of stage and cinema. Writers are my daily diet. I know the ladies and gentlemen of both political parties. I have been entertained in the White House. I have broken bread with kings and ministers and ambassadors. And I say after that catalog which could be extended, that I would prefer an evening with my A.A. friends to any person or group of persons I have indicated. I ask myself why I consider so charming these alcoholics caterpillars who have found their butterfly wings in AA. There are more reasons than one, but I can name a few.

The A.A. people are what they are, and they were what they were, because they are sensitive, imaginative, possessed of a sense of humor and awareness of universal truth. They are sensitive, which means they are hurt easily, and that helped them to become alcoholics. But when they have found their restoration, they are still as sensitive as ever, responsive to beauty and to truth and eager about the intangible glories of life. That makes them charming companions.

They are imaginative and that helps to make them alcoholics. Some of them drank to flog their ambition on to greater efforts. Others guzzled only to black out unendurable demons

that rose in their imagination. But when they have found their restoration, their imagination is responsive to new incantations, and their talk abounds with color and light, and that makes them charming companions, too.

They are possessed with a sense of humor. Even in their cups they have been known to say damnably funny things. OFTEN IT WAS BEING FORCED TO TAKE SERIOUSLY THE LITTLE MEAN THINGS OF LIFE that made them seek escape in a bottle. But when they have found their restoration, their sense of humor finds a blessed freedom and they are able to reach a God-Like state where they can laugh at themselves, the very heights of self-conquest. Go to the meetings and listen to the laughter. At what are they laughing? At ghoulish memories over which weaker souls would cringe in useless remorse. And that makes them wonderful people to be with by candlelight.

And they are possessed of a sense of universal truth. That is often a new thing in their hearts. The fact that his at-one-ment with God's universe had never been awakened in them is sometimes the reason they drank. The fact that it was at last awakened in them is almost always the reason why they were restored to the good and simple ways of life. Stand with them when the meeting is over and listen while they say the "Our Father". They have found a power greater than themselves which they diligently serve. And that gives them a charm that never has elsewhere on land or sea. It makes you know that God, Himself, is really charming, because the A.A. people reflect His mercy and His forgiveness.

**SEE
FLYERS
FOLLOWING.**

AREA 8 LITERATURE COMMITTEE
PRESENTS!

MOVIE NIGHT

ALLOW US TO BE A PART OF YOUR MEETING OR
ON A SEPARATE NIGHT, FOR A SHORT TIME! WE
WILL BRING THE MOVIE AND YOU PROVIDE THE
PLACE.

ANYTIME, ANYWHERE, ANY MEETING

CONFERENCE APPROVED FILMS:

YOUNG PEOPLE'S VIDEOS

HOPE: ALCOHOLICS ANONYMOUS

IT SURE BEATS SITTING IN A CELL (17 MINS)

MARKINGS ON THE JOURNEY (35 MINS)

BILL'S OWN STORY (60 MINS)

CARRYING THE MESSAGE BEHIND THESE WALLS

BILL DISCUSSES THE TWELVE TRADITIONS (60 MINS)

AA IN CORRECTIONAL FACILITIES

YOUR A.A. GENERAL SERVICE OFFICE, THE GRAPEVINE, AND THE GENERAL
SERVICE STRUCTURE (22 MINS)

PLEASE CONTACT THE LITERATURE CHAIR,

Literature@area8aa.org EMAIL TO SET ARRANGEMENTS

EXPERIENCE STRENGTH & HOPE WANTED

The General Service Board is now accepting submissions to update the pamphlet **AA and the Armed Services**. Let your story reach out to the still suffering alcoholic!



If your experience includes recent active duty, please consider submitting your story to be included in this AA pamphlet. The revised pamphlet will include a section focusing on veterans of the armed services.

- **Length and format:** 500-800 words, double-spaced. Please attach your name and address on a separate piece of paper. The anonymity of all authors will be observed, whether or not their story is selected for publication.
- **Where to send your submissions:** You can send any of them electronically to literature@aa.org. If you prefer to send via postal mail, send to General Service Office, P.O. Box 459, Grand Central Station, New York, NY 10163. For the Spirituality and the “A.A. and the Armed Services” submissions, send to the attention of the Literature Coordinator. For the Seventh Tradition submissions, send to the attention of the CFO.



Deadline Extended! Submission Deadline: July 2011

Discover the HIGH in H&I!

*Spring...
Into
Service*



Sunday - May 15 - 2011

12:00 Noon – 2:00 PM

5150 Kearney Mesa Rd (Union Hall), 92111

Come join H&I in San Diego for...
Food / Orientation / ...and FUN!

Find out about...

- Carrying the Message in Hospitals & Jails
- Serving on the H&I Business Committee
- How H&I functions with the help of AA Groups

Pizza/Salad/Soda/Dessert will be provided

*Donations to cover cost
of refreshments accepted.*

**Alcoholics Anonymous
The San Diego – Imperial Area Assembly**

**Area 8
Delegate's Report-back
(Post Conference) Assembly
June 4th 2011 – 9:00 am**

8:00am GSR Orientation – 8:30am Registration

Where: **The Center**

3909 Centre Street

San Diego, CA

Directions:

From North – 163 South to Washington. Head East to Park,
Right on Park, Right on University, Centre is 1st street on Right

From South – North on 5 to 163 North, follow directions above from
Washington St.

The Results Are In!

**Come Celebrate the Success of A.A. and Hear
about This year's General Service Conference**

Cookies & Balloons & Cake & Soda & Candy & Food.

You're invited to...

**ALCOHOLICS ANONYMOUS 76TH
BIRTHDAY PARTY
FOUNDERS DAY / UNITY DAY PICNIC**

Saturday June 11th, 2011 • 10am-4pm

Admiral Baker Park – Gazebo 6 (new location this year!)
2400 Admiral Baker Rd. San Diego, CA 92124



**GRAPEVINE / LA VINA CELEBRATION
CELEBRATING JUNE 10, 1935
OUR VERY MERRY UNOFFICIAL BIRTHDAY**

9am: Set Up **COME EARLY TO HELP**

10-11:45am: Presentations on our Tradition of Unity

12 noon: Picnic and Potluck

Please bring a side dish or dessert and extra water to share

Hot dogs and drinks will be provided

After Lunch: Games and speaker

Interpretation



Provided

DON'T FORGET...

- **Please leave pets at home!**
- A lawn chair or blanket to sit on
- Sunscreen
- Your sponsor, sponsee and a newcomer!

**Spanish
Interpretation
Provided**

Sponsored By: San Diego Coordinating Council-North County Intergroup-SDIAIC-NCAIC-San Diego/Imperial Area Assembly