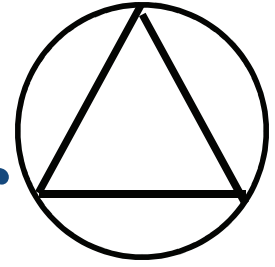


The San Diego AA Coordinator



Published Monthly by the Central Office of the San Diego County Groups of Alcoholics Anonymous

"A.A., as such, should never be organized...there are no bosses and no government in A.A."
(from A.A. Service Manual Combined with Twelve Concepts for World Services, copyright 1962, page s15)

September 2015
VOL. XV NO.9

INSIDE . . .

- Meetings in Motion, p. 4
- Coordinating Council Minutes, pgs. 5-6
- Financial Statements, p. 7
- Group Contributions, pgs. 8-9
- Central Office Notes, p. 10
- Calendar of Events, pgs. 11-12
- Upcoming Events & Speaker Meetings, p. 13

"Carry the AA Message"

Join the fun and
submit an article!

Monthly Themes

OCTOBER

Tenth Step: is a spotcheck inventory enough?

(due 8/16/15)

NOVEMBER

The role of mediation in the Eleventh Step.

(due 9/20/15)

DECEMBER

Why is anonymity so important to us?

(due 10/18/15)

Submit a 500 to 1,000 word story to
Newsletter Chair at:

sdaa.newsletter@gmail.com

For more information, see page 2

OUR LEADERS ARE BUT TRUSTED SERVANTS; THEY DO NOT GOVERN

By Blaine H.

A hypothetical conversation between our co-founders Bill and Bob in 1940's could have gone like this, "You know Smithy, I am very worried about our numbers. Only seven new groups in the last quarter and the Seventh Tradition take from the Midwest is down four percent. This does not bode well for our plans to go public with this. Perhaps we should send a couple of our best advance men to Indiana to try to open a franchise or two."

Of course this conversation never took place. Alcoholics Anonymous did not develop in this manner. There were no demographic studies done to determine whether a particular neighborhood contained a sufficient number of drunks to warrant the establishment of a new group. Rather A.A. grew like a weed. A new group would flower and seed and those seeds would be carried by the wind to new locations nourished only by the desire of the members to stay sober and carry the message to other alcoholics who were still suffering. Thus the fellowship that began with two drunks in Akron in 1935 grew to more than 100,000 by 1950 with more than 4,000 groups scattered around the world. And while it is true that an individual A.A. group can do a great deal as far as carrying the message is concerned, it certainly cannot publish our literature and support the growth of A.A. both here and abroad. As the fellowship grew, the New York office assumed many of these functions under the direction of the Alcoholic Foundation, a group formed in the late 1930's comprised of early A.A. members and non-alcoholic friends of the fellowship. This group continued to rely on Bill and Bob for guidance.

By the late 1940's Bill realized that A.A. needed broader leadership. By then, groups had been organizing themselves at the local and state levels, but lacked a formal connection to New York. Bill made the radical proposal for a conference, attended by representatives from groups in the United States and Canada. It would take control of making decisions and directing the activity of the Central Office and the trustees of the General Service Board, which later became the new name of the Alcoholic Foundation. This idea was opposed by a majority of the trustees (three resigned) and by the co-founder. In fact it was not until Bill's last visit to Dr. Bob, just four days before the latter's death in November of 1950, that Bob agreed to the idea. The original plan was to have one delegate from each of the (then) 48 states and the 10 Canadian provinces with half elected in the even and odd years, respectively. Exhibiting great foresight, Bill saw the danger of rancor in closely contested elections and proposed the Third Legacy procedure whereby substantial unanimity (defined as a 2/3 majority) was required to win, with closer contests being decided by a higher authority – the hat. And thus, "The general service conference would be the means by which the Fellowship would be autonomous, operating through the instrument of a truly democratic, representational, elected form of self-government." (Reprinted with permission from A.A.W.S. "Pass It On", p.347)

As you can see, our service structure and decision making process is truly an upside-down pyramid, with the groups at the top and the trustees at the bottom.

Suggestions for Conference topics come from anywhere within the fellowship, even individual members. Those topics are discussed and voted upon by our delegates at the Conference and those delegates have been democratically elected at each Area's assembly, which is open to the representatives (GSRs) of all the A.A. groups within that Area. It is the duty of the General Service Board to carry out the wishes of the Conference.

SAN DIEGO CENTRAL OFFICE

24 HOUR PHONE (619) 265-8762

OUR WEB PAGE www.aasandiego.orgE-MAIL: sdaaco@aol.com

FAX: (619) 265-2954

OFFICE & BOOKSTORE

Mon-Fri 9am-5pm Sat 9 am – 1 pm

Central Office Manager: Connie L.

Administrative Assistant: Denise H.

The San Diego “AA Coordinator” is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsements by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted.

Contributions from A.A. members are welcome and will be printed as space allows and as they are relevant to the upcoming topic(s) (*see page 1, bottom left*).

Submissions may be emailed to the newsletter chair at SDAA.newsletter@gmail.com. They may also be typed or neatly handwritten and mailed to Central Office or delivered in person to the committee before the fourth Thursday of the month at 6PM, Central Office. Submissions must include contact information and a name (your name and last initials only). The editors reserve the right to edit contents for length, clarity, and their relation to the Twelve Traditions of Alcoholics Anonymous. An effort will be made to contact the author regarding content changes.

Phone Volunteers, 12th Step Calls, meeting information, group and individual contributions, book and literature sales, Coordinating Council and Intergroup Information can be obtained at the Central Office.

Please contact Central Office at 619-265-8762 for Officer's phone numbers.

Coordinating Council Officers:

Council Chair	Steve E.	councilchair@aasandiego.org
Council Assistant	Precious	assistantchair@aasandiego.org
After Hours Phones	Renea	afterhoursphones@aasandiego.org
Business Committee	Natalie F.	businesscommittee@aasandiego.org
Program Committee	Rudy M.	program@aasandiego.org
Public Info	Curtis T.	publicinformation@aasandiego.org
Newsletter	Chris F.	newsletter@aasandiego.org

Area Officers:

Delegate	Dean B.	delegate@area8aa.org
Alternate Delegate	Jane G.	alt-delegate@area8aa.org
Area Chair	Roxanne	chairarea8@area8aa.org
Archives	Linda R.	archives8@area8aa.org
H & I Chair	Diana A.	Contact Central Office

Contributors: Tom R., Bill W., Blaine H., Joey K., Veronica W., Michael K., Chris F.

Sept. Theme: **What is this talk about an upside-down pyramid service structure?**

Collate: Wed., **September 16th, 2015**
5:30 pm, at Central Office
All are welcome.

VIEW FROM THE CHAIR

The theme for this September edition was about understanding the service structure of A.A. and why it is called an “upside-down pyramid”. When this topic was offered, I knew that it would be hard to get submissions because it is rather difficult to share on this topic, but our writers have done a very admirable job of mixing history with their own first hand experiences. And to bring it all together, I hope you enjoy our inclusion of information from the Service Manual which I think puts it all in perspective – from Bill W.’s own words. To paraphrase one of our writers this month, I hope that every member of A.A. chooses to get involved with General Services and to experience this first hand!

The Newsletter Committee continues to need members to write articles, write poems, and to fold and collate the newsletter once a month. We also need submissions from the AA population at large! Ask for participation in your meetings so everyone has a chance to carry the message. If you have something to say, write it down and email it to: sdaa.newsletter@gmail.com.

We have professional writers and editors on staff and **we can make you look good in print.**

I welcome your input and constructive criticism. Till next month when we again meet between the covers.

Thank you for allowing me to serve,
Chris F.

**HELP WANTED**

The Coordinator Newsletter Committee has immediate openings on the committee for writers. No experience necessary. Please contact Central Office for Chris F. phone number or email your submission to sdaa.newsletter@gmail.com

Poets Wanted Here

Your Newsletter Committee invites you to participate in a monthly AA Poem feature.

Please submit your original poems to:
sdaa.newsletter@gmail.com – 200 words or less.

MY BOTTOM

By TOM R.

Down and out, and looking downer,

The pulse of my waning life beat fainter.

This self-imposed crisis, this ripely obvious alcoholism,

Gripped me with its tentacles of denial, egoism and fear.

Bravely alive, at the eleventh hour, standing on the cliff of despair

A small ray of light, of hope, of courage shone through.

And my feet took me one more time off the cliff and into a feeble willingness.

Alas, did I not realize then, that the construct of my sobriety date had been set?

Much work lay ahead, much shedding of denial and close-mindedness,

But at that point, the might Hand of God, through AA, had plucked me out of that life of misery,

And into this new life of recovery, hope and unity.

July 2015

Total Calls 1,351	Central Office Phone Calls and Website Hits		
	Meeting	General	12 Step
Daytime 9am-9pm	815	384	39
Nighttime 9pm-9am	61	49	3
Website Hits	July 30,635	Total 1,818,444	

Many A.A. members celebrate their birthday by sending a donation of one or two dollars for each year of sobriety to Central Office. If you would like to carry on this tradition, please fill out the form below.

*Happy Birthday
to All!*

Birthday Gratitude

Name _____

City/Home Group _____

Sobriety Date _____

Amt. Enclosed _____

Please mail to:

**San Diego Central Office
7075-B Mission Gorge Rd
San Diego, CA 92120-2454**

All birthdays submitted will be published the month following submission. Please contact the newsletter chair if a birthday has not been published for two months following submission.

**Minutes of the Coordinating Council
Thursday, August 13, 2015**

Steve E. – Council Chair called the 842nd meeting to order at 7:30 pm. Twelve Traditions read by Howard. Council Definition and Purpose read by Lauren There were 11 new Coordinators, 0 Visitor and 3 birthdays.

Roll Call: Precious, Assistant Council Chair reported 32 groups were represented out of 58 registered Coordinators. There was a quorum (26). July 2015 minutes were approved.

7th Tradition: \$42

Area Assembly: Peggy Rose L., Area 8 Alternate Registrar shared:

1. August 29th Unity Day Service Workshop.
2. September 12th Budget Assembly in Mission Valley will have guest, Bob W., Trustee at Large to share with us. General Service Conference report will be available.
3. The new Area Website is up and running. Please go to Website: www.area8aa.org for more calendar of events info.

H & I Representative: Blaine H., Alternate Chair shared H&I – Takes AA meetings and AA literature into places where people can't get out to go to meetings – jails, prisons, hospitals, etc. We hold orientation on the 3rd Sunday of each month at noon in the Machinists' Hall 5150 Kearny Mesa Rd, and the 3rd Thursday of the month 7:00 PM at San Diego AA Central Office. Our subcommittee, Contact on Release, matches people being released from these facilities with AA volunteers who take them to meetings in their local area. It meets the 3rd Tuesday at 6:45 PM at Central Office. Our website is <sdhandi.org>. We will be hosting the monthly meeting of the SoCal H&I Intergroup at the Kearny Mesa Rd location on Sunday, 8/23. Lunch will be at 11:00 AM with the meeting to follow at noon. All are welcome to attend. We will be participating in Unity Day on 8/29.

AFTER HOURS PHONES: Steve, Council Chair

1. Thank you to the groups that answered AA's phones this past month.
2. All nights currently filled.
3. Your groups may also sign up on a waiting list.
4. Individuals may sign up on an emergency fill-in contact list.
5. Thank you for letting me serve you.

BUSINESS COMMITTEE: Natalie F., Chair reported Committee met on Tuesday, 8/11/15 at 6:05 pm. Present: Steve E., Natalie F., Jim M., Erica B., Lauren, Precious P., and Connie L. Absent excused: Frank B. and David B.

There was a quorum.

It was m/s/c to approve July 2015 Minutes.

July 2015 Financials Statements were reviewed.

It was m/s/c to approve.

July Financial Statements' Summary:

July Net Revenue is 1,528. Our 2015 YTD Net Revenue is 5,897. Group and Individual Contributions were 10,837. Literature Sales Revenue and CD Bank Interest were 1,295 while total office and committee expenses were 10,604.

Thank you for supporting your Central Office in carrying the message to the suffering alcoholic.

Manager's Report:

1. **August's Book of the Month:**
"Daily Reflections" on sale: \$8.25
2. **August's Pamphlet of the Month:**
"Is There An Alcoholic In Your Life?" 50¢ ea.
3. **September's Book of the Month:**
"Pass It On" on sale: \$8.50
4. **September's Pamphlet of the Month:**
"FAQ Frequently Asked Questions" 50¢ ea.
5. **Daytime phone shifts available:**
 - a. **Alternate Fridays 9 am – 1 pm**
6. 10% discount to AA Groups and AA members for literature sales for August and September 2015.

Continued on Page 6.

Continued from Page 5.

7. Secretaries/Treasurers: please include email address with contributions to receive receipts.
8. Coordinator Newsletter: sign up for a FREE subscription electronically by email. Send an email to sdaaco@aol.com.
9. NEW on our aasandiego.org website:
 - a) Coordinator Newsletter back issues archives page, Jan 2011 - Current.
 - b) "Calendar of Events" page includes downloadable flyer for each event.

Business Committee Member reports:

1. Natalie F. reviewed our bank deposits.
2. Lauren L. reviewed our aasandiego.org and all is well.
3. Steve E. attended Area Committee. Will be leading a roundtable at Unity Day.
4. Precious distributed Council phone lists.

OLD BUSINESS: There was none.

NEW BUSINESS: There was none.

COORDINATOR NEWSLETTER: Chris, Chair submitted written report: We have a full issue of original articles by local members. Thank you to those who submitted their experience, strength and hope for others to read.

October's Theme: "Tenth Step: is a spot check inventory enough"

November's Theme: "The role of meditation in the Eleventh Step."

December's Theme: "Why is anonymity so important to is?"

Submissions of 500-1000 words welcome. Also, Personal Recovery Poems/Limericks 200 words. Send to sdaa.newsletter@gmail.com or mail to Central Office at 7075-B Mission Gorge Rd San Diego, CA 92120. Committee NEEDS HELP each month to collate your Coordinator Newsletter. Approximate 1 hour of service. Come join in the fun the Wednesday after Council at Central Office at 5:30 pm.

COORDINATOR OUTREACH: Heidi, reported committee visited 2 new groups inviting them to join us Coordinating Council.

ORIENTATION & GUIDELINES Juan, reported committee met tonight at 6:30 pm. Present: Susan & Juan, and Heather.

1. There was 1 new to be orientated.
2. Read Traditions 3 & 4, San Diego History of AA, Structure of Coordinating Council, Responsibilities what is a Quorum. New Coordinators, please come next month at 6:30pm.

PROGRAM COMMITTEE: Steve, Council Chair Reported:

1. Anniversary of AA in SD Breakfast:

Saturday, November 14th, 9:30 am
Church – Linder Hall, 2111 Camino Del Rio So. Mission Valley
Joe C., our Area Archivist will be giving a video/speakers presentation for program.

Tickets: \$10 at Central Office.

Flyer at aasandiego.org

PUBLIC INFORMATION COMMITTEE: Parker reported committee met on 8/3/15.

1. Veterans Stand Down Booth on July 17-19. Shifts went well. Provided pamphlets and schedules to participants and AA meeting.
2. San Diego Pride Festival Booth on July 18, 19. It rained all day but had moderate traffic.
3. Participating at Unity Day.
4. Literature Pamphlet Racks: 65 racks continue to be refilled. For 2015, **2,500** pamphlets. **Need volunteers to assist with refills.**

OLD BUSINESS: There was none.

NEW BUSINESS: There was none.

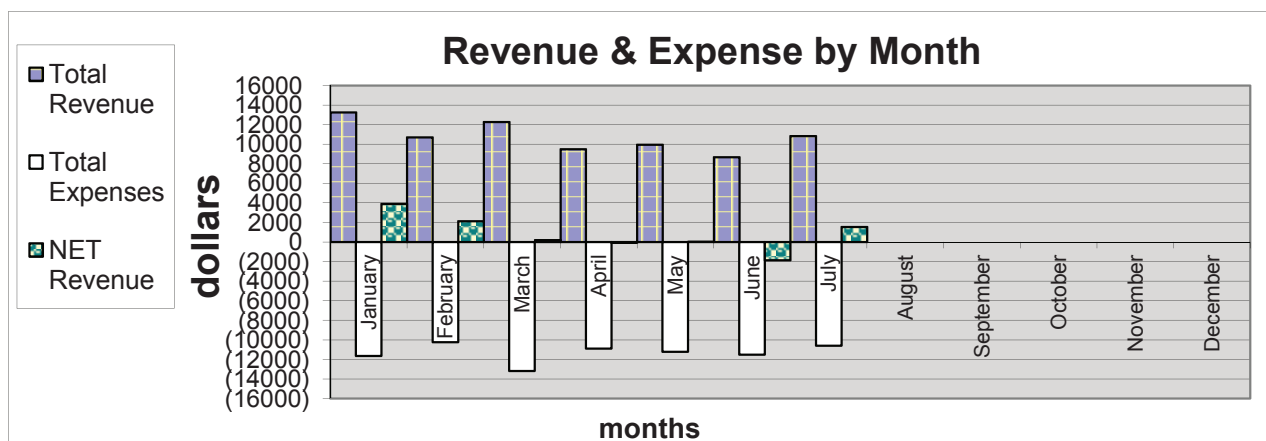
Respectfully submitted,

Connie L.

Connie L., Recording Secretary

San Diego Intergroup, Inc.
Alcoholics Anonymous of San Diego
Statement of Revenue and Expense
As of July 31, 2015

	July 15	July 14	YTD '15	YTD '14	\$ Change	Budget '15
Ordinary Revenue/Expense						
Revenue						
Contributions Group	10,748.47	9,188.67	70,013.23	66,566.79	3,446.44	112,700.00
Contributions Individual	89.17	795.11	4,005.45	5,340.22	(1,334.77)	9,344.00
Contributions SDIAA	-	-	1,100.00	1,100.00	-	1,110.00
Interest - Cert of Deposits	2.64	2.75	21.32	46.09	(24.77)	75.00
Total Revenue	10,840.28	9,986.53	75,140.00	73,053.10	2,086.90	123,229.00
Expense						
Accounting & Legal	-	-	2,420.00	2,420.00	-	2,540.00
Auto/Travel/Seminar	25.50	81.00	170.16	275.50	(105.34)	1,500.00
Bank Service Charges	2.00	2.00	(36.00)	14.00	(50.00)	125.00
Cash (Over) Short	5.30	13.43	31.44	(7.20)	38.64	(50.00)
Checks Returned - Bad Debt	-	-	-	-	-	-
Equipment Maint & Repair	81.40	96.40	389.80	404.80	(15.00)	750.00
Equipment Purchase	-	-	-	273.50	(273.50)	750.00
Insurance	76.00	56.00	532.00	472.00	60.00	1,100.00
Office Maint. & Repairs	-	236.39	52.50	249.32	(196.82)	500.00
Office Supplies	63.81	194.98	1,300.64	1,917.61	(616.97)	3,500.00
Rent	1,808.00	1,764.00	12,480.00	12,492.00	(12.00)	21,520.00
Taxes	-	-	60.00	80.00	(20.00)	125.00
Telephone	116.18	242.29	911.85	1,581.82	(669.97)	2,800.00
Utilities-Electricity	347.84	521.09	1,738.75	2,311.83	(573.08)	4,200.00
Website	20.00	20.00	235.40	218.45	16.95	500.00
EMPLOYEES						
Accrued Payroll Taxes	543.41	499.15	4,166.92	3,703.22	463.70	6,500.00
Employee Wages	6,258.70	6,396.20	43,914.03	43,252.46	661.57	79,999.00
Employee 403B Contribution	205.00	177.14	1,367.14	1,239.98	127.16	2,200.00
Employee Health Benefit	554.22	529.16	4,371.78	3,733.12	638.66	6,420.00
Insurance-Worker's Comp	40.00	40.00	330.00	320.00	10.00	600.00
Total Expense	10,147.36	10,869.23	74,436.41	74,952.41	(516.00)	135,579.00
Net Ordinary Revenue	692.92	(882.70)	703.59	(1,899.31)	2,602.90	(12,350.00)
Other Revenue/Expense						
Literature Revenue/Expense						
Sales (see schedule)	1,291.98	1,451.11	10,075.32	13,525.73	(3,450.41)	20,394.00
	1,291.98	1,451.11	10,075.32	13,525.73	(3,450.41)	20,394.00
Standing Committees Expense						
Committee (see schedule)	457.04	824.74	4,881.50	3,551.49	1,330.01	8,044.00
Total Other Expense	457.04	824.74	4,881.50	3,551.49	1,330.01	8,044.00
Net Other Revenue	834.94	626.37	5,193.82	9,974.24	(4,780.42)	12,350.00
Net Revenue	1,527.86	(256.33)	5,897.41	8,074.93	(2,177.52)	-



Group Contributions July 2015

Group	Jul-15	Ytd 15	Group	Jul-15	Ytd 15
10 & 11 @ 5107 - 3023	-	186.17	Eye Opener Group - 607	-	545.57
11th Step Journey - 2622	-	180.00	Fairmont Park Discussion - 2832	-	45.44
12 X 12 AND BB - 2839	75.00	175.00	Fishermen In Recovery - 2863	-	150.00
4077 Mash Step 11Read-Medita-Share - 2027	-	90.00	Fletcher Hills Smokeless - 59	-	50.00
6 O'Clock Big Book Study - 507	-	20.00	Free At Last - 2888	-	177.81
AA By The Bay - 629	250.00	370.39	Free on Friday - 760	-	250.00
Adams Avenue Big Book Study - 1892	-	135.00	Free Thinkers - 2824	75.00	183.44
Allied Gardens Friday Lunch - 766	180.00	180.00	Free Thinkers Step Study - 2945	-	114.18
Allied Gardens Step Study - 1629	-	175.00	Free to Be - 935	-	40.20
Alpine Mixed Step Study - 2621	-	50.00	Fresh Air Friday - 266	-	650.00
Another New Beginning - 144	-	100.00	Fresh Start Beginners - 2609	-	978.00
Another Sober Tuesday - 1952	-	259.00	Friday Happy Hour - 2821	-	40.00
As Bill Sees It - 1788	15.00	15.00	Friday Morning Womens - 104	-	224.00
At One With Each Other - 789	80.00	180.00	Friday Night Big Book Study - 102	-	50.00
B.Y.O.B. (North Park) - 203	60.00	350.00	Friday Night Gratitude - 2829	146.50	231.63
Back Country Meeting - 1038	-	72.50	Friday Night Irregulars - 2889	100.00	219.43
Back to Basics - 1026	-	2,000.00	Friday Night Santee - 1754	-	384.00
Back To Basics For Women - 1675	-	221.00	Garnet Group - 1129	-	271.50
Back To Basics Step Study - 1938	-	76.00	Gifts of Grace Womans - 2564	-	250.00
Balboa Breakfast - 2721	-	120.00	Gilman Group-Fri - 1988	-	110.39
Battery Chargers - 98	-	350.00	God Squad Too - 2809	-	79.00
Bay Park Step Study Group - 299	-	180.00	God Squad Too Prayer & Meditation - 2892	-	165.35
Bayside Big Book Study - 1610	-	300.00	Golden Hill Sun Discussion - 1706	-	153.45
Beach Area Beginners - 272	-	150.00	Good Morning AA - 1888	310.00	1,142.81
Beautiful Beginnings - 552	-	20.00	Good News Bad News - 2833	-	113.38
Beginners Steps To Sobriety - 1007	-	20.00	Grape Street Sunrise - 1293	-	50.00
Big Bon-Fire Meeting - 1894	80.00	80.00	Great Fact Group - 895	-	150.00
Big Book & 12 x 12 Study - 100	-	150.00	Hand & Hand Closed Step Study - 2854	-	100.00
Bonita Boozers - 2179	90.00	270.00	Harmony Group - 585	-	1,254.00
Breakfast Of Champions - 2818	500.22	1,461.27	Hi-Nooners - 673	107.00	107.00
Butts Out - 1764	-	80.00	Hip Slick & Sick Young Peoples - 762	-	55.00
Carrying the Message - 2458	-	150.00	HOW @ Noon - 2998	-	450.00
Casa De Oro Tradition Five - 503	-	440.25	How It Is Now Speakers - 390	-	75.00
Casa De Oro Weds Nite - 2049	-	240.00	How It Is Today - 483	-	50.00
Cedar Street Mens - 1698	-	150.00	Hwy 80 AA - 2722	-	120.00
Chula Vista 4 Min Speakers - 1568	-	140.00	I. B. Up - 2565	-	250.00
Chula Vista Friday Night - 837	-	100.00	Imperial Beach Group - 79	92.53	162.46
Clairemont Mens - 301	-	771.00	International Group - 23	-	70.00
Clairemont Mixed Discussion - 338	-	80.00	It's In The Book - 3084	25.00	25.00
Clairemont Womens Step Study - 341	-	567.18	Joy Of Living - 2787	-	150.00
Class Acts - 1845	458.89	966.09	Judges Big Book - 2736	-	15.00
Coffee Clutchers - 2332	250.00	750.00	Jump Start - 2174	42.07	259.75
Come Get Recovery - 2630	-	25.00	Kelton Ave Big Book Study - 2410	-	100.00
Coronado Beginners - 344	-	60.00	Kick Start Your Heart - 2430	-	80.00
Coronado Cays Womens Step Study - 2995	-	170.50	La Jolla Lunch Bunch - 622	300.00	300.00
Coronado Nooners - 497	-	550.00	La Jolla Monday Womens - 87	-	1,100.00
Coronado Step Study - 1523	30.00	80.00	La Jolla Nonsmokers Disc - 88	-	250.00
Courage To Change - 2679	-	20.00	La Jolla Pump House Group - 696	202.36	575.86
Cups - 2938	-	400.00	La Jolla Sunrise - 2684	-	300.00
D.D.G.T.M. - 767	286.00	286.00	La Mesa Beginners - 2894	-	50.00
Daily Drinkers - 2953	45.00	125.00	La Mesa Big Book - 1689	-	50.00
Dawn Patrol - 263	8.56	1,044.51	La Mesa Mixed - 2136	5.00	10.00
Diamond St Mens Step Study - 569	-	228.28	La Mesa Step Study Workshop - 1621	-	91.50
Dignity Unlimited - 205	-	852.00	Lake Murray Womens - 572	-	171.12
Downtown Discussion - 1665	-	289.94	Lakeside Ladies - 3028	-	45.00
Drunks Only - 1605	-	350.00	Linda Vista Mens - 320	177.00	177.00
Each Day A New Beginning - 509	-	140.00	Little Apple Group - 1438	126.70	192.32
Early Morning Recovery - 2688	171.70	1,276.69	Living Free - 477	-	1,150.00
Early Risers (Coronado) - 1525	-	85.00	Lunch With Bill W Bunch - 774	-	640.00
Early Risers (PB) - 264	125.00	464.50	Lunchtime Friends - 964	104.80	209.60
Eastlake Greens 10 on 10 - 2950	-	176.00	Lushes Lunch - 2641	114.05	476.85
Eastlake Greens Attitude Adjust(Su - 2712	400.00	700.00	Men and Womens Monday Night - 95	-	120.00
Eastlake Greens Attitude Adjustmen - 2691	-	475.31	Mens Recovery Group - 830	-	320.00
Eastlake New Beginnings B/B S/S - 2673	-	103.50	Mens Structured Step Study - 1469	-	100.00
Easy Does It Riders - 21	-	120.00	Mid-Week Mens - 560	-	726.50
Easy Does It Speakers - 114	100.00	300.00	Midnight Howlers - 1025	100.00	400.00
Easy Risers - 854	-	250.00	Midway Bridge - 2171	-	100.00
El Cajon Daytime - 52	-	200.00	Mira Mesa Friday Night - 379	-	110.00
El Cajon Happy Hour Group - 61	-	120.00	Mission Hills Beginners - 1612	-	150.00
El Cajon Nooner - 2638	-	160.00	Mission Possible - 131	-	222.00
El Cajon Womens Serenity - 77	-	169.96	Mon Eve Smokeless Dinner - 1723	66.00	66.00
Emotional Sobriety - 2536	-	85.00	Monday At A Time - 2875	-	108.11
Evening In Harmony - 2864	151.00	171.00	Monday Nite Live- 643	-	100.00
Evening Serenity - 2305	91.74	261.31	Mountain Steps - 2822	-	120.00

Group Contributions July 2015

Group	Jul-15	Ytd 15	Group	Jul-15	Ytd 15
Mt Soledad Mens - 717	-	500.00	Straight Shooters - 198	-	61.23
National City Maintenance - 136	-	120.00	Strength In Women - 2955	-	35.00
Noon At The Grove - 628	100.00	500.00	Sunday Beach Sun-Day - 568	-	311.79
Nooners Anonymous - 1164	200.00	200.00	Sunday Morning at the Grove - 117	-	100.00
North Clairemont - 1102	-	100.00	Sunday Morning Eleventh Step - 1206	-	190.00
North Clairemont Sat Nooners - 2572	-	30.00	Sunday Night Discussion - 212	-	117.25
North Shores Breakfast - 275	-	80.00	Sunday Nite Alpine Speakers - 3050	-	350.00
Not Alone Speakers Group - 1652	-	55.00	Sunday Serenity - 47	-	86.34
O B Sunday Candlelite - 2168	40.00	40.00	Sunday Womens Group - 2980	-	40.00
O.B. Womens Step Study - 2730	58.92	72.92	Sunrise Promises - 2166	-	100.00
OB Peer Group - 2130	-	246.57	Sweet Surrender Speakers - 2254	30.00	30.00
Old Town Speakers - 321	500.00	500.00	T.G.I.F. - 1658	100.00	100.00
On The Corner - 2384	-	100.00	Thankful Thursdays - 2542	-	62.50
One Moment At A Time - 2942	-	100.00	The 1st 164 - 2760	-	63.94
One Step Ahead - 715	-	200.00	The Campus Meeting - 2911	-	25.00
One Step At A Time At Mission Bay - 1664	-	161.40	The Gift - 2954	-	100.00
Open Minded Mens - 626	-	200.00	The Hole In The Donut - 2737	-	250.00
Original Tues Night Step Study - 2124	-	100.00	The Other Meeting - 857	-	344.00
Over 50 - 840	-	50.00	The We Group - 2739	-	158.58
Over The Bridge - 2689	-	153.14	The We Group Speakers - 2835	-	200.00
Pass It On Big Book Study Group -2860	-	609.19	There Is A Solution - 2975	-	486.00
Poinsettia Group - 2210	97.50	372.50	Thursday Campus Noon Group-2387	-	105.00
Point Loma AA Discussion - 242	-	3.45	Tierrasanta Big Book Study - 1790	-	70.00
Point Loma Nooners - 1606	-	200.00	Tierrasanta Friday Night - 2645	50.00	150.00
Point Loma Saturday Morning - 1240	35.00	105.00	Tierrasanta Morning Serenity - 2811	-	298.00
Progress Rather Than Perfection - 2682	-	250.00	Top of The Hill - 41	-	185.75
Pt Loma Fri Afternoon Step Study - 244	-	564.00	Torrey Pines Open Disc - 94	200.00	550.00
Pt Loma Womens Discussion - 1608	-	320.00	Torrey Pines Thurs Nite Disc - 365	20.00	40.00
Radical Acceptance Meeting - 2961	-	1,080.00	Tri-Serenity - 836	-	20.00
Ramona High Noon - 2778	10.00	30.00	Tues Morning Breakfast Special - 2761	125.00	395.00
Ramona Mens New Vision - 1949	-	25.00	Tues Night Mens Step Study - 1813	150.00	150.00
Ramona Monday Night - 1618	-	47.59	Tuesday Campus Noon Group - 2544	-	105.00
Ramona Sisters in Sobriety	-	25.00	Tuesday Morning Alpine - 440	-	120.00
Ramona Way Of Life - 2772	-	40.00	Two Bit Speakers - 201	192.52	192.52
Resentment and A Coffee Pot - 2561	-	460.00	University City Womens - 369	-	200.00
Riding Sober - 3054	-	100.00	Valley Girls - 2617	-	517.30
Rise & Shine - 2170	361.00	1,592.95	Victory Group - 2108	-	90.00
Rocket Riders - 1730	-	240.00	Wake Up Call - 1932	43.11	241.11
Rule 62 Group - 927	-	148.04	Water Walkers - 5	100.00	160.00
Safe Sane and Sober - 1350	578.60	1,403.60	Water Walkers Too - 1946	277.80	490.20
San Carlos Single Purpose - 583	46.80	118.80	Way Up and Out - 415	-	150.70
San Diego Doctors Step Study - 194	-	200.00	We've Come Along Way - 1616	-	37.50
Santee Mens Group - 2972	-	158.00	We Agnostics - 2096	-	50.00
Santee Saturday Night Speakers - 2656	-	75.00	Weds Rule 62 Lunch Group - 687	-	642.60
Santee Serenity - 3041	-	86.17	Whistling In The Dark - 2943	-	250.00
Santee Serenity Group - 1943	-	160.00	Wholesale Miracle - 2474	-	110.00
Santee Thursday Closed Mixed - 145	-	175.00	Womans Gut Level - 1701	-	100.00
Sat Mens Early Awakening - 2209	-	200.00	Womans Let Go and Let God - 446	70.00	143.63
Sat Night Early Discussion - 336	200.00	470.00	Women's Joy Of Living - 2636	159.00	159.00
Saturday A.M. Live - 782	-	275.82	Women In Harmony - 1807	-	12.50
Saturday Morning Sanity - 1989	-	135.00	Women In Sobriety - 697	-	20.00
Saturday Night Fervor - 208	-	28.80	Womens Meeting - 2903	-	100.00
Scripps Ranch Men's Two - 2776	163.00	231.00	Womens Thursday Nite - 514	200.00	200.00
Serene-Tea - 2700	90.00	90.00	Womens TLC - 2814	62.50	112.50
Serenity @ 5107 - 2976	-	60.00			
Serenity Seekers - 209	60.00	140.00			
Sky Hi Womens - 1633	20.00	137.75			
Smokeless Drunks Luncheon - 1008	-	303.00			
So Bay New Womens - 2325	-	100.00			
Sober Minded Leather Folk - 1882	-	208.10			
Sober Nooners - 196	125.00	379.99			
Sober On Sat Book Study - 2193	50.00	50.00			
Sober Serenity Seekers - 887	-	80.00			
Sober Survivors - 2915	100.00	175.00			
Sobriety On State And Date - 2697	-	155.85			
Sobriety Party - Ramona	-	40.00			
Solutions Not Excuses - 2857	-	50.00			
Sons of God - 2789	193.00	900.50			
Sorrento Valley Nooner - 544	-	20.00			
South Clairemont - 305	-	100.00			
Spiritual Awakening - 2275	-	1,703.56			
Spiritual Awakenings Step Study -2601	-	70.00			
Spiritual Way Of Life - 2977	-	67.08			
Step Sisters - Residence	-	90.25			

Thank you for supporting your San Diego Intergroup Central Office in carrying the message to the newcomer.

Come visit us on the Web at: www.aasandiego.org





Meeting Schedule, Maps
Calendar of Events
Contact with Central Office



NEED Daytime Phone Volunteers
Call Connie:
(619) 265-8762

CENTRAL OFFICE NOTES

2015 Holidays – Central Office Bookstore closed		
HOLIDAY	DAY OF WEEK	DATE
Labor Day	Monday	September 7, 2015
Veteran’s Day	Wednesday	November 11, 2015
Thanksgiving	Thursday	November 26, 2015
Christmas	Friday	December 25, 2015

Book and Pamphlet of the Month

August’s Book: “Daily Reflection” on sale: \$8.25 reg. \$10.25
August’s Pamphlet: “Is there an alcoholic in your life” sale: 5¢
September’s Book: “Pass It On” on sale: \$8.50 reg. \$10.00
September’s Pamphlet: “Frequently Asked Questions” sale: 5¢

The San Diego AA Coordinator Newsletter

Back Issues archived on our aasandiego.org website.

Published by Newsletter Committee - San Diego AA Central Office.

(Contents: Sobriety stories, poems, events, financials and group contributions)

2011	2012	2013	2014	2015
January	January	January	January	January
February	February	February	February	February
March	March	March	March	March
April	April	April	April	April
May	May	May	May	May
June	June	June	June	June
July	July	July	July	July
August	August	August	August	August
September	September	September	September	September
October	October	October	October	
November	November	November	November	
December	December	December	December	

aasandiego.org

*“Calendar of
Events” page, there
is a link to a
downloadable
Flyer for
each event
whenever possible.*

July 2015 Financial Summary

Group Contributions		10,748.00
Individual Contributions		89.00
SDIAA Contributions		0.00
Literature & Interest		1,295.00
Total Revenue		12,132.00
Central Office Expenses		-10,147.00
Committee Expenses		-457.00
Total Expenses		-10,604.00
July 2015 Net Revenue		1,528.00
2015 YTD Revenue		5,898.00

PASS IT ON (Story of Bill W and AA message)

R	H	Y	D	R	E	A	C	H	E	D	L	V	V
A	O	S	T	D	N	A	R	C	W	A	Z	M	U
H	Q	C	L	E	L	O	S	I	W	L	E	X	E
O	E	V	K	A	I	N	I	A	A	D	L	C	P
Z	Q	A	M	E	O	R	R	T	I	P	N	I	G
A	X	I	L	I	F	D	B	T	I	E	S	N	B
D	T	E	T	I	H	E	A	O	I	D	I	E	S
Y	L	O	L	T	N	T	L	R	S	N	A	H	D
K	M	R	I	P	I	G	E	L	R	P	A	R	K
E	X	W	O	O	M	P	E	A	E	R	A	K	T
H	T	U	N	W	X	O	E	E	E	R	L	S	L
A	W	A	R	E	M	L	C	D	R	U	N	K	S
D	Y	H	P	A	R	G	O	I	B	P	G	W	X
V	E	R	M	O	N	T	M	E	S	S	A	G	E

AWARE

BILLW

BIOGRAPHY

CALAMITY

COMPLEX

DESPAIR

DRUNKS

EMOTIONS

EXPERIENCE

HEALING

LEARNING

MEDITATION

MESSAGE

PASS

REACHED

ROCKEFELLER

SHARED

SOBRIETY

TRADITION

VERMONT

WITHDRAWAL

WORLD

Stories being gathered for revising the 1) "AA for the Woman" , 2) "AA and the Gay/Lesbian Alcoholic" pamphlets and 3) for creating a draft of A.A. recovery experience from members with mental health issues, and from those who sponsor such members, for inclusion in literature on this topic .

Deadlines for submissions is October 15, 2015

1. In response to the 2015 General Service Conference recommendation that "the pamphlet 'A.A. for he Woman' be revised by g a t h e r i n g current sharing from women in A.A.," including "stories from women in the military, single mothers, and women of diverse backgrounds," the trustee's Literature Committee is seeking stories from women in A.A.

In 2014, the trustees' Literature committee requested that, whenever gathering sharing, consideration be given to stories from disabled veterans and from non-believers.

Manuscripts should be 500-800 words, double spaced, in 12-point font. Please include your complete name, address and email/phone information. The anonymity of all authors will be observed, whether or not their story is selected for publication. Please email your sharing to: Literature@aa.org and put "A.A. for the Woman" in the subject line of the message. Or, you may mail it to Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is October 15, 2015.

2. The trustee's Literature Committee is seeking stories from A.A members who are gay, lesbian, bisexual, transgendered or gender nonconforming, especially regarding being a *newcomer* and *sponsorship*. This request is in response -to the 2015 General Service Conference recommendation that the pamphlet "A.A and the Gay/Lesbian Alcoholic" be revised to include a wider range of A.A recovery experience. The title of the pamphlet will also be revised to reflect this broader scope.

In 2014, the trustees' Literature committee requested that, whenever gathering sharing, consideration be given to stories from disabled veterans and from non-believers.

Manuscripts should be 500-800 words, double spaced, in a 12-point font.. Please include your complete name, address and email/phone information. The anonymity of all authors will be observed, whether or not their story is selected for publication. Please email your sharing to: Literature@aa.org and put "A.A. and the Gay/Lesbian Alcoholic" in the subject line of the message. Or, you may mail it to Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is October 15, 2015.

3. The trustee's Literature Committee is requesting a wide range of A.A. recovery experience from members with mental health issues, and from those who sponsor such members, for inclusion in literature on this topic. This request is in response to the 2015 General Service Conference recommendation that the trustees' Literature Committee develop literature for the alcoholic with mental health issues.

In 2014, the trustees' Literature committee requested that, whenever gathering sharing, consideration be given to stories from disabled veterans and from non-believers.

Manuscripts should be 500-800 words, double spaced, in a 12-point font. Please include your complete name, address and email/phone information. The anonymity of all authors will be observed, whether or not their story is selected for publication. Please email your sharing to: Literature@aa.org and put "the alcoholic with mental health issues" in the subject line of the message. Or, you may mail it to Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is October 15, 2015.

THINGS TO DO AND PLACES TO GO

The Grapevine Meeting

Where: Church - Upstairs in the back
2717 University Ave, North Park
When: Every Friday @ 6pm
Contact: Central Office 619-265-8762

Unity Day Service Workshop

Where: Church - 6301 Birchwood Street
When: August 29, 2015 @ 9am - 12 noon
Contact: Central Office 619-265-8762

Labor Day Picnic

Where: 1234 Encinitas Blvd., Encinitas CA
When: Monday September 7, 2015 @ 10am - 3pm
Contact: Central Office 619-265-8762

**31st Annual Laguna Mountain
Harvest Moon Kickback**

Where: Lake Henshaw 26439 Hwy 76
Santa Ysabel, CA
When: September 25, 26 & 27th
Contact: Central Office 619-265-8762

Donuts With The Delegate

Where: Church - 8350 lake Murray Blvd
When: September 26, 2015 @ 10am - 12 noon
Contact: Central Office 619-265-8762

64th Annual California A.A Convention

Where: The Westin Mission Hills Resort & Spa
Rancho Mirage, CA (Palm Springs)
When: October 2-4 2015
Contact: Central Office 619-265-8762

Mental Health Issues In A.A

Where: Church - 1475 Catalina Blvd
San Diego, CA 92107
When: October 10, 2015 @ 9am - 1pm
Contact: Central Office 619-265-8762

Concept Boot Camp

Where: Church - 2111 Camino Del Rio South
Mission Valley, CA 92108
When: October 10, 17, 24, & 31 @ 8 am - 12 noon
Contact: Central Office 619-265-8762

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7075-B MISSION GORGE ROAD
SAN DIEGO, CA 92120-2454

Name: _____

Address: _____

The **“I AM RESPONSIBLE CLUB”** is a reserve fund maintained by the Blood Banks for the use of members of Alcoholics Anonymous and their families in time of need. The strength and availability of this account is directly related to your support. If you need blood please contact Central Office at: (619) 265-8762.

If you give blood be sure to credit the **“I AM RESPONSIBLE CLUB”** at the time of your donation.



THE GIG THAT CHANGED MY LIFE

By Veronica W.

What a topic! A great one too because our General Service structure is definitely not how I ever pictured it to be when I was first introduced to General Service. I really didn't know what to expect because I honestly know so little about how businesses, organizations, or corporations are run. In fact, the thought of being a G.S.R. scared me because of my lack of skills and knowledge in all things corporate and economical. The simplest explanation I was given of the upside-down pyramid structure was that the base of the triangle which is the largest is also the most important. Since there is no government in A.A., and we have no leaders and ought never be organized, the sole purpose of carrying the message to the alcoholic that still suffers still needs to be carried out beyond the group level. World services, publishing, and literature are carried out by the entities at the bottom of our pyramid structure called The General Service Board. It's my understanding that these things can't be carried out at the local level. And if this structure is to carry out its purpose, there needs to be constant communication between all the entities of the structure.

Concept 1 reads: "The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship." (reprinted with permission from A.A.W.S from *The A.A. Service Manual Combined With Twelve Concepts for World Service* pg. 4) As a new G.S.R. in 2013 who knew nothing about A.A. General Services and was just thrown into the mix, I felt at this time that the Twelve Concepts were far too complicated for me to understand so I had to go back to basics. Understanding has come in time and being exposed to Area Assemblies and information over the last two years and trusting the process. I finally feel as though I have a handle on some things and now I'm about to rotate out of the position! People said, "By the time you think you understand it, it'll be time to rotate." They were right! I learned along the way that my duty as a trusted servant in this endeavor is to carry the voice of my group to the district and area levels and to ensure that it is part of the

Delegate's thinking at the General Service Conference.

Honestly, I was uncertain about taking a position in General Service. I knew that God had wanted me to be of service in some way, but I really wasn't sure what that was supposed to look like. I learned that to be a part of something special and something much greater than myself, I don't have to fully understand its structure and how it works at first. I can just take the leap of faith and ask questions later. That's what this journey into General Service has been for me; learning and growing in faith. Sometimes this "unorganized" process and the communication don't always look so pretty to me, but on the other hand, I have had the privilege of seeing it work beautifully in Area Assemblies and at PRAASA's. Mainly because our primary purpose which when kept in the forefront has the power to smash our differences and allows for us to unite under its' cause.

Based on our pyramid structure, the collective conscience of the A.A. groups can trickle down to the General Service Board. If the pyramid were inverted, it would have to climb upstream. From this perspective it would be much more difficult to get the information from the groups to A.A.W.S. and Grapevine/La Viña. This would essentially be outside the suggestion brought forth by Concept 1.

I would encourage anyone in Alcoholics Anonymous to get involved with General Services and seek to understand its' structure because at least for me (and I can only speak for myself) it's been a complete game changer in my own sobriety. When I say the Declaration of Unity with other A.A. members and I experience the unity of our fellowship on a deeper yet broader level in Assemblies, I see how my Higher Power is working through our fellowship to ensure that the hand of A.A. is there for anyone who needs it; that this help is not confined by the barriers of geography, culture, or individual differences. I was once the alcoholic who was suffering and I had to take from the groups, and I still do occasionally but because I am recovered, I can now give back, through general service, what was so freely given to me when I needed it.

GENERAL SERVICE STRUCTURE OF ALCOHOLICS ANONYMOUS

By Bill W. (Co-founder of A.A.)

The Twelve Traditions of Alcoholics Anonymous make clear the principle that A.A., as such, should never be organized, that there are no bosses and no government in A.A. Yet at the same time, the Traditions recognize the need for some kind of organization to carry the message in ways that are impossible for the local groups - such as publication of uniform literature and public information resources, helping new groups get started, publishing an international magazine, and carrying the message in other languages into other countries.

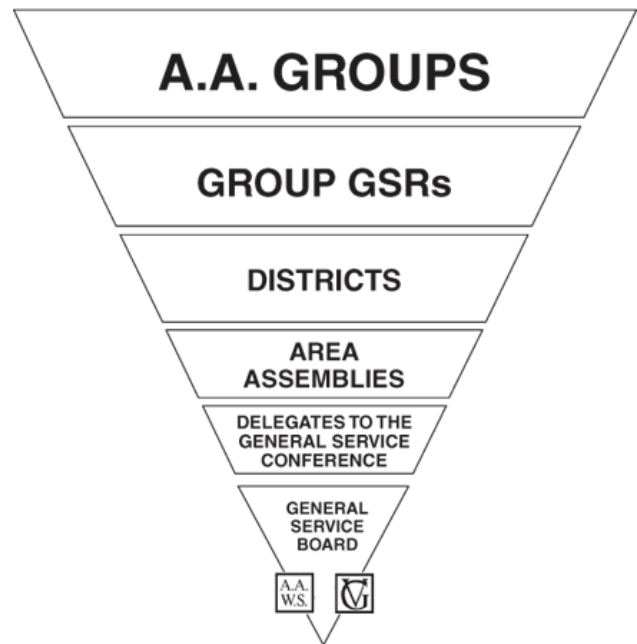
The Conference structure of A.A. is the framework in which these "general services" are carried out. It is a method by which A.A.'s collective group conscience can speak forcefully and put its desires for worldwide services into effect. It is the structure that takes the place of government in A.A., ensuring that the full voice of A.A. will be heard and guaranteeing that movement-wide services will continue to function under all conditions. The story of the development of general services and Conference structure is told in the historical material that appears in the A.A. Service Manual Combined with Twelve Concepts for World Services, written by Bill W. one of the co-founders of A.A. Today, general services include all kinds of activities within the Conference structure, carried on by districts, area committees, delegates, trustees, the General Service Office and the Grapevine (A.A.'s monthly magazine). Usually, these services affect A.A. as a whole.

A.A. has been called an upside-down organization because by looking at an organizational chart the A.A. group or meeting is on top and "headquarters" is on the bottom. A.A. is comprised of groups or meetings. (Based on the Fourth Tradition of A.A. taken from the Long Form, "With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might

greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.")

Each A.A. group or meeting may elect a general service representative (GSR) to represent the group at district and area business meetings. Groups or meetings form districts, usually on a geographic basis, and districts form areas, also usually on a geographic basis. Each area in the U.S. and Canada elects a delegate to attend an annual Conference where matters of importance are determined by the voting delegates. Other Conference attendees include trustees, directors of A.A. World Services and the Grapevine magazine, staff members of the General Service Office and staff of the Grapevine magazine.

STRUCTURE OF THE CONFERENCE (U.S. and Canada)



(Reprinted from: the *A.A. Service Manual Combined with Twelve Concepts for World Services*, written by Bill W., copyright 1962, pages s15-s17, with permission of A.A. World Services, Inc.)



**7075-B Mission Gorge Road
San Diego, CA 92120-2454**

RETURN SERVICE REQUEST

